



# Co-developing the future digital solutions for better aging

Higher education embracing co-development with companies and end-users

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Vipuvoimaa  
EU:lta  
2014–2020



 Metropolia

**The old age to working-age ratio will almost double in next 40 years**

**65+ People Share of Population in Finland in 2019**

**Amount of 65+ 1,21 M (21,9%)**  
(total population 5,52 M)

**About 35% of 65+ Finnish are living alone**

**Elderly housing situation +75 at the end of 2020**  
**92%** In a regular home mainly in owner-occupied housing  
**7.3%** Assisted living in a service house  
**0.7%** In hospital

THL, Sotkanet 2021

United Nations Population Division,  
World Population Prospects 2019  
[population.un.org/wpp/Download/Standard/Population/](https://population.un.org/wpp/Download/Standard/Population/)

# Digital Solutions for all Phases



## Third Phase

- Wellbeing and more freetime
- Delay the transition to other stages

## Preparative Phase

- Frail in body and mind begins
- Changing living conditions

## Fourth Phase

- Dependence of others
- Meaningful life in assisted living

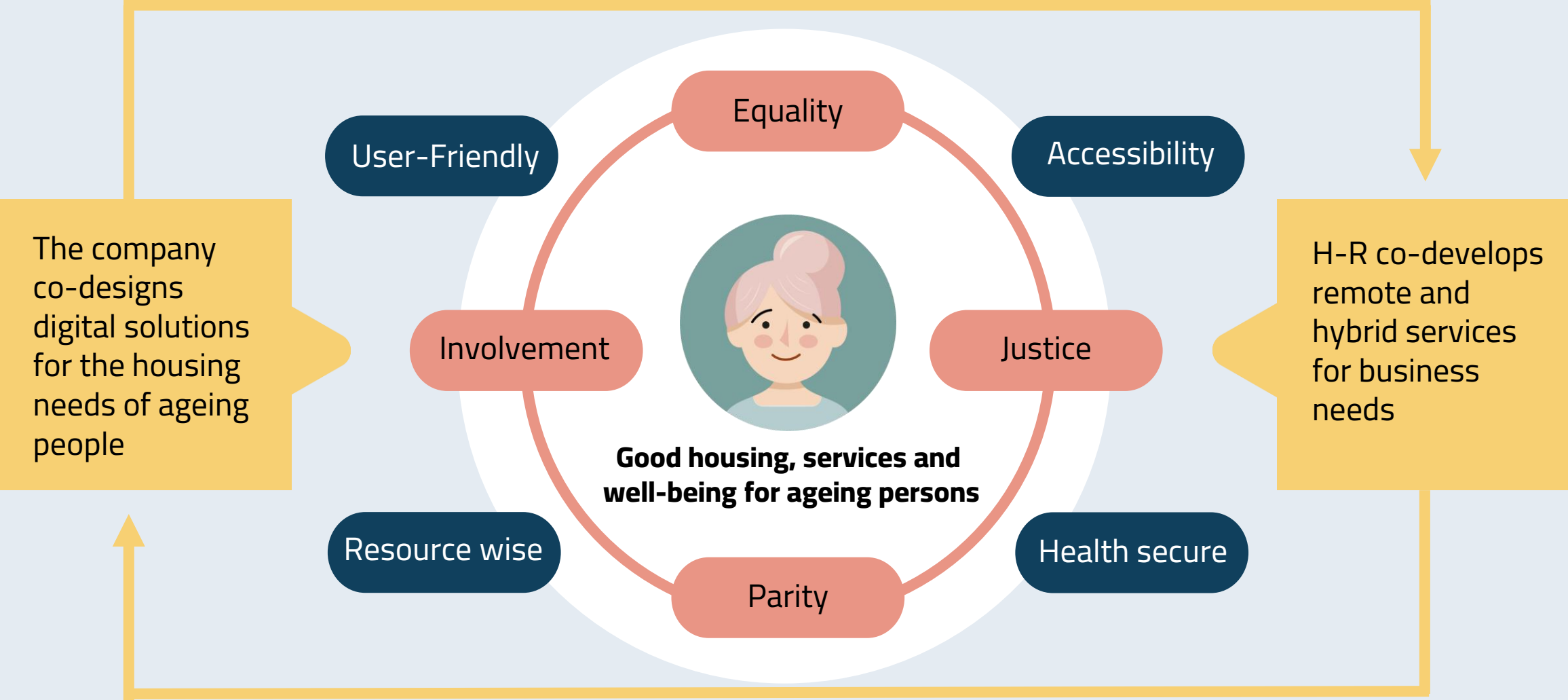
# Adaptive housing for elderly in the future



Metropolia  
Myllypuro SmartLab

# HIPPA-Remote 2021-2023: Principles and values

All activities are based on horizontal principles of EU



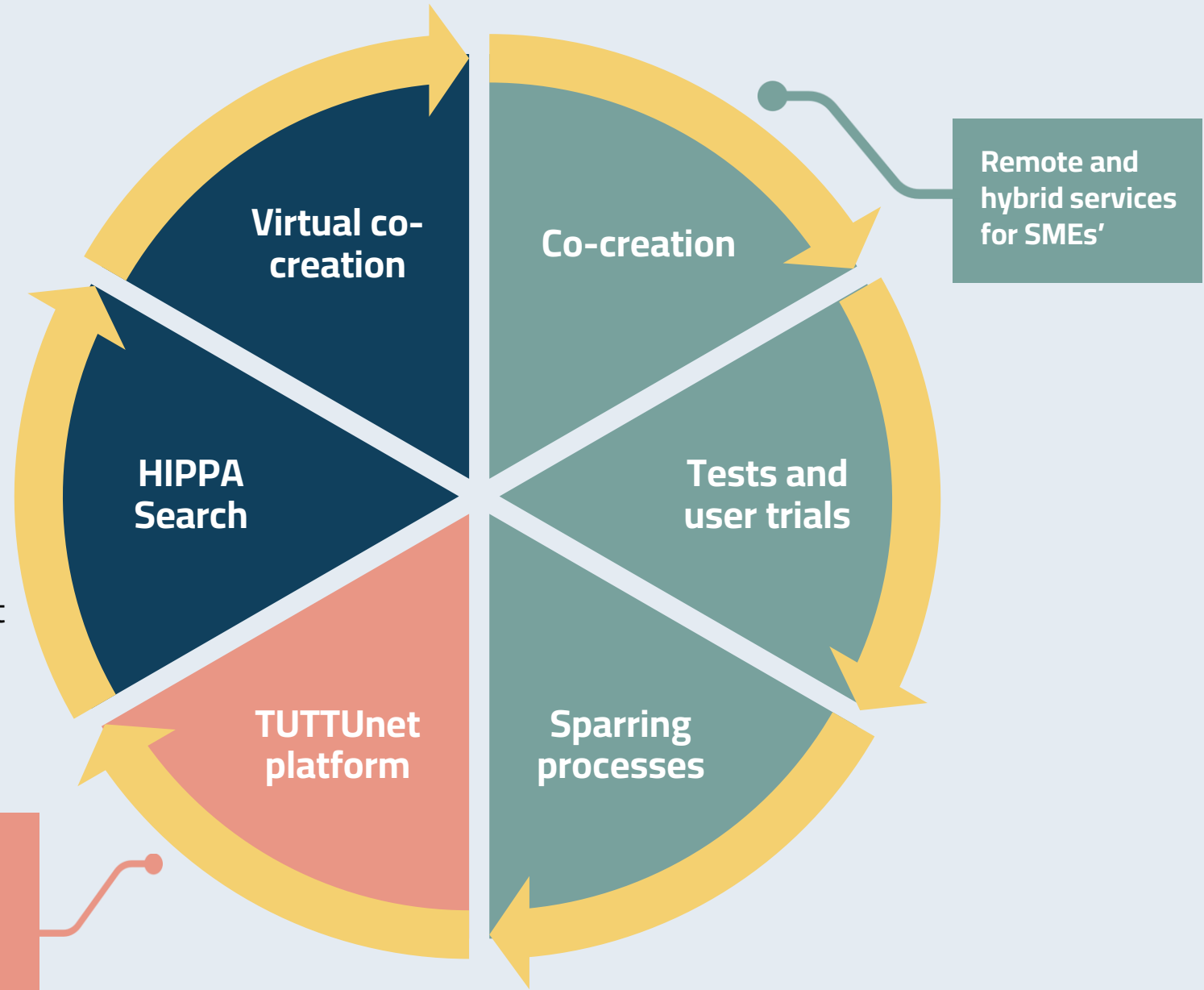
# Activities of HIPPA Remote

■ Current project

■ Ongoing development from the last project

■ Previous project

Open access models, information, insights, studies and services for all



# Co-development for two purposes

Digital solution  
co-development



Thematic  
co-developer  
clubs

**Harra & Lintula 2020**  
Read the article



# Digital solution co-development

## Purposes

- To co-create added value
- Test and user trial planning in co-creation

## Participants

- Business partner, end-users, researchers, students and other stakeholders

## Modes

- F2F
- Remote
- Hybrid

## References

- co-creation processes (n=28)
- testing services and user trials (n=25)
- testing in authentic service house environments (n=21)



# Thematic co-developer clubs

## Purposes

- Building up networking
- Utilize multidimensional voice
- and co-create better understanding

## Method examples

- 'Time out' method
- Personas
- Comparison of virtual environments

## Participants

- Business partners, elderly, relatives, researchers, students and other stakeholders

# TUTTUnet



www.tuttunet.fi/en

 **TUTTUnet**  European Union  
European Regional  
Development Fund **Leverage from  
the EU  
2014-2020**

Product developer's test and support network

 **SUPPORT FOR  
USER-DRIVEN  
DEVELOPMENT**

 **SERVICES**

 **REFERENCES**

 **INFORMATION  
AND INSIGHTS**

Your source for information on user-driven product development


TUTTUnet supports the developers of digital products and services together with innovation clusters, hubs and testlabs in the fields of social and health care, construction, ICT and business across Finland. The outcomes on this website have been generated in developing digital products and services used in the

# HIPPA-SEARCH


## HIPPA-haku

Arjen ja asumisen kokemustietopankki


Valitse mikä asia vaikuttaa henkilön arkeen:



Ikääntyminen



Mielenterveyshäiriö



Vammaisuus

Vapaasanahaku

Maakunta

[Avaa tarkennettu haku](#)

Tuloksia 380 kpl



Haastattelu 19.11.2021  
-Suomi



Haastattelu 19.11.2021  
**Irmeli 71v**  
Omakotitalo, Varsinais-Suomi



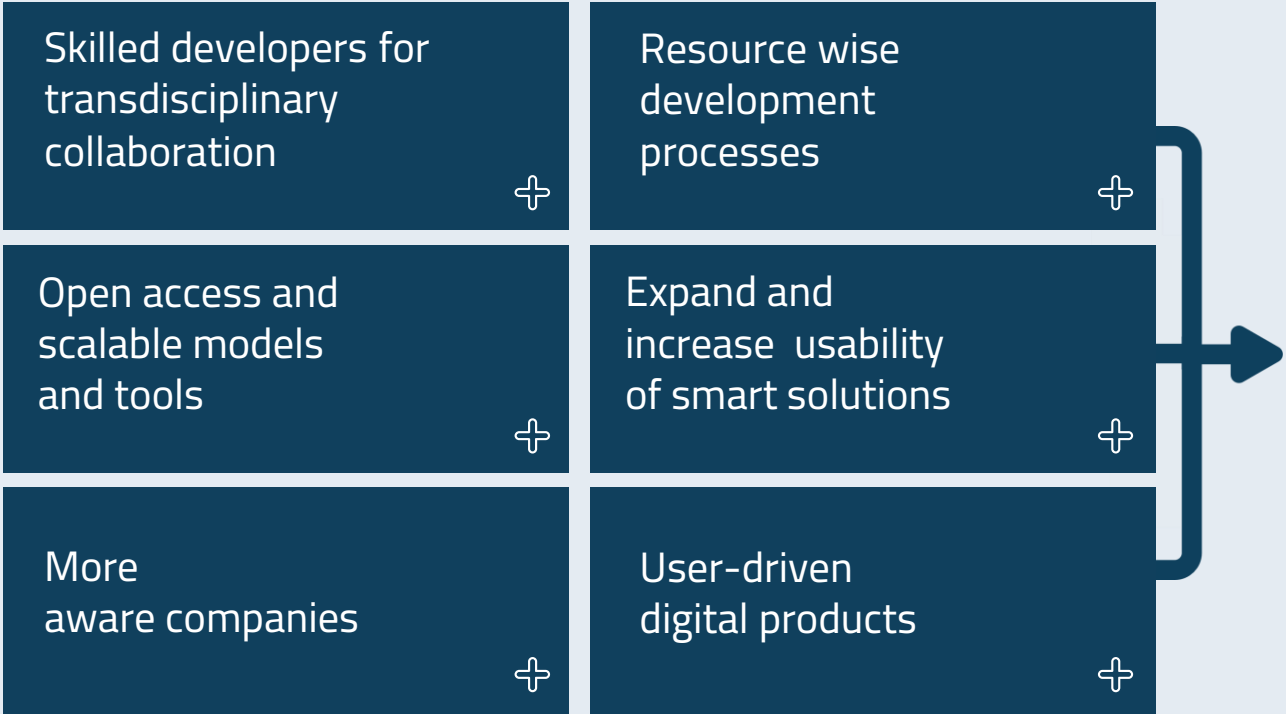
Haastattelu 19.11.2021  
**Sirkka 84v**  
Palvelutalo, Uusimaa



Haastattelu 19.11.2021  
**Mervi 43v**  
Kerrostalo, Päijät-Häme


# Results and impacts

## Results

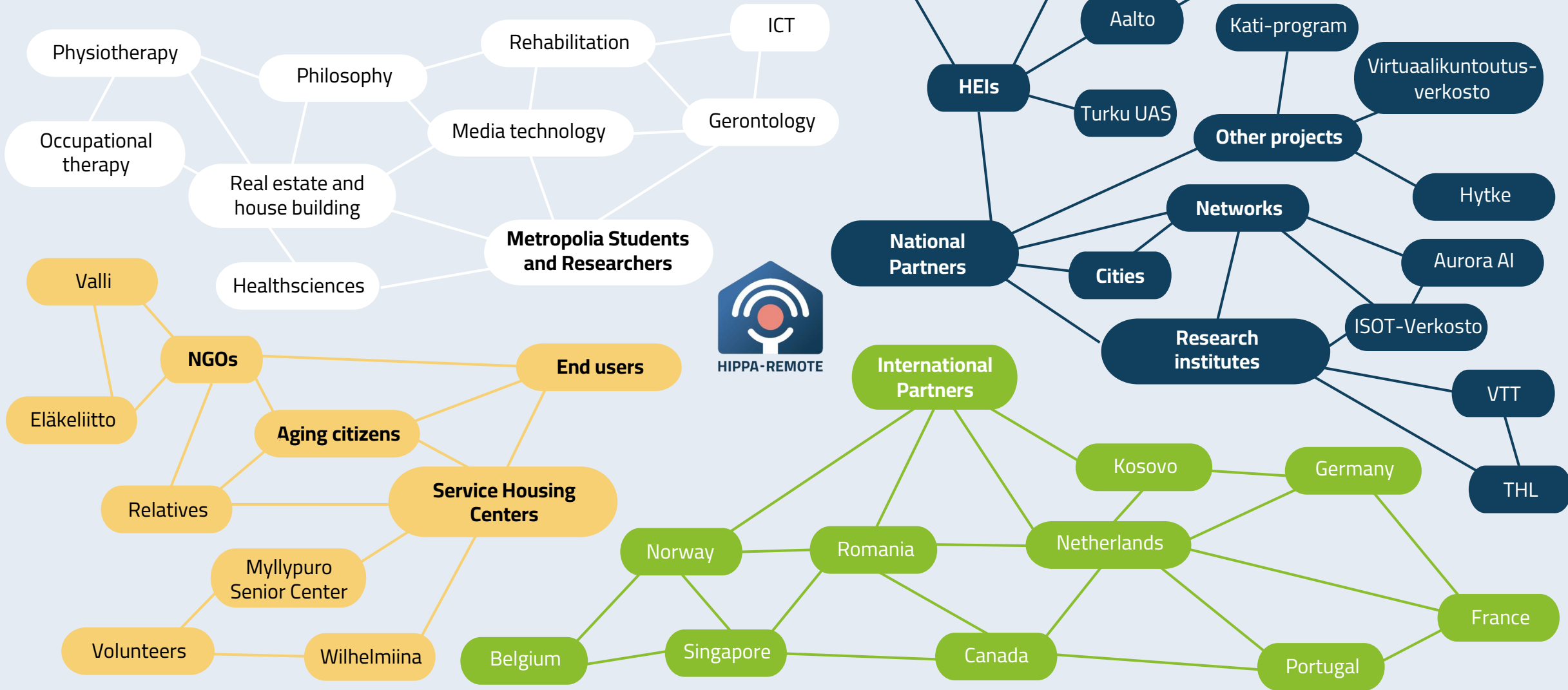


## Impacts

- Growth and success of business
- Better life and living of aging people
- Meaningful and innovative learning for students
- New knowledge and understanding



# Network and partners



# Business partners



**PHYSILECT**  
Physiotherapy reinvented

**LIVINGSKILLS**

**CARECODE**

**ONERVA**

**Arctic SMART VILLAGE**



**SANOSTE**

**hublet**  
SHARING DIGITAL WORLD

**GoodLife**  
technology



**MEDIFIED**

**My Care**

**KELOSOUND**

**LUONTOLIVE**

**Kwork**

**voimin**

**Oulunseudun Fysioterapia**  
www.osfysio.fi

**memocate**

**iotas**

**INVANTOR**  
AVUT KÄYTTÖÖN

**Pedihealth**



**Medeka**

**SENIORTEK**

**SE Innovations Ltd**

**SYKE**

**Premius KUNTOUTUS**

**iudetta**

**Helmi**  
ETÄPALVELU

**benete**

**PELTOLA**  
1964  
ELÄMÄNMAKUUSTA ASUMISTA JA ASKELETTA ETEENPÄIN

**SOINTU**  
SENIORIPALVELUT

**CodeQ**



**muotoilutoimisto AIHIOMO**

**proximi.io**  
Proximity Platform

**wizense**  
Smart Digital Solutions

**ToimiWa**

**yeti**  
TABLET



# Co-developing the future digital solutions for better aging

Join HIPPA-Remote!

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Euroopan unioni  
European Union

Vipuvoimaa  
EU:lta  
2014-2020



Uudenmaan liitto  
Nylands förbund

 Metropolia

