

Coast & Archipelago

– *Product Manual*



South East Region / Helsinki West / Finnish Archipelago / Destination Kvarken

An aerial photograph of a small, rocky island in the Finnish Archipelago. The island is characterized by its rugged, grey rock formations and patches of green vegetation. Several traditional red wooden houses with dark grey roofs are scattered across the landscape. A long, narrow wooden bridge spans a small inlet, connecting different parts of the island. The surrounding water is a deep blue, and the horizon is visible in the distance under a clear sky.

Island life

Finnish Archipelago is a globally unique destination with more than 40,000 islands. The peace of the rocky and forested parts of the islands together with some of the oldest cultural and historical sites in the country is a must-experience.

Go island hopping, stroll along cobble streets in the old, wooden parts of small towns, visit a pristine national park or UNESCO sites... There's so much to choose from. High-quality services and unique attractions within suitable distances let visitors enjoy it all during one holiday.

Finnish Coast & Archipelago Team

South East Region

The lake and archipelago areas offer opportunities for active travelers from hiking to kayaking, while the high-quality spa hotels accommodate those looking for a more relaxed time.



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Finnish Archipelago

Some of the oldest and most significant historical sites located in magnificent seaside settings and a unique archipelago area that can be experienced through cruises, swimming, and much more.



Visit Turku
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Visit Naantali
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Helsinki West

Picturesque seaside town culture, lighthouses, historical ironworks villages, beautiful manors, pristine national parks and tasty, local food just a breath away from Helsinki.



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Destination Kvarken

Known for their varied selection of events and attractions from zoos and the number one amusement park in Finland to the Archipelago UNESCO site, destination Kvarken is full of fun.



Visit Seinäjoki
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Visit Vaasa
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Coastal Finland

- 1 KOTKA
- 2 HELSINKI
- 3 TURKU
- 4 MAARIANHAMINA
- 5 PORI
- 6 VAASA
- 7 KOKKOLA
- 8 OULU

Destination
Kvarken

Finnish
Archipelago

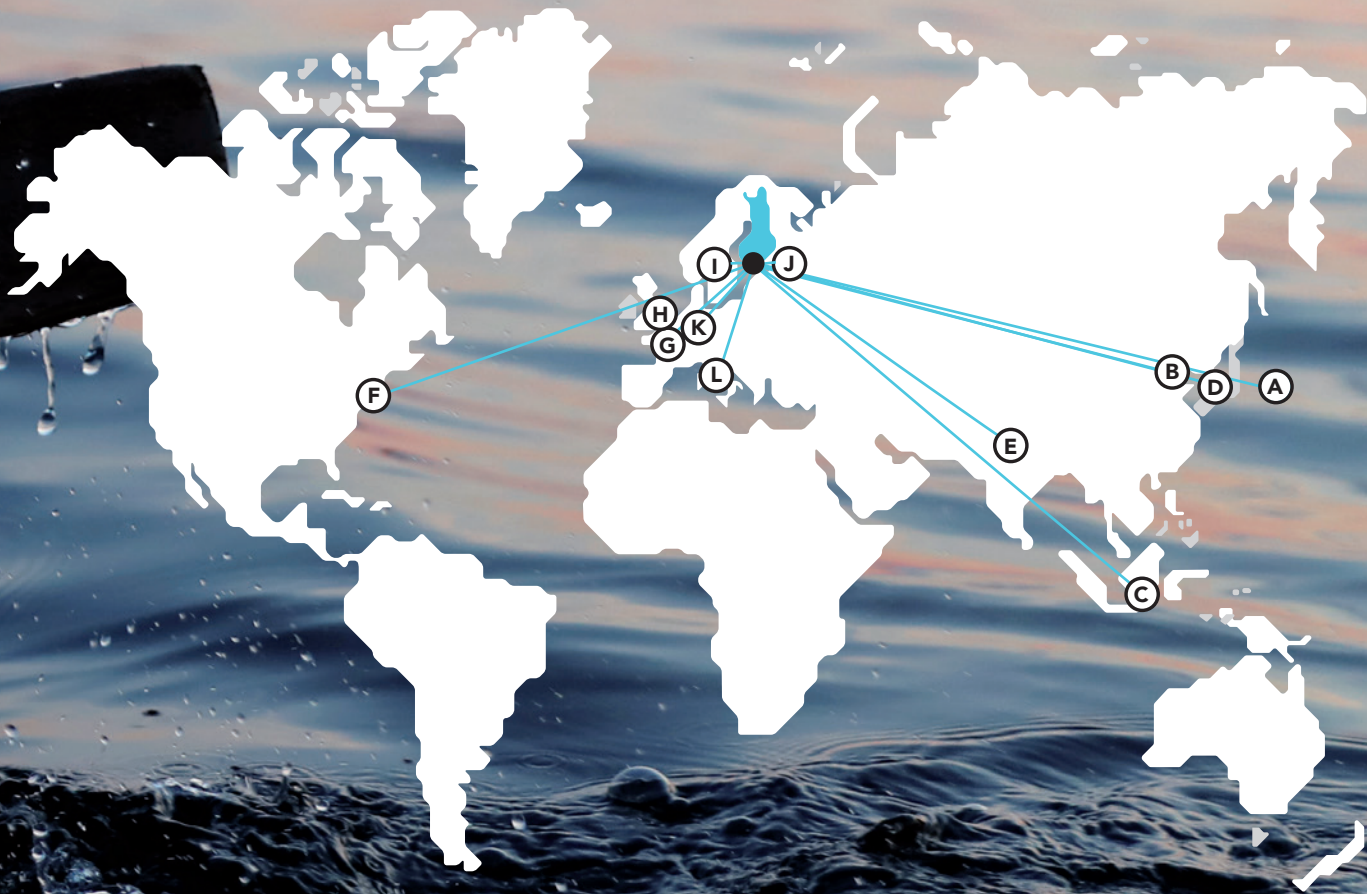
Helsinki West

South East
Region

Photo: Visit Turku

How to get to and around Coast & Archipelago

Helsinki can be reached best by air and is easily accessible, no matter where you are travelling from. Alternatively, you can reach Helsinki with ferry from Tallinn, Stockholm, Travemünde and Rostock.

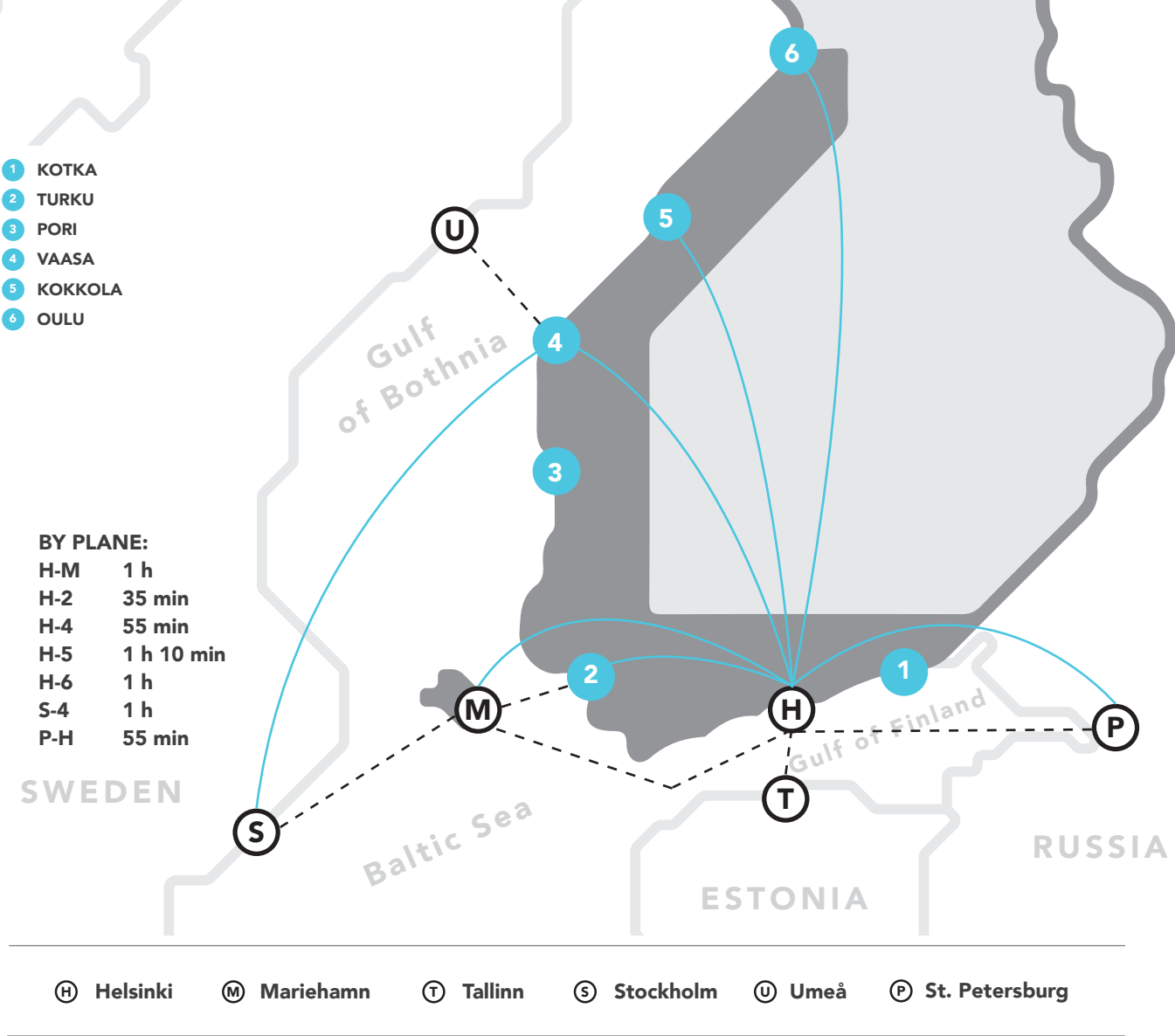


A Tokyo	10,5 h	G Paris	3 h
B Beijing	9 h	H London	3 h
C Singapore	12 h	I Stockholm	1 h
D Seoul	9,5 h	J St. Petersburg	1 h
E Delhi	7 h	K Frankfurt	2,5 h
F New York	8 h	L Rome	3,5 h

- 1 KOTKA
- 2 TURKU
- 3 PORI
- 4 VAASA
- 5 KOKKOLA
- 6 OULU

BY PLANE:

H-M	1 h
H-2	35 min
H-4	55 min
H-5	1 h 10 min
H-6	1 h
S-4	1 h
P-H	55 min



By ferry
An alternative way of reaching Finland from Stockholm, Sweden; Tallinn, Estonia; Travemünde, Germany or St. Petersburg, Russia is to take a ferry. Their Finnish harbours are located in Turku, Helsinki, Mariehamn and Vaasa.

BY FERRY:

H-M	11 h 15 min	TallinkSilja - Tallink.com
S-M	5 h 30 min	Viking Line - Sales.vikingline.com
S-H	17 h	Finnlines - finnlines.com/ferry-trips
8-M	4 h 30 min	St. Peter Line - Stpeterline.com
T-H	2 h 15 min	Wasa Linen - wasaline.com/en
P-H	14 h	
U-4	4 h 30 min	

By train
You can also take the train from St. Petersburg, Russia - the fastest train reaches Helsinki in four hours.
Train timetables: [Vr.fi](https://vr.fi)

By car
Traffic in Finland is quite safe and main roads are in good condition. There are dozens of beautiful scenic roads in the Archipelago area, so an excellent option to get around is a rental car.

BY CAR:

H-1	1 h 40 min	H-4	5 h 15 min
H-2	2 h	H-5	6 h
H-3	3 h	H-6	7 h 20 min

Avis - avis.fi
Budget - budget.fi
Europcar - europcar.fi

Hertz - hertz.fi
Sixt - sixt.fi

BY TRAIN:

H-1	2 h 30 min	H-4	4 h
H-2	2 h	H-5	3 h 50 min
H-3	3 h 30 min	H-6	5 h 30 min
		P-H	3 h 45 min

Recommendations by locals

South East Region

LOCAL FOOD

- **Restaurant Vaakku** / varissaari.com/en
A restaurant in the middle of the most beautiful Kotka Archipelago. For its menu, Restaurant Vaakku relies on only the best fresh ingredients – come and taste the catch of the day
- **Runeberg's cake** / visitporvoo.fi/runebergs-cakes
Local delicacy named after Finnish national poet J.L. Runeberg.
- **Porvoo** is a must visit hub for modern Finnish food. For a small city the number and quality of restaurants is amazing, and as its reputation grows chefs are increasingly refining their selection of Finnish food.
- **Mustilan Viini – Mustila Wine** / mustilaviini.fi
Mustila Viini has award winning wines and locally made delicacies. Mustila Viini also has an atmospheric Wine Chamber, where you can taste the different products.
- **Malmgård Manor** / malmgard.fi
- **Restaurant Tila** / ravintolatila.com
A quaint Finnish restaurant with a magnificent view of fields, farm animals and the Sipoonkorpi National Park

MUST EXPERIENCE

- **Old Porvoo** / visitporvoo.fi/old-porvoo
The colourful wooden houses that line the cobbled streets, the church on top of the hill, and small, charming museums are the perfect surroundings for creating travel memories.
- **Kotka City Parks**
Kotka is known as a city by the sea, but also for its lovely parks that are spread across the city. With a few kilometers walk, you can enjoy the most rewarded and noteworthy parks: Katariina Seaside Park, Sapokka Water Garden and Sibelius Park. visitkotkahamina.fi
- **Maretarium** / maretarium.fi
Welcome to the underwater world of Finnish fish at the aquarium house Maretarium!
- **Arboretum Mustila** / mustila.fi
Mustila Arboretum is the most significant Arboretum in the Nordic countries. Within the parks 120 hectares grows over 300 different kinds of trees and hundreds of different bushes. The parks speciality are the famous rhododendrons and azaleas that bloom in June.
- **Strömfors Iron Works** / stromforsinruukki.fi, visitloviisa.fi

- **The island of Nordkullalandet** / seasong.fi/en/seasong-2
Beautiful island with a café, a beach and a forest path of about 1,5 kilometres to the lookout tower, where the view is to die for!

ACCOMMODATION

- **Ida-Maria b&b** / idamaria.fi
Unique accommodation alternative in an 18th century house, on the historical Old Town Hall Square
- **Santalahti Resort** is perfect place for your vacation: five-star camping site, luxury apartments, cottages by the sea and amidst versatile nature activities. santalahti.fi/en
- **Yli-Kaitala cottages** / yli-kaitala.com
- **Orilampi Holiday Resort** / orilampi.fi
- **Rönnäs Cottage Village** / ronnas.fi
- **Box Bed & Breakfast** / majatalobox.fi



Old Porvoo



Kotka



Maretarium

Helsinki West

LOCAL FOOD

- **Restaurant Fat Lizard, Espoo** / ravintolafatlizard.fi
Serves visually stunning, handmade and abundant food and wide selection of local and other Finnish craft breweries' beers
- **Fish Restaurant På Kroken, Hanko** ekstromseafood.fi
Enjoy the best quality fresh fish, fish products and fish & sea shell menus in Hanko.
- **Slow Food Festival in Fiskars Village, Raseborg** fiskarsvillage.fi
Taste all the local producers' yummy delicacies at this yearly festival in the Fiskars Village.
- **Restaurant Salon Seurahuone, Salo** salonseurahuone.fi
Enjoy of local food in an idyllic restaurant creating seasonal delicacies with a Finnish or Scandinavian flair. During weekdays perfect place for lunch, at nights fine dining.
- **Rousal Brygghus Taproom & Smokehouse, Rosala Island, Kimitoön** / VisitKimitoon.fi
Taste the delicious food of the Rousal Brygghus brewery's Taproom & Smokehouse in the Kimitoön archipelago
- **Café Lauri, Lohja** / cafelauri.fi
Best Café in Finland 2016

MUST EXPERIENCE

- **The Finnish Nature Center Haltia, Espoo** haltia.com
A modern exhibition center by Nuksio National Park that showcases the whole nature of Finland.
- **Dagmars Park, Raseborg** nationalparks.fi/en/dagmarpark
Drink the fresh spring water, walk around this historic nature conversations area and dip into the sea at the tranquil sand beach.
- **Plagen Beach, Hanko** / plagen.fi
One of Hanko's iconic beaches with all the service and to-dos you can ever ask for: SUP, sea water park, volleyball, children's' activity park, mini golf & beach bar.
- **Teijo National Park, Salo** / nationalparks.fi/teijo
Peaceful lakes, seashores, marshes and forests as well as historic ironworks villages where traditional crafts still thrive. Suitable for visitors of all ages and conditions all year.
- **Canoeing on the Stora Masugnsträsket lake, Dalsbruk, Kimitoön** / VisitKimitoon.fi
Rent a canoe and experience the fantastic wilderness by the historical Dalsbruk ironworks village, Kimitoön island

- **Arboretum Magnolia, Lohja** arboretummagnolia.fi

The garden is three hectares large and is situated on the shore of Lohjanjärvi. The garden consists of trees, shrubs and perennial plants from across the world.

ACCOMMODATION

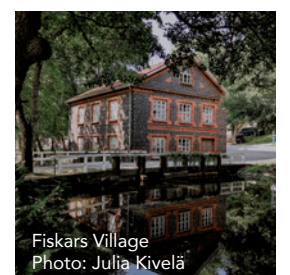
- **Unique Culture Hotel Hanaholmen, Espoo** hanaholmen.fi
Located on its own island at the border between Espoo and Helsinki in the beautiful Finnish archipelago
- **Villa Christine, Tenhola** / villachristine.fi
An old wooden school house turned into an eco-friendly course and retreat venue and seasonal B&B
- **Villa Maija, Hanko** / villamaija.fi
This hotel offers unique villa style accommodation in Hanko Finland, in a traditional environment but with all modern conveniences
- **Hotel Fjalar, Salo** / fjalar.fi
Former home of Mr Nordell whose work started the success of Salo as a homeplace of Nokia mobile phones. A hotel with exclusive and cosy accommodation.
- **Storfinnhova tree huts, Kimitoön** storfinnhova.com
Magical accommodation in the Storfinnhova Forest Village
- **Gasthaus Lohja, Lohja** / gasthauslohja.fi/hotel
Cosy private hotel close to the city centre.



Hanko
Photo: Jussi Hellstén



Teijo
Photo: Sampo Kiviniemi



Fiskars Village
Photo: Julia Kivela

Finnish Archipelago

LOCAL FOOD

- **Food Walk in Turku**
visitturku.fi/en/turku-food-walk_en
- **Turku Market hall**
visitturku.fi/en/turku-market-hall_en
- **Pori Market Place**
visitpori.fi/en/market-square-17536
- **Rauma Market place**
visitrauma.fi/en/services/shopping/market-place
- **Sattmark / sattmark.fi**
- **Old Rauma Kaffe bar / kaffebar.fi**
- **Microbreweries in Pori / shop.visitpori.fi/en_US**
- **Stallhagen brewery in Åland**
stallhagen.com/en/brewery
- **Loistokari Dinner cruise**
visitturku.fi/en/loistokari-evening-and-entertainment-cruises-110246

MUST EXPERIENCE

UNESCO SITES

- **Old Rauma and Sammallahdenmäki**
visitrauma.fi/en/see-and-experience

NATIONAL PARKS

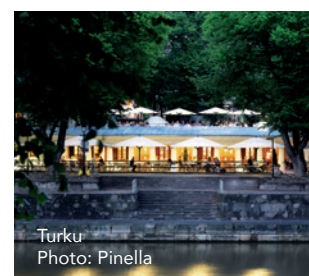
- **Saaristomeri, Kurjenrahka, Teijo, Selkämeri**
visitturku.fi/en/kurjenrahka-national-park_en
nationalparks.fi/en/nationalparks
- **Aboa vetus & Ars nova**
visitturku.fi/en/aboa-vetus-ars-nova_en-1
- **Turku special museums / visitturku.fi/en**
- **Kultaranta Presidential Garden**
visitnaantali.com/en/kultaranta-garden
- **Archipelago Trails / saaristonrengastie.fi/en**
- **Noormarkku Works**
visitpori.fi/en/ahlstromin-ruukit-noormarkku-1881
- **Louhisaari Manor**
visitnaantali.com/en/louhisaari-manor

OLD WOODEN TOWNS

- **Naantali**
visitnaantali.com/en/guided-old-town-tour
- **Turku**
visitturku.fi/en/luostarinmaki-handicrafts-museum_en
- **Uusikaupunki**
visituusikaupunki.fi/en/what-see-and-do/town-centre-and-old-wooden-house-district
- **Rauma**
visitrauma.fi/en/see-and-experience/old-rauma/places-to-visit-in-old-rauma
- **Pori/Reposaari**
visitpori.fi/en/reposaari-2841
- **St. Olav Waterway**
stolavwaterway.com/en/

ACCOMMODATION

- **Lintula wooden house apartments in Naantali old town**
visitnaantali.com/en/apartments-and-houses-naantali
- **Archipelago Hotel Vaihela**
visitnaantali.com/en/archipelago-hotel-vaihela-velkua
- **Yyteri Hotel & Spa**
visitpori.fi/en/yyteri-hotel-spa-1851
- **Naantali Spa Hotel & Ruissalo Spa Hotel**
visitturku.fi/en/ruissalo-spa-hotel
visitturku.fi/en/naantali-spa-hotel_en
- **Klobben – at the edge of the sea**
www2.visitaland.com/en/cabin/a1174775/klobben/details
- **Utö Havshotel / utohotel.fi**
- **Kylmäpihlaja Lighthouse**
visitrauma.fi/en/see-and-experience/sea-and-archipelago/kylmapihlaja-lighthouse-island



Destination Kvarken

LOCAL FOOD

- **Kyrö Distillery, Isokyrö / kyrodistillery.com**
Visit the distillery that makes the world's best gin for gin & tonic (IWSC 2015) - from rye!
- **Lind's kök, Närpes / lindskok.fi**
Experience a tropical dining atmosphere all year round in this hot house restaurant.
- **Jungman, Kristinestad / jungman.fi**
Delicious locally sourced food served by the sea.
- **Uppalan kartano, Seinäjoki / uppalankartano.fi**
Dine in a 17th century wooden mansion turned restaurant.
- **Bocks brewery, Vaasa / bockscornerbrewery.com**
A small, independent brewery that produces high-quality small-batch beers.
- **Kahakka Brewery, Kokkola / kahakkabrewery.com**
Handcrafted beer and the chance to create your own, personalised beer.

MUST EXPERIENCE

- **Wasaline / wasaline.com**
the most northern ship route between two countries
- **UNESCO World Heritage area Kvarken / kvarken.fi**
Take a cruise, paddle, hike, bike, eat and sleep well among unique natural and geological sites.
- **Lighthouse island Tankar, Kokkola / tankar.fi**
A romantic lighthouse island surrounded by magnificent sea views.
- **Powerpark, Kauhava / powerpark.fi**
An amusement park with 160 acres full of fun.
- **Ähtäri Zoo / ahtarizoo.fi**
Pandas, wolves and snow leopards, Ähtäri Zoo is home to Finnish and exotic animals alike.
- **Nanoq, Pietarsaari / nanoq.fi**
The first museum in Europe to display the Arctic and Antarctica as well as surrounding areas.

ACCOMMODATION

- **Alma, Seinäjoki / hotelalma.fi**
- **Kalles Inn, Mustasaari / kallesinn.com**
- **Naavaresort, Ähtäri / naavaresort.fi**
- **Hotell Krepelin, Kristinestad / krepelin.fi**
- **Emmes retreat, Kronoby / emmesretreat.fi**
- **Kokkolan Wanha Kartano, Kokkola**
wanhakartano.com





Outdoors

Feel the space in Finland. With pristine wilderness and natural wonders from world heritage archipelagos to national parks, there is plenty to do and the space to do it in peaceful silence. The coastal area is home to acclaimed biking and hiking routes as well as opportunities to experience the sea and archipelago views by ferries, boats or kayaking.

Photo: Jaakko Kivelä

Outdoors South East

EXPLORE THE SIPOONKORPI NATIONAL PARK WITH AN APP

Discover the flora and fauna as well as interesting cultural sites with the help of a forest app created to make the exploration of Sipoonkorpi National Park easy and engaging. You can also book a tour guide.

Duration: 1-3 hours depending on your speed

Starting point / location: Sipoo, South-East Finland, several starting point options, see the app

Group size: 1-5 people or as you wish

Availability: all year around

Guided tour: English

Price: Guiding 80 € / hour, using the app itself is free

Bookings of human guide:

k.hypen@gmail.com / +358 405030804

Required clothing and equipment: outdoor clothes and shoes

How to get there: Directions to the starting points at <https://www.nationalparks.fi/en/sipoonkorpinp> FIT and groups

Download the app at <https://citynomadi.com/route/8f1ecdfeb85ac6799125f4c4c4072845&uiLang=en>

A PRIVATE DAY AT NATURE HAVEN RÅMOSSA LODGE

At Råmossa Lodge our guests enjoy exclusivity and privacy of stunning nature, top-notch premises and attentive service. Our magical forests and freshwater lake, dating back to ice age, give endless possibilities for activities and also calming down. Our meals are from the season's ingredients and are always set beautifully in the log house or outdoors in the nature. Just like you wish. If you are looking for a special experience, this is it.

Duration: 5 hours

Starting point / location: Råmossa Lodge, Porvoo, Finland. 20 mins drive from Porvoo Center/60 mins from Helsinki

Group size: 1-14 persons

Availability: all year round, on request, only one group at a time

Guided tour: English

Price: 295€/person, minimum charge 1 180€/group

Included: Private stay at Lodge and hosting, hiking/snowshoe walking tour, wood-heated sauna, swimming/ice bath, SUP-boarding, fishing, lunch or dinner made of seasons ingredients, coffee/tea, snacks

Bookings: www.ramossa.fi, info@ramossa.fi

+358 50 568 8017

Required clothing and equipment: Suitable outdoor clothes and shoes

How to get there: Taxi/transfer or rental car
FIT and Groups

THE NATURE ADVENTURE

A four-day adventure excursion where you see the lake, river and sea basics of the region up close and personal through various activities from boating to reindeer feeding. Only 1.5 hours from Helsinki Airport.

Day 1 Check in, welcome event

Day 2 A trip to Repovesi National Park.

A guided trip to a reindeer farm

Day 3 Whitewater rafting trip. Small sea trip to the Eco Island

Day 4 Relax or learn fishing. Guided treasure hunting

Day 5 After breakfast check out

Duration: 4 nights, 5 days

Starting point / location: Kouvola

Group size: 8-25 persons

Availability: May-September

Guided tour: English and Finnish (German and Italian upon request)

Price: from 960 € / person

Included: all meals and accommodation, services by Nature Guides, mentioned activities, ponchos if the weather is rainy

Bookings: sales@repovesikeskus.fi

+358 44 784 7411,

www.repovesikeskus.fi

Required clothing and equipment:

Outdoor clothes and shoes

How to get there:

Visitkouvola.fi/en/kouvola-info/location-and-getting-there

Please note: Minimum age requirement 12 years

Normal walking skill is enough to participate the excursion.Excursion is not suitable for participants with reduced mobility



Photo: Visit Finland
/ Bengtskär Lighthouse

Outdoors Helsinki West

BENGTSKÄR LIGHTHOUSE & ARCHIPELAGO SEA CRUISE

Experience the most imposing monument of the Finnish Archipelago Sea, the Bengtskär Lighthouse, as a day cruise.

From Kimitoön: On the daily Archipelago Sights Route cruises, you'll encounter a combination of magnificent sea views and unique destinations like the Rosala Viking Centre, where you can experience Viking life first hand.

From Hanko: Enjoy an archipelago fish soup on board the Hanko-Bengtskär-Hanko cruise, then explore the historical Bengtskär lighthouse with a guide and climb the 252 steps to its top for a breathtaking view.

Duration: KASNÄS: 1 day | HANKO: 6 hours
Starting point / location: Kasnäs, Kimitoön Island or Hanko
Group size: KASNÄS: 1-75 pax | HANKO: 1-155 pax

Availability: June to August
Guidance language(s): English, Finnish, Swedish
Price: KASNÄS: Adults 64€ / person, 4-14 yrs 32€, rates are NET
HANKO: Adults 62€ / person, 4-14 yrs 25€, rates are NET
What's included: KASNÄS: Cruise, entrance fee and guiding Rosala Viking Center (departures from Kasnäs), archipelago fish soup, entrance and guiding Bengtskär lighthouse.
How to get there: KASNÄS: Bus or car
HANKO: Train, bus or car
Bookings and enquiries:
KASNÄS: Rosala & Bengtskär Booking Office www.loistoreitti.fi, +358 40 218 2960
HANKO: Marine Lines www.marinelines.fi
+358 400 536 930 or Hanko Tourist Office webstore visithanko.fi

ARCHIPELAGO BREEZE - THE GUIDED PADDLING TOUR

The historical Mathildedal Ironworks village is full of adventures. The paddling trip is an overnight experience where you wake up to the archipelago sunrise. After the paddling, enjoy an overnight stay in a hotel and relax in a mini-spa by the seashore.

Day 1: Arrival in Mathildedal. 5 km sea paddling with the nature guide's help. An outdoors dinner prepared by open fire on the Isoholma island. Fall asleep to the sounds of a night-time forest in a hut or a tent.

Day 2: Breakfast by campfire followed by 12 km of paddling, where you witness the tidal phenomenon in the Strömma channel and land in Mathildedal harbour for lunch. A 5 km hike in the Teijo National Park, then a sauna and dip in a hot tub by the seashore.

Day 3: Breakfast from local delicacies, self-guided Ironworks village tour full of treats from handmade chocolate to locally brewed craft beer.

Duration: 3 days, 2 nights
Starting point: Mathildedal village, located in Salo, 110 km from Helsinki
Group size: K6-12 pers. Also available for larger groups.
Availability: May-September
Guidance language(s): English
Price: 332€ / pax, rates are brutto
What's included: Authorized paddling guidance and liability insurance, kayak rental, campfire lunch, overnight stay in a lean-to or a tent, campfire breakfast, in addition at Mathildan Marina: welcoming coffee and all dinings (dinner, breakfast, buffet lunch or islander brunch), accommodation in shared double room, sauna and hot tube
Supplements / Optional extras:
Single room, guided tour at Artisan village
How to get there: Helsinki-Mathildedal 2 h.
You can take an airport bus or train from Helsinki airport, bus or train from Helsinki city centre to Salo. Salo-Mathildedal 24 km. In summer several busses from Salo to Mathildedal.
Bookings and enquiries:
Hotel Mathildan Marina www.mathildanmarina.fi
info@mathildanmarina.fi | +358 45 6477 040

AN OFFLINE DAY IN THE PEACE OF NATURE

Let go of electronics and enjoy lake views, the forest and fishing - for this trip, you make a promise to stay offline. Two hours of fishing, a visit to a picturesque

Villa by the lake for a menu of Finnish specialities, then a trek to a nearby island full of peace and quiet. Experience the soothing, calming affect of the peace of nature.

Duration: 4 hours, with transportation from Helsinki 6 hours
Location: Take the "Lohja bus" from Helsinki, an hour away from beautiful lake town Lohja. From the Lohja bus station walk the street down (about 650m, 6 minutes) to harbour and meet our Fishing guides at the boat.
Group size: For groups (min. 2 - max.10 pax) Our Sun Tracker Fishing Barge boat is for 8-10 pax (plus guides).
Availability: May – September on request and possibility for several 4-10 person boats and Fishing Guides for bigger groups.
Guidance language(s): Finnish, English
Price: 880 €/6-8 pax group (147-110 €/pax) | 700 €/4-5 pax group (180-145 €/pax).
Bigger groups: 1 380 €/9-12 pax group inc. 2 guides & boats (154€/pax), rates are brutto
What's included: Fishing experience, Learn how to boil coffee at campfire, visit in the forest wilderness, guides, boat and gasoline, coffee by campfire
Optional extras:
Bus transportation, lunch.
Note: Remember to choose good shoes in the morning for outdoor and forestwalk.
How to get there: Distance from Helsinki to Lohja and Aurlahti beach: 60 km. From the Lohja bus station walk the street down (about 650m, 6 minutes) to harbour and meet our Fishing guides at the boat. We can also meet you at the bus station. There is also taxi stop in the front of bus station.
Bookings and enquiries:
Therafish, +358 (0)440402517 | info@therafish.fi
www.therafish.fi or Webshop:
https://johku.com/therafish/fi_FI/catalog/#/1/3



Photo: Julia Kivelä

WINTER WALK AND CAMPFIRE IN A NATIONAL PARK SETTING

This short, guided winter walking tour introduces you to the tranquility of winter forests in either Nuksio National Park or Teijo National Park. Depending on the weather, you can snowshoe or walk along easy trails that offer plenty to see, and your guides will share stories of natural treasures. Nuksio has natural forests and rocky gorges surrounded by water formed by the Ice Age, while Teijo is full of peaceful lakes, seashores, forests and marshes.

Duration: ESPOO: 4 h, including transports. Departure: 17:00 pm., back downtown at 21:00 pm. (Wednesday and Friday), 10:00 am, back downtown 14:00 pm (Sunday)

TEIJO: 1,5-3 h depending on you wishes.

Location: ESPOO: Nuksio Hawk Nest, Nuksio National Park, Espoo, pick-up: Kiasma Museum of Contemporary Art (bus stop), address Mannerheiminaukio 2, FI-00100 Helsinki

TEIJO: Teijo National Park is situated in Salo south-west Finland coastal area. Helsinki-Salo 110 km | 1 h 20 min, Helsinki - Teijo 140 km | 2 h. pick-up: Hotel Mathildedal, Ruukinrannantie 6, FI-25660 Mathildedal.

Group size: ESPOO: 1 – 8 pax for guaranteed departures, tours are available for bigger groups on request
TEIJO: 4 – 8 pax for guaranteed departures, tours are available for bigger groups on

Availability: ESPOO: January 16 – April 30 2019 every Wednesday, Friday and Sunday for individuals.

For groups every day on request.

TEIJO: from October to April on request.

*)Snow and icy lakes in Jan-Feb.

Guidance language: English

Price: ESPOO: 79 € / pax, commission 15% for guaranteed departures. For bigger groups ask for a separate inquiry.

TEIJO: starting 39 € / pax. For bigger groups ask for a separate inquiry-

What's included: ESPOO: Transports from downtown Helsinki, guide, water bottle and snack.Finnish delicacies: Karelian pie, egg-butter, bread cheese (leipäjuusto), cloudberry jam, Finnish sausage on the fire, Dropp-water

TEIJO: Guiding, rent of snow shoes or walking sticks, rent of head lights (night trips), hot drinks and traditional sweet pancakes made by the fire.

How to get there: ESPOO: The guaranteed departures include return transportation from Helsinki City Centre

TEIJO: Helsinki-Mathildedal 140 km | 2 h. You can take an airport bus or train from Helsinki airport, bus or train from Helsinki city centre to Salo.

Salo – Mathildedal 24 km.

Bookings and enquiries:

ESPOO: Natura Viva Oy | www.naturaviva.fi

info@naturaviva.fi | +358 10 2924 030

TEIJO: Hotel Mathildedal | www.mathildedal.fi

info@mathildedal.fi | +358 50 3542 487



Outdoors Finnish Archipelago

A SEA KAYAKING ADVENTURE ON THE ARCHIPELAGO SEA

Sculptured by the latest Ice Age into 40,000 unique islands and skerries, the Finnish Archipelago Sea is one of the world's big wonders for sea kayakers. As a part of a small group, you get to experience everything from swimming in the sea to luxurious camping spots in the wilderness. Suitable for families with children and beginners who want to take it easy as well as for the more experienced kayakers.

Note! The trip is not suitable for persons with reduced mobility, as package include kayaking.

Duration: 3 days, 2 nights

Location: Finnish Archipelago Sea, South-West Finland, transportation from Turku

Group size: 3-10 persons

Availability: Tuesdays to Thursday June to August 2019-2020

Guidance language: English

Price: From 560€/adult, 380€/child 8-12 years, 490€/child 13-15 years. Minimum charge 3 pax

What's included: Transportation from Turku, a nice and skilled sea kayak guide, all food, prepared by the guide, high quality sea kayaking, outdoor and extensive camping equipment, guided trip and basic technique training

Supplements: Accommodation before and/or after the expedition; dry-suits; cottage accommodation during expedition

How to get there: Closest airport, train and bus stations at Turku. Distance from Helsinki airport 2h drive/180km

Bookings and enquiries:

Finnish Archipelago Incoming/Visit Turku/Sales +358 2 2627 900 sales@visitturku.fi, price given above is NET price



BIKE THE FAMOUS ARCHIPELAGO TRAIL

A famed bike route that takes you through small, hospitable archipelago islands and their magnificent views. Enjoy the sea breeze, local food, traditional events and a relaxing sauna by the sea. A self-guided tour.

Note! The trip is not suitable for persons with reduced mobility, as package include biking.

Duration: 7 days, 6 nights

Location: Naantali, Merimasku, Velkua, Kustavi, Iniö, Houtskär, Korppoo, Nauvo, (Rymättylä), Parainen, Turku (starting point Naantali/Turku)

Group size: Minimum 2 pax (larger groups on request)

Availability: 17 May – 1 September 2019-2020

Guide: Self-guided tour

Price: from 698€ per person, when 2 persons buy

What's included:

6 nights accommodation, 2 in cottages and 4 in twin or double room en suite, 4 x breakfasts, Sauna possibility at each place, bike rental (24-speed bike) for one week, including helmet, sidebags, toolkit, maps, directions, what to experience

Supplements: Guided town tours (Naantali, Turku, Nauvo), guided nature hikes: berry-picking, mush-rooming, bird-watching, traditional treatments, nature hike to campfire, fishing trips, additional nights, lunch, dinner, visits to different sights, golf, spa, wellness services

How to get there: Closest airport, train and bus stations at Turku. Busses go often between Naantali and Turku. Distance from Helsinki airport 2h drive/180km

Booking & commissions:

Finnish Archipelago Incoming/Visit Naantali, +358 44 7566 813, Joonas.katajisto@visitnaantali.com, price given above is NET price

HIKE THE SAVOJÄRVI TRAIL

The largest mires in South West Finland surrounded by old forests. The Savojärvi lake tour is a new trail that runs along magnificent lake side sceneries and through a vast marshland. Have a picnic, pick berries or mushrooms, brew coffee over the campfire and enjoy an easy walk, thanks to the footbridges.

Duration: 2 hours, distance covered around 6 km

Location: Kuhankuono hiking area, lake Savojärvi

Group size: 5-20 persons

Availability: from March to November 2019-2020

Guide: Guided hiking tour in English

Price: 5-10 persons: €47 /pp 11-15 persons: €31 /pp

16-20 persons: €26,50 /pp

What's included: services of a guide, as well as coffee and snacks by an open fire.

Supplements: transportation to Savojärvi

How to get there: Closest airport, train and bus stations at Turku. Distance from Helsinki airport 2h drive/180km. With own car it is easy to get to Kurjenrahka National Park, ask Visit Turku

Booking & commissions:

Finnish Archipelago Incoming/Visit Turku/Sales +358 2 2627 900, sales@visitturku.fi, prices given above are NET prices

GRANIT ROAD TO THE HISTORY OF ÅLAND

Bike your way through the interesting and unique history of the Åland islands. Get a taste of royal life wandering the medieval halls of Kastelholm castle or walk among the ruins of Bomarsund citadel, hearing the sighs of the cannons that went silent after the Crimean War in 1854. Your accommodation will be nearby at the cozy Kastelholm guest house.

Duration: 3 nights, 4 days

Location: Åland island, Starting from Mariehamn

Group size: 1-9 persons

Accommodation: Kastelholms gästhem, Hotell Savoy

Availability: May-September 2019-2020

Guide: Self-guided

Price: from 281,50€/person

Distance: Mariehamn-Kastelholmsgästhem ~ 25 km

What's included: bicycle with 3 gears and basket, helmet, pannier bags, 2 nights at Kastelholm guest house, share in double room incl. bed linen and breakfast, bicycle map of Åland, 1 night at hotel Savoy, share in double room incl. breakfast, 3-course Archipelago Dinner at hotel restaurant Bistro Savoy* *Some days the dinner is served at restaurant Kvarter 5 approx. 200 m by foot from Savoy.

Supplements: Guided granit road tour, prices from 102€

How to get there: Closest airport at Mariehamn, cruise boat harbour at Mariehamn. Cruise boats from Turku everyday

Booking & commissions:

Finnish Archipelago Incoming/Visit Turku/Sales, +358 2 2627 900, sales@visitturku.fi, price given above is NET price





Photo: Vastavalo / Eemeli Peltonen

Outdoors Destination Kvarken

ICE FISHING IN VAASA ARCHIPELAGO

Experience ice fishing on the sea ice near the city of Vaasa. No prior fishing experience is required as ice-fishing suits everyone. It is, however, easier to enjoy the experience on the ice in warm and windproof clothing. The tour starts from one of the beaches in or near by Vaasa City center. 4-8 people can enjoy this unique experience.

Duration: 3 h

Starting point: Inner Harbor of Vaasa

Group size: 4-8 pers. Also available for larger groups.

Availability: The trip is available Saturday to Wednesday in February - April, ice conditions permitting.

Guidance language(s): English, Swedish, Finnish

Price: 40 eur / person 10% commission included in the prices

What's included: Fishing guide services. Ice fishing equipment including also safety device. A backpack, warm rubber boots and gloves if needed. Warm juice.

Supplements / Optional extras: Coffee/tea and snack 6 euros/person. Customer needs to dress in warm clothes. Bring a hat, windproof outer clothing and bring a spare warm jumper.

How to get there: The starting point is at walking distance from City Center of Vaasa

Bookings and enquiries:

info@kvarkennatureandfishing.fi, Carina Rönn,
+358 44 5272314 carina.ronn@pescamare.fi
www.kvarkennatureandfishing.fi/home-en-us

We hold the right to make adjustments and ask you to kindly confirm the specific itinerary and pricing directly with the tour provider.

KAYAKING THE WORLD HERITAGE SITE KVARKEN

3,5 hours of kayaking in the heart of the UNESCO World Heritage area of Kvarken Archipelago Nature Reserve. Experience the pristine archipelago together with an experienced guide in a small group so that you can get the most out of your tour.

Duration: 3,5 h

Starting point: Björköby, Svedjehamn or Södra Vallgrund

Group size: 1-5 persons

Availability: June to August

Guidance language(s): English, Finnish, Swedish

Price: 1 person 216 €, 2 persons 432 €, 3 persons 486 €, 4 persons 648 €, 5 persons 810 €

Comission: 20% included in the price

What's included: The guidance. Coffee or tea and sandwiches. Rent of a quality kayak with equipment.

Necessary equipment: Swimming skills required and some paddling experience is needed.

How to get there: Björköby and Södra Vallgrund is reachable by bus or car.

Bookings and enquiries: booking@visitvaasa.fi
Erkki Laakso +35850 4699007

We hold the right to make adjustments and ask you to kindly confirm the specific itinerary and pricing directly with the tour provider.

PIKE FISHING IN THE WORLD HERITAGE SITE KVARKEN

Pike fishing tour is a good way to experience the unique Kvarken Archipelago. The shallow and rocky sea studded with islands provides many good fishing opportunities. Pike and perch are the most plentiful fish in the Vaasa archipelago and Kvarken area.

The tour starts from one of Vaasa harbors or from Klobbskat-harbor, (approx. 45 min drive from Vaasa).

Max number of persons is 4 due to space in the boat.

Duration: Two options: 3 h or 7 h + transport time depending on starting point

Location: The tour starts from one of Vaasa harbors or from Klobbskat-harbor, (approx. 45 min drive from Vaasa).

Group size: Groups 1-4 persons

Availability: May – September

Guidance language(s): English, Swedish, Finnish

Price: whole boat, 1-4 persons: 3 h trip: 360 € + fishing license 7 € / person, 7 h trip: 560 € + fishing license 7 € / person. 10% commission included in the prices

What's included: Fishing experience. Fishing guide services. Safety equipment. Fishing equipment. Coffee or tea on 3h trip. Light lunch + coffee or tea on 7h trip

Optional extras: Bus transportation, lunch.

Note: All persons 18-64 years of age have to have a fishing license. If needed, the license will be handed out, by the fishing guide for an additional cost.

How to get there: The tour starts from one of Vaasa harbors, walking distance from the city center or from Klobbskat-harbor (approx. 45 min drive from Vaasa by car).

Bookings and enquiries:

info@kvarkennatureandfishing.fi, Carina Rönn
+358 44 5272314 carina.ronn@pescamare.fi
www.kvarkennatureandfishing.fi/home-en-us

We hold the right to make adjustments and ask you to kindly confirm the specific itinerary and pricing directly with the tour provider.



Photo: Aku Pöllänen



Photo: Koski



Culture

Time to get quirky. Finns are known for their love of unusual events from air guitar to wife carrying world championships. But the coast & archipelago area is also full of historically significant sights and museums, artistically ambitious exhibitions, new taste experiences and much more.

Culture South East

WORLD HERITAGE SITE VERLA GROUND-WOOD AND BOARD MILL MUSEUM

A UNESCO World Heritage site since 1996, Verla is a unique sight. An old board mill located in a peaceful rapid landscape, it has been the heart of the village since the 1870s. Relive the early history of forest industry and local village life by visiting original mill buildings and machinery, lodging buildings and much more.

Services: Lunch Café, open according to the museums opening hours (for groups preferably by arrangement), Craft shops, Museum Shop, Winery, Accommodation in Verla Rental cottages (can be booked only online www.verlanmokit.fi/en - these are former cottages of the mill workers).

Other: Summer exhibitions, History walk – a short route with infos in the mill area, pre-historical rock painting.

Duration: guided tour approx. 60 minutes

Starting point / location: Verla Mill Museum, 30 kilometers from Kouvola city centre

Availability: 2 May – 30 September

eTue-Sun 11:00-16:00. From midsummer until the end of August open daily 10:00-18:00. (the museum is closed in midsummer Friday and Saturday)

Guide: Guided tour

Languages in Summer on request: Finnish, Swedish, English, German, Russian.

Every tour begins with a 10 min documentary of the mill spoken in Finnish, Swedish, English, German, French, Russian or Spanish, subtitled also in Italian, Japanese and Chinese. Written summaries of the mill tour available also in other languages.

Price: Adults €10/person, Pensioners and students €8. Museum admission for groups (min. 20 persons) €8/person incl. guided tour. Tour leader and bus driver free of charge. (incl. VAT 10%)

Bookings: +358204152170 (according to museum opening hours), museum.verla@upm.com, www.verla.fi FIT and Groups

SOLVE THE ISLAND RIDDLES ON ADVENTURE HIKES

Collect the clues to solve the island riddle as you stroll through the enchanting forest along stunning cliffs and silent waters. At the end, the team is rewarded with a delicious lunch in the forest and lots of stories in good company.

Duration: 2-3 hours

Starting point / location: Pellinki archipelago in Porvoo

Availability: april-october

Guided tour: in English and Swedish

Price: 48 € / person (groups of 4-6 people, larger groups by agreement)

Included: locally produced backpack lunch

Bookings: www.islandriddles.com

Required clothing and equipment: outdoor clothes and shoes

How to get there: starting point in Pellinki archipelago 33 km from the Porvoo bus station.

Rental car / charter transfer needed

FIT and Groups



A CRUISE TO THE HISTORICAL AND EXCITING SVARTHOLMA SEA FORTRESS

The Svartholma Sea Fortress is a popular destination for the whole family. The fortress island is situated approximately 10 km from the Loviisa town centre. Visitors can visit Svartholma by scheduled boat, which leaves from Laivasilta Marina. or by a own boat Services available on the island include guided walking tours, an exhibition presenting the colorful history of the fortress, a summer restaurant and a port with about 70 guest boat berths.

Duration: 21.6.-11.8.2019

Starting point / Location: Loviisa Laivasilta Marina

Group size: 1-29 pax

Availability: Fixed departures 21.6.-11.8.2019

Self-guided/guided - guidance language: Guided tour in English as needed

Price: F18-9€/person/Cruise, Guided tour 6€/person

What's included: Cruise, guided tour

Supplements / Optional extras: Restaurant services

How to get there: By Scheduled boat transportation

from the Laivasilta Marina in Loviisa (1 km form the City Centre / the bus-station in Loviisa.

Bookings and comissions:

MARITIME CENTRE VELLAMO

Home to the Maritime Museum of Finland and the regional Kymenlaakso museum, Maritime Centre Vellamo is full of stories about the sea and the region. Dive deeper into seafaring history with guided tours or explore the museum independently.

Price: Adults €10, Students, pensioners and conscripts €6, Group ticket (at least 15 adults) €6 per person; Under 18-year-olds and personal assistants free admission

Availability: Mon closed, Tue, Thu–Sun 10am–5pm, Wed 10am–8pm

Contact: Tornatorintie 99, FI-48100 Kotka, Finland +358 40 350 0497, info@merikeskusvellamo.fi, www.merikeskusvellamo.fi/en/ FIT and Groups



Photo: Ari Karttunen

Culture Helsinki West

TASTESCAPE WORKSHOP IN EMMA (ESPOO MUSEUM OF MODERN ART)

EMMA is an art museum that believes in the power of art to inspire and evoke a unique visual and spatial experience. EMMA is also Finland's Museum of the Year 2018. What does art taste like? The workshop begins by offering inspiration and fresh insights into the current exhibition. Then it's time to get experimental and create art with food using a colorful palette of flavors ranging from sweet to savoury. After the workshop, we photograph each masterpiece and gather for a feast!

Duration: 2 hours

Location: EMMA - Espoo Museum of Modern Art, WeeGee Exhibition Centre, Ahertajantie 5, Espoo, 10 km from Helsinki City Centre

Group size: 10 - 20 pax

Availability: Available all year round during museum opening hours.

Guided & guidance language(s): English and Swedish

Price: 44 € / pax, rates are NET.

What's included: The price includes admission, a guided tour of the exhibition and a guided workshop, meal included. **Supplements / Optional extras:** Regular or non-alcoholic sparkling wine must be ordered separately. In cooperation with Café WeeGee.

How to get there: By West Metro from Helsinki City Centre to Tapiola Metro station + 800m walking, By own car / bus. There's a parking area right in front of the museum.

Bookings and enquiries: info@emmamuseum.fi, +358 43 827 0941, Mon - Fri 10-14

Book online: www.emmamuseum.fi/tastescapes

We hold the right to make adjustments and ask you to kindly confirm the specific itinerary and pricing directly with the tour provider.

SAILING THROUGH THE OLD TIMES

A pride of the Archipelago Sea, the traditional sailing yacht Eugenia, is waiting for you to step onboard and enjoy the Archipelago Sea like sailors have done for centuries. The sea wind hits the sails and takes us out amongst the thousands of islands. The heaviest work is left to the experienced crew, however, as a guest you are welcome to participate in the work, learn some sailing techniques and the history of sailing in the Archipelago Sea. You can also just to lay down on deck and enjoy the scenery and the refreshing sea breeze.

Duration: 4 hours

Starting point: Kasnäs, Kimitoön Island

Group size: 15-28pax

Availability: 15 May to 30 September

Guidance language(s): English, Finnish, Swedish

Price: 69€ / pax, rates are NET

What's included: Cruise, archipelago fish soup on-board

How to get there: Bus or car to Kasnäs, Kimitoön, 2hrs from Helsinki

Booking and inquiries: Finnish Archipelago Booking, www.saaristovaraus.fi, +358 2 410 6600, info@saaristovaraus.fi

THE ARTISAN TOUR IN MATHILDEDