

3D bioprinting

The future of tailor-made medicine?

Assoc. Prof. Susanna Miettinen

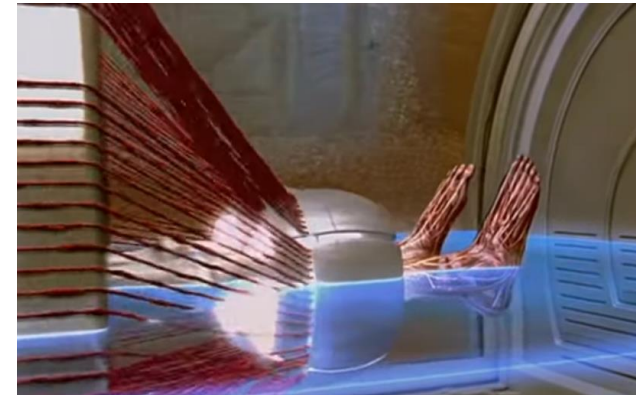
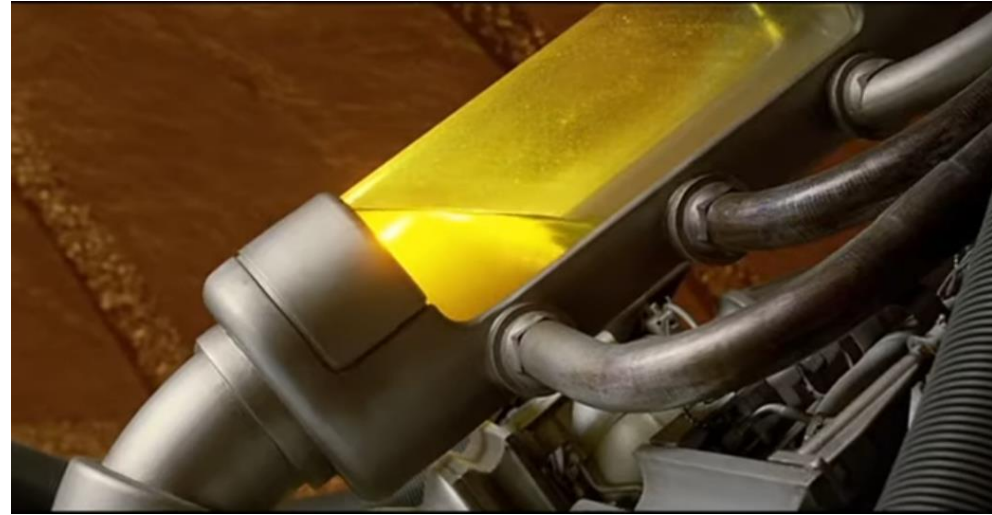
PhD, Doc, Group leader

Adult Stem Cell Group, Faculty of Medicine and Health Technology, Tampere University

Health Tuesday

4.5.2021

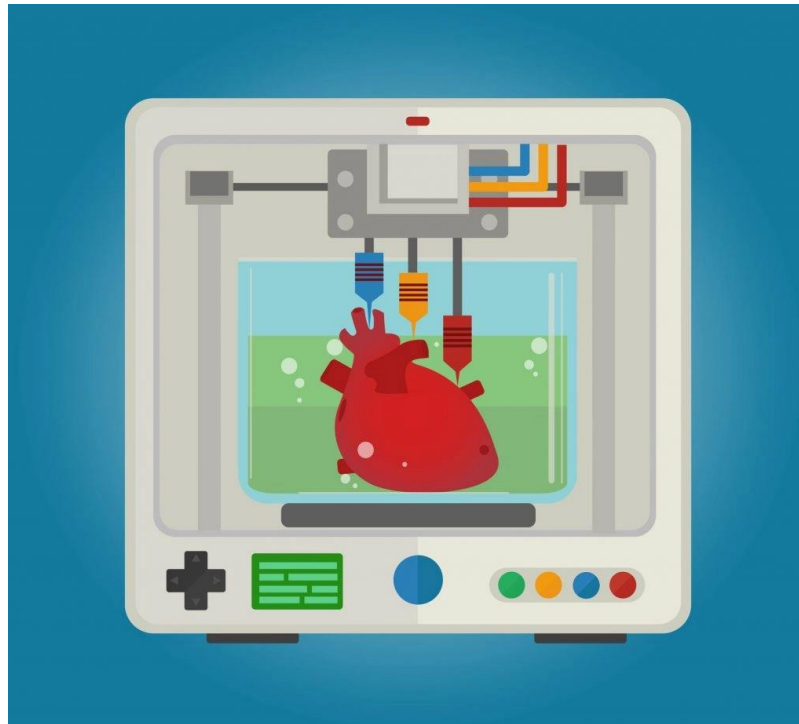
3D bioprinting - Science fiction?



The Fifth Element, 1997, Gaumont

3D bioprinting - Science fiction?

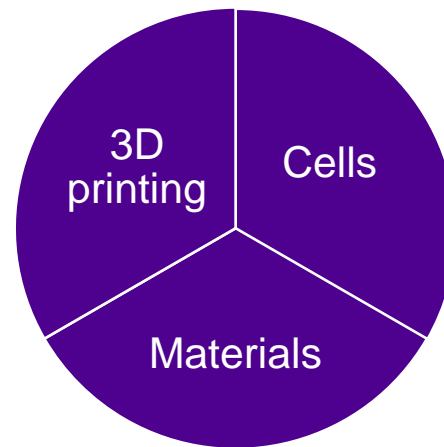
Unfortunately so, but...



**...3D bioprinting has great potential
in future medicine**

What is bioprinting?

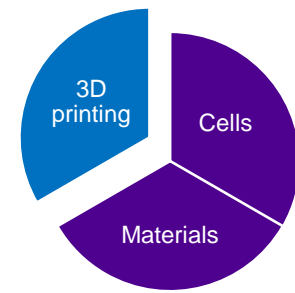
“The use of **3D printing** technology with **materials** that incorporate **viable living cells**,
e.g. to produce tissue for reconstructive surgery.”
- Oxford Languages -



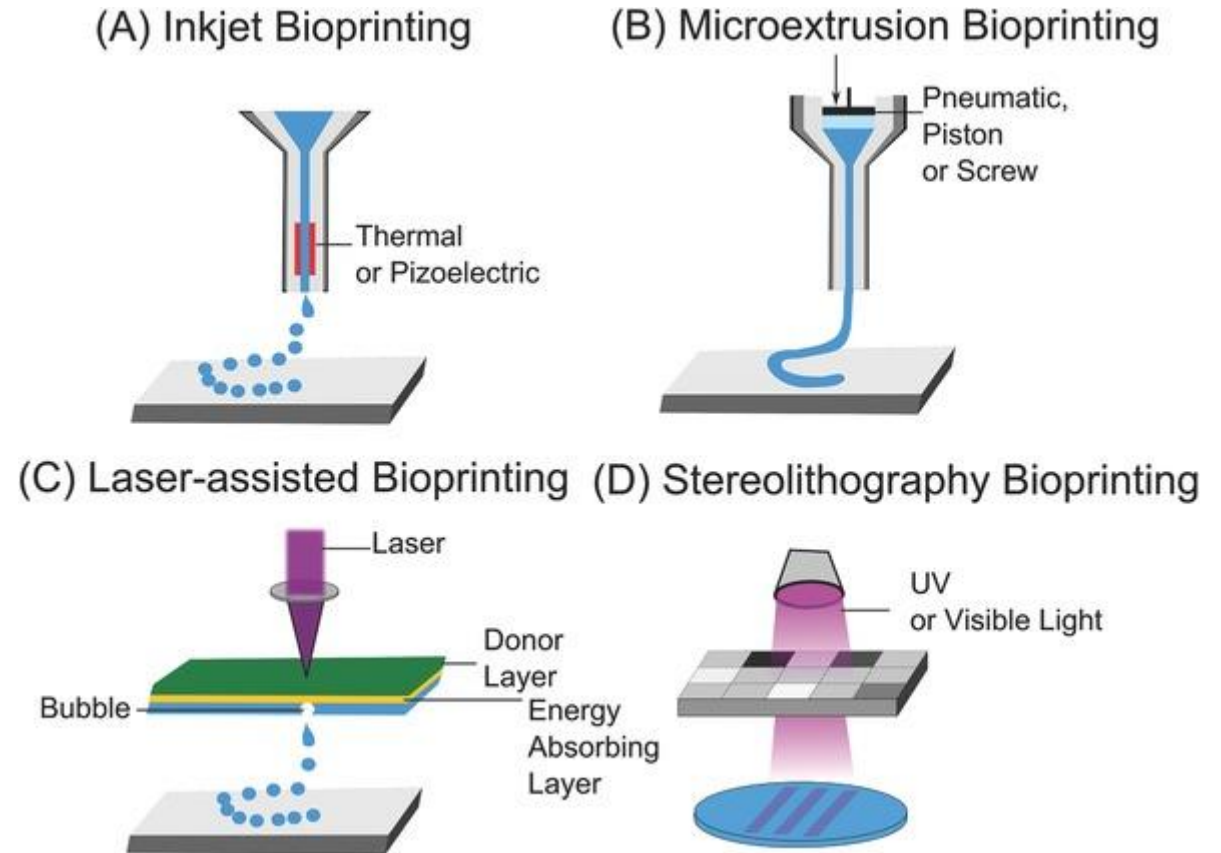
What is bioprinting?

“the process of producing
tissue or organs similar to natural body parts
and containing living cells, using 3-D printing
(= a way of creating a solid object from a **digital model** by
printing many separate layers of the object)”
- Cambridge Dictionary -

Bioprinting techniques

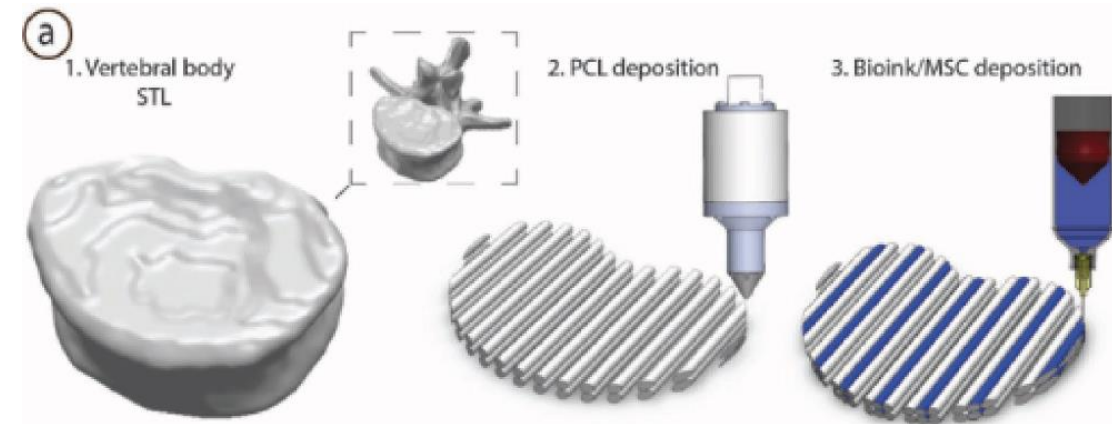
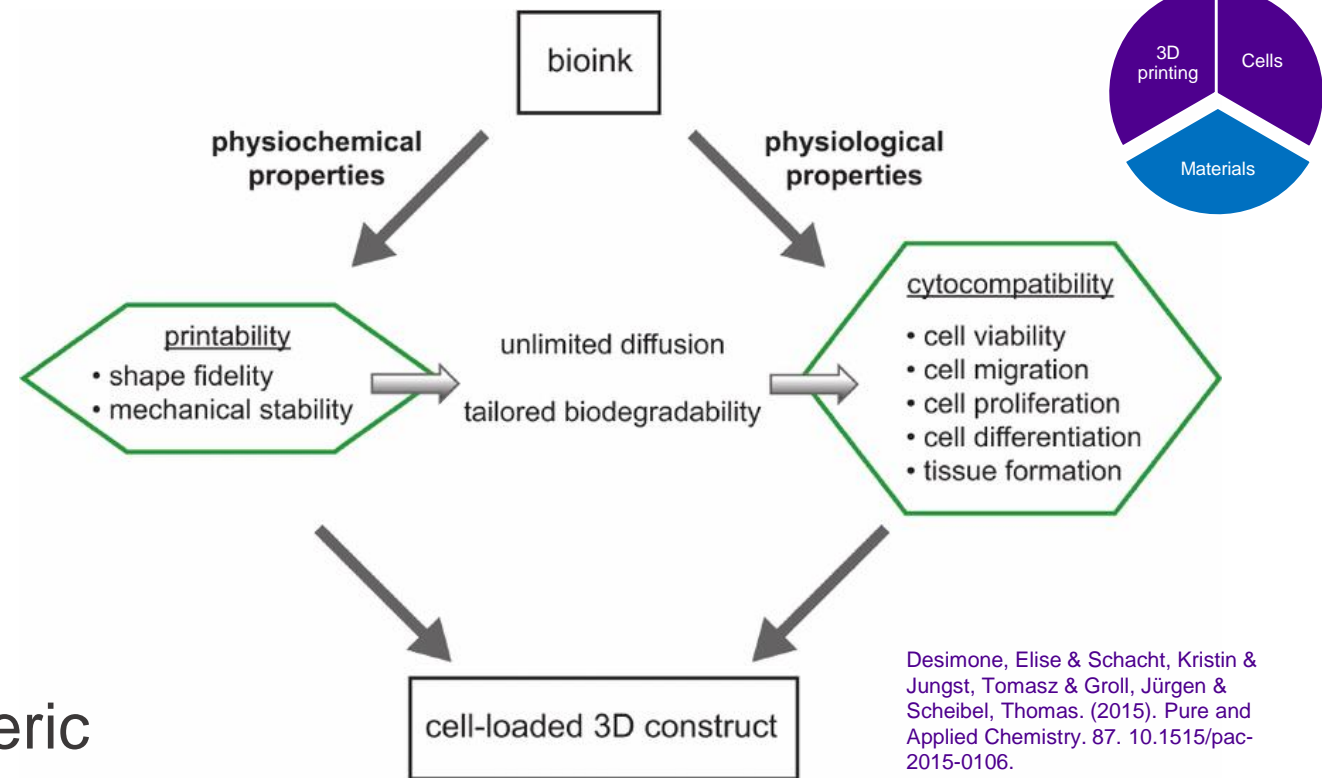


- Classified based on their working principle
 - main techniques
 - Inkjet-based
 - Extrusion-based
 - Light induced
 - Laser-assisted
 - Stereolithography
- Need → Selection of technique
- Ability to print viable and functional cells with precision



Materials & Bioinks

- Bioink
 - Cells alone
 - Usually, cells combined with supportive material
- Printability
 - Viscous fluid, hydrogel, or polymeric solution
- Cytocompatible
- Mechanical support
- Ideal environment for the cells
- Combination of different materials may be needed

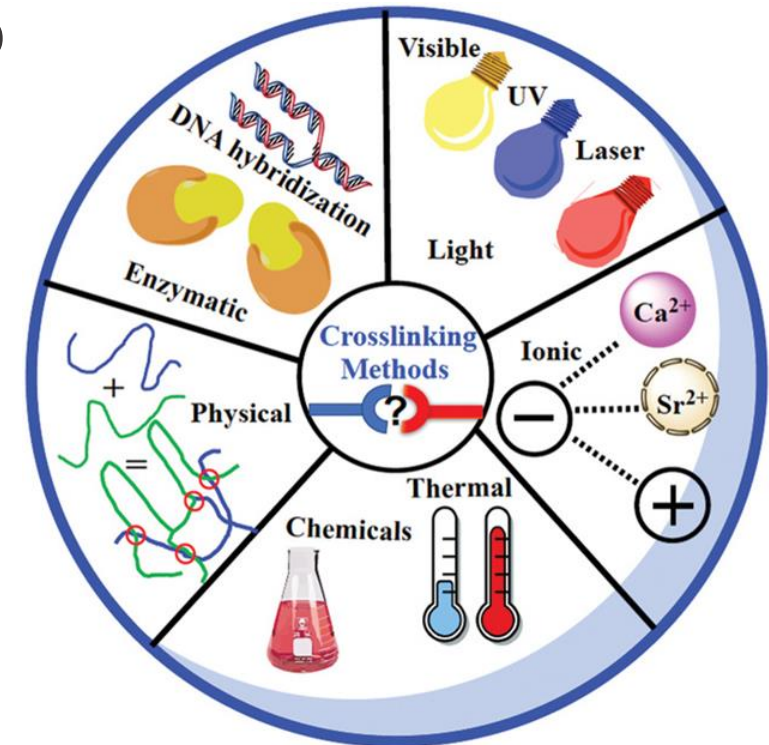


Materials and crosslinking



Crosslinking

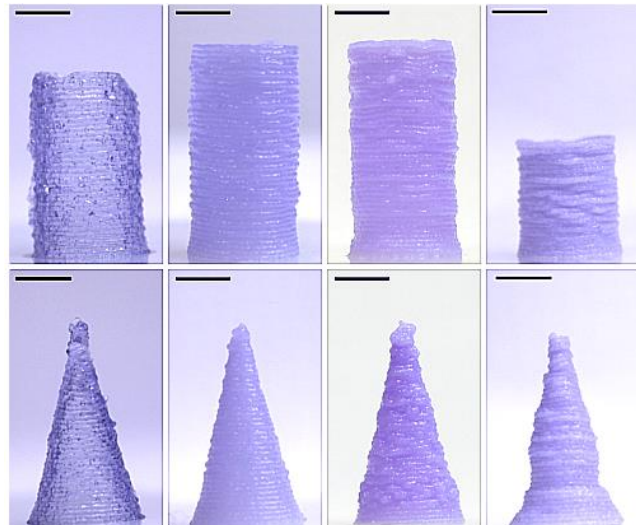
- Polymer solution is transformed into a 3D structure
- Affects the mechanical and physicochemical characteristics of the bioprinted constructs
- Affects the cellular behavior of loaded cells
- Method depends on the polymeric backbone and functional groups of the bioink
 - chemical, physical & enzymatic methods or a combination of these
- A balance between the degree of crosslinking and printability



GhavamiNejad, A., Ashammakhi, N., Wu, X. Y., Khademhosseini, A., Crosslinking Strategies for 3D Bioprinting of Polymeric Hydrogels. *Small* 2020, 16, 2002931. <https://doi.org/10.1002/smll.202002931>



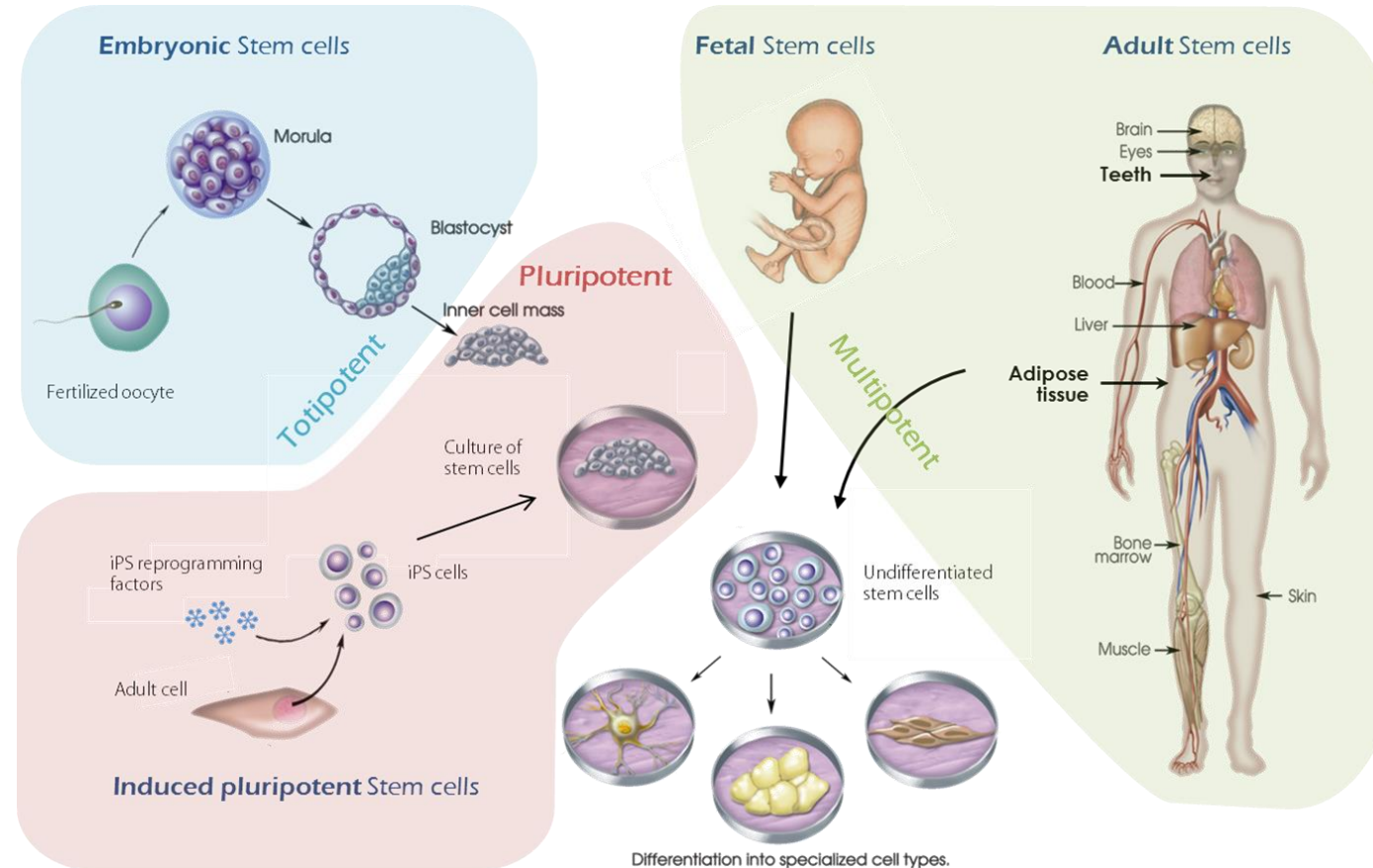
Image from <https://www.findlight.net/blog/2018/10/11/3d-bioprinting-transplant-organs/>



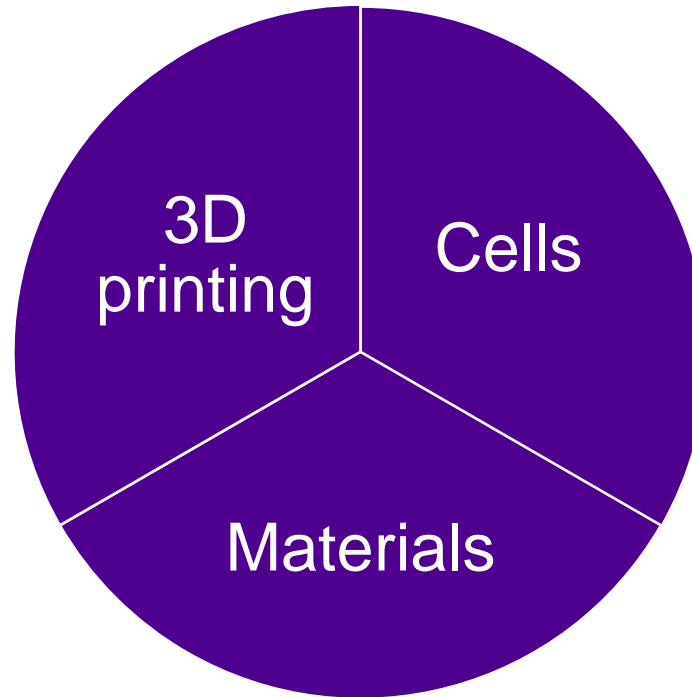
Cylinders and cones. Scale bar 5 mm. Image by Rosanna Silén

Cells & Long-Term Cell Culture

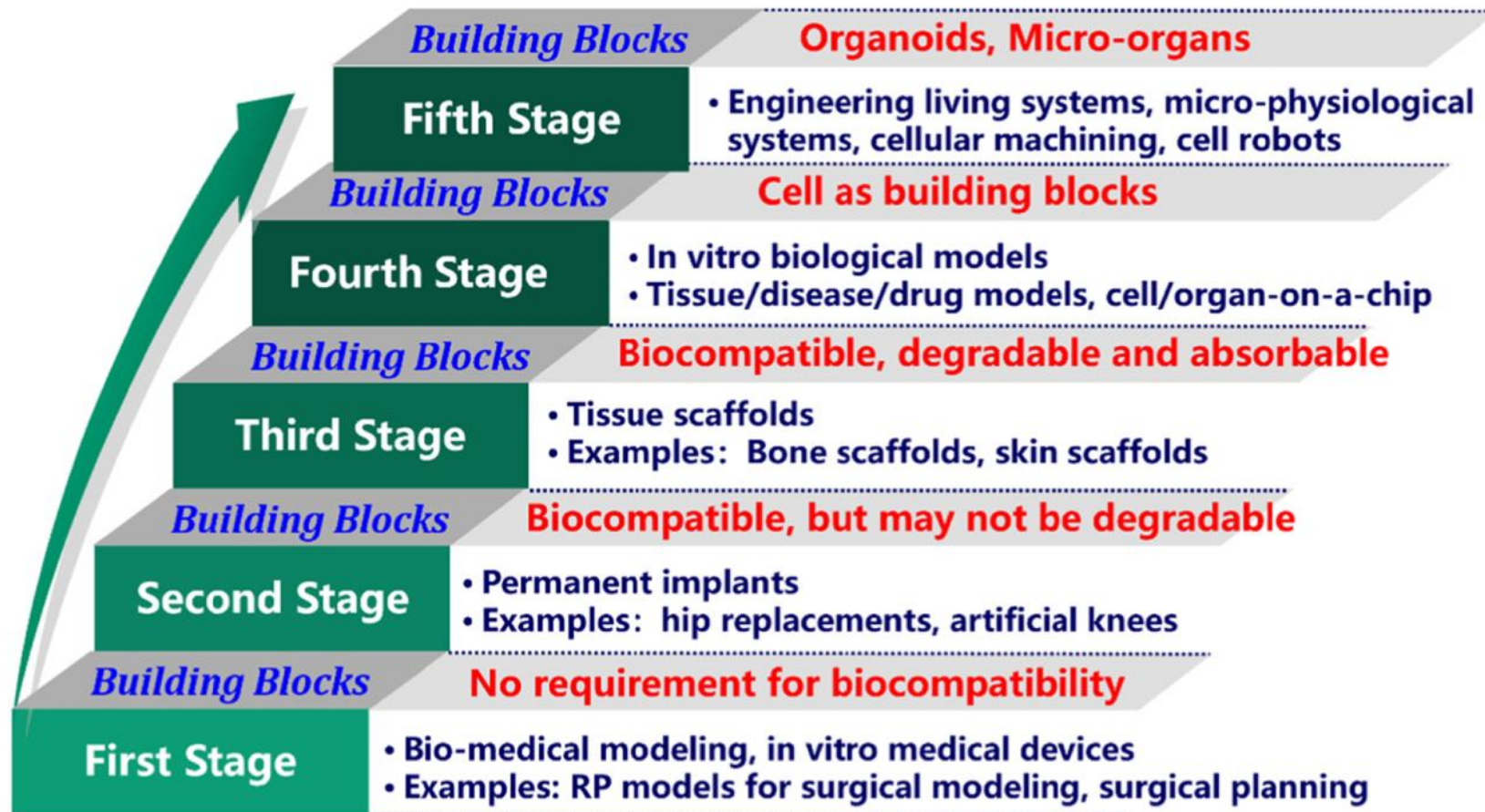
- Stem and progenitor cells
- Differentiation
- Combination of different cell types
- Microfluidic devices & simulated physiological environment to support viability and maturation



Tailor-made tissues and organs

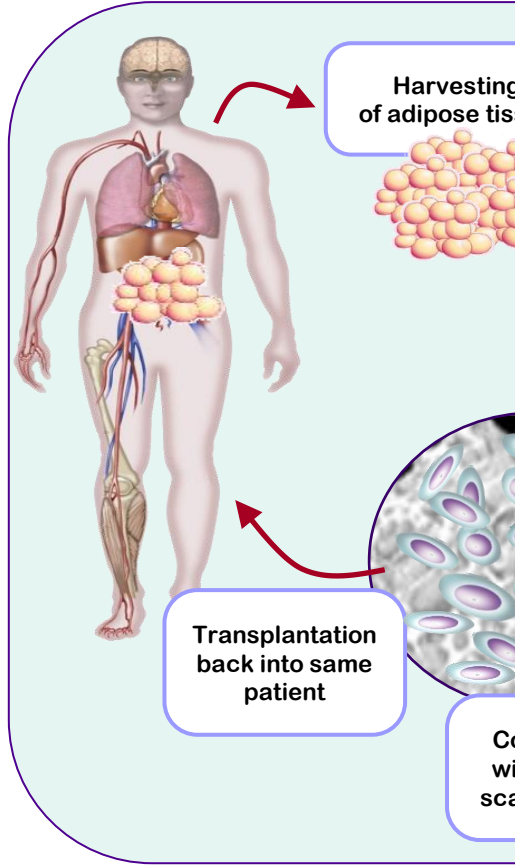


The bioprinting roadmap



Tissue engineered bone

- Major bone defects in cranio-maxillofacial area

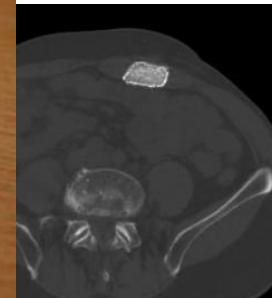


TCP and bioactive glass

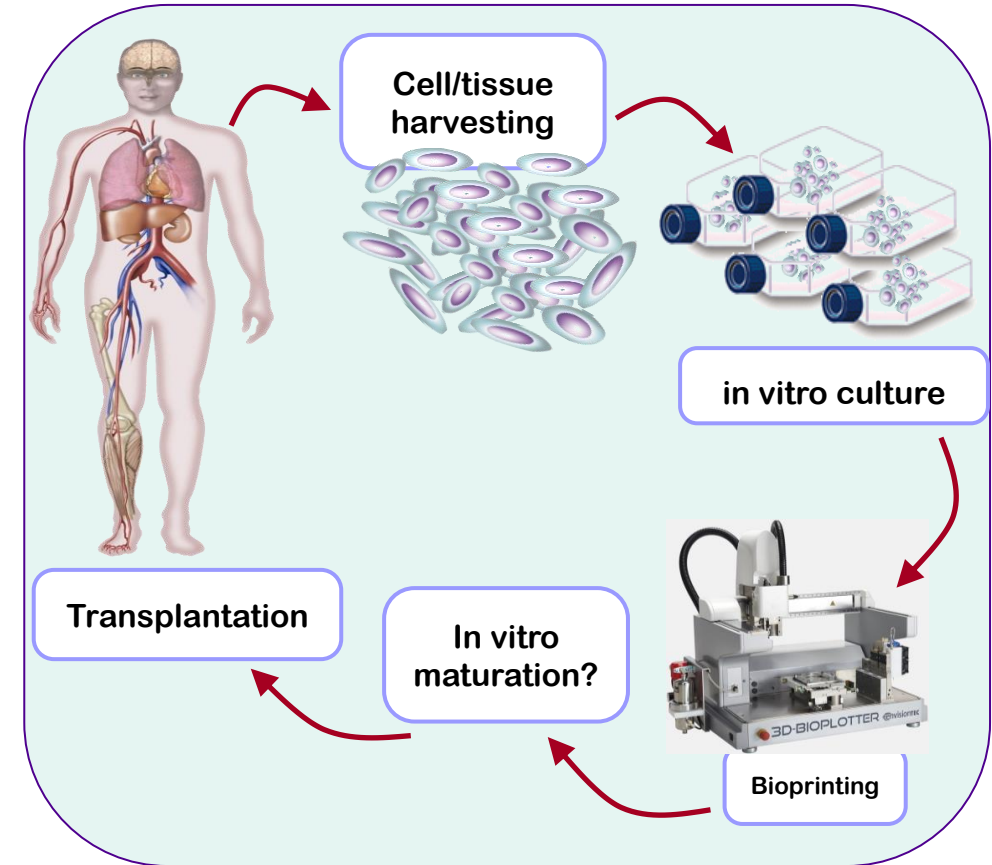
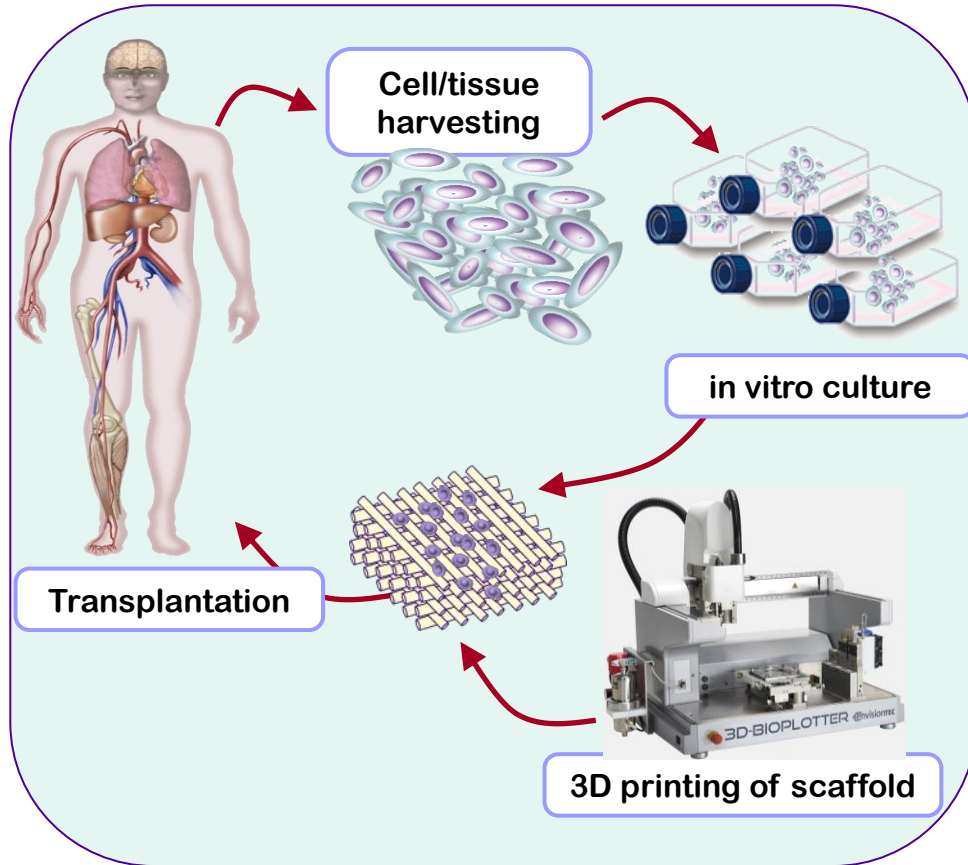
and size

esleff et al 2011; 2017, Sandor

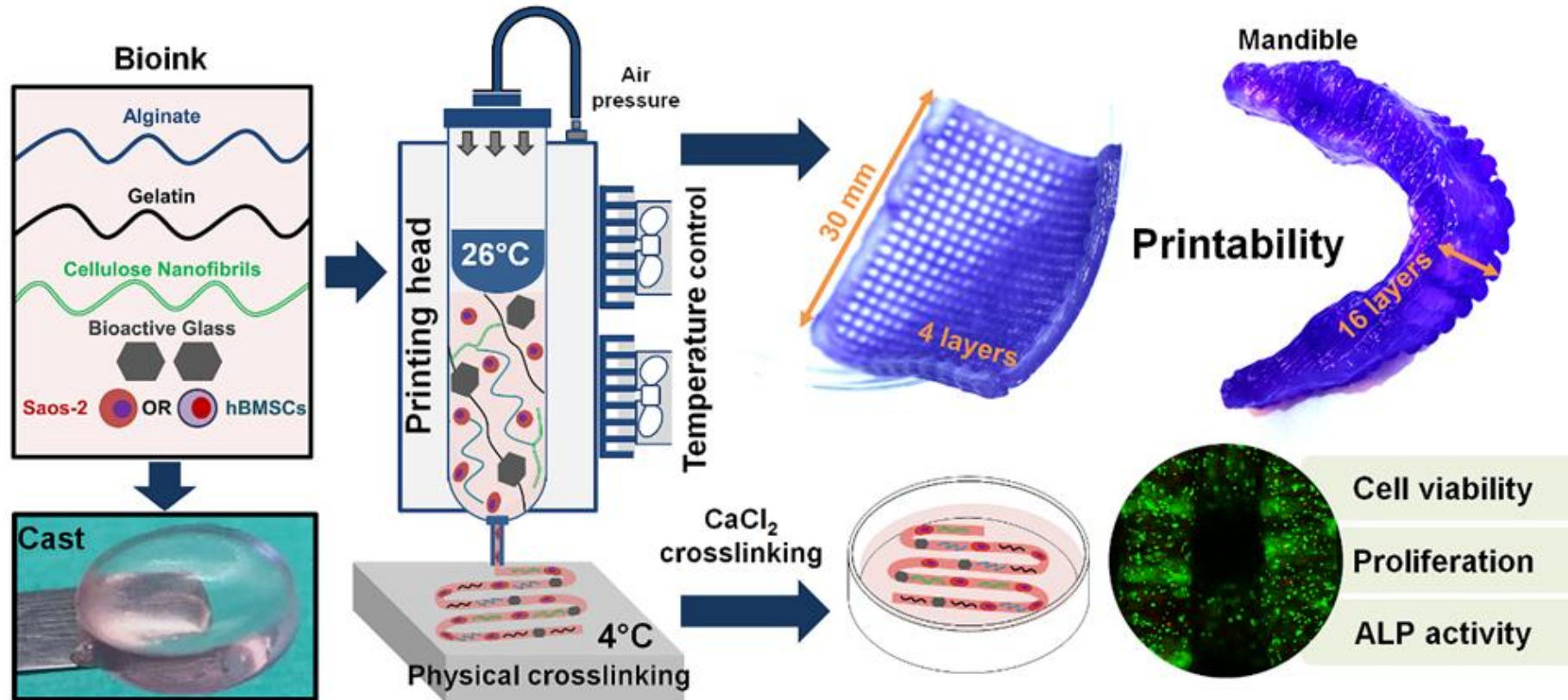
Health Care District, Jyväskylä
rg, Sweden



3D printing and bioprinting transplants



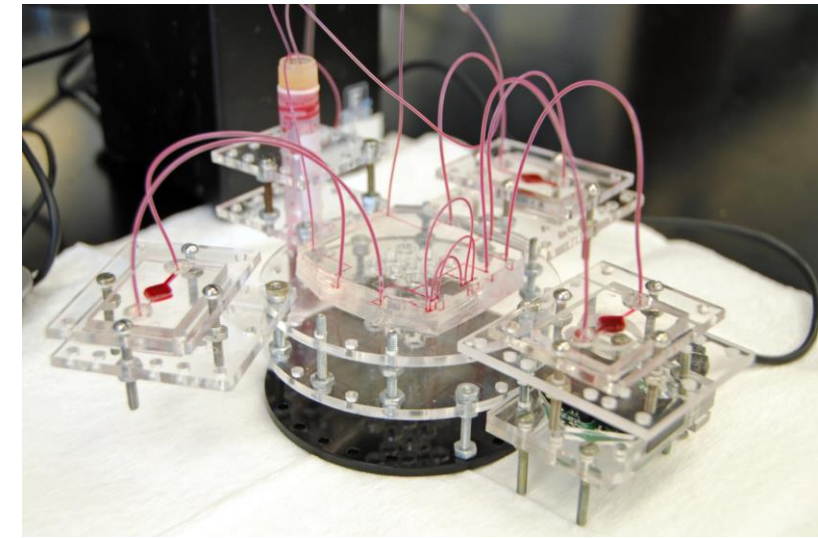
Bioprinting transplants: Bone



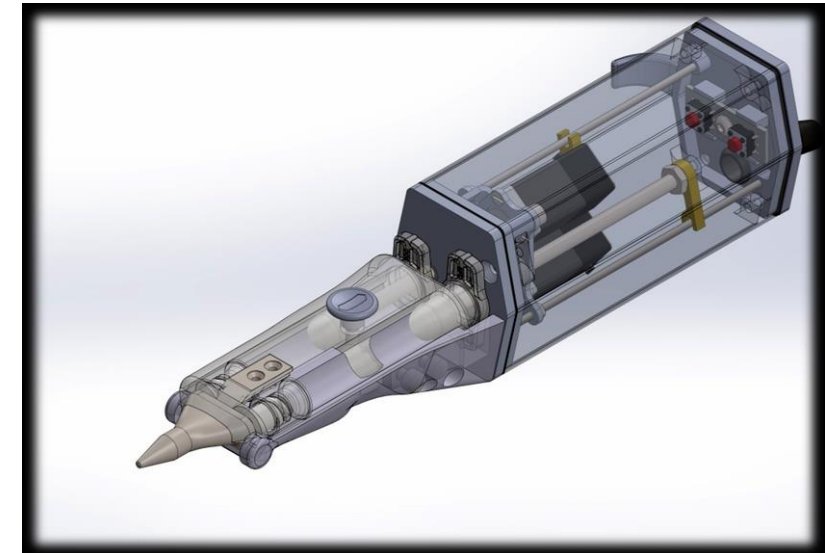
Ojansivu M et al. Wood-based nanocellulose and bioactive glass modified gelatin-alginate bioinks for 3D bioprinting of bone cells. *Biofabrication*. 2019 Apr 26;11(3):035010. doi: 10.1088/1758-5090/ab0692.

Recent achievements

- Mini-organs and Body-on-Chip platforms for research
 - Lawlor, K.T., Vanslambrouck, J.M., Higgins, J.W. et al. Cellular extrusion bioprinting improves kidney organoid reproducibility and conformation. Nat. Mater. 20, 260–271 (2021). <https://doi.org/10.1038/s41563-020-00853-9>
- Combination of functional cells with 3D printed scaffolds
- Bioprinting of avascular tissues: skin, cartilage
- Bioprinters into operation room
 - Hand-held bioprinters
 - Di Bella, C, Duchi, S, O'Connell, CD, et al. In situ handheld three-dimensional bioprinting for cartilage regeneration. J Tissue Eng Regen Med. 2018; 12: 611– 621. <https://doi.org/10.1002/term.2476>.
 - Micro-scale bioprinting through endoscope
 - Wenxiang Zhao and Tao Xu. Preliminary engineering for in situ in vivo bioprinting: a novel micro bioprinting platform for in situ in vivo bioprinting at a gastric wound site. 2020 Biofabrication 12 045020. <https://doi.org/10.1088/1758-5090/aba4ff>
- Bionks allowing in situ bioprinting
 - A Asghari Adib et al. Direct-write 3D printing and characterization of a GelMA-based biomaterial for intracorporeal tissue engineering 2020 Biofabrication 12 045006



A heart, liver and kidney structure from 3-D printing at the Wake Forest Institute for Regenerative Medicine.
Credit...Wake Forest Institute for Regenerative Medicine



The design of the Biopen.

Medical 3D printing ecosystem

- Goals
 - Bring together national and international research groups
 - Tighten the link between research groups and industry
 - Share knowledge
 - Provide collaboration opportunities
 - Service platform
 - Business opportunities
 - Find solutions for major challenges that limit the clinical translation of 3D printing
 - Advancement of patient care and diagnostics



Collaboration needed!

Medical 3D printing ecosystem

- Funded by Academy of Finland
 - 2021-22
- Co-creation together with *Ideascout* company for building the ecosystem
 - Starts in spring 2021
 - Workshops for defining the needs and mode of action
- Connections with other networks nationally and internationally



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Interested in networking activities?

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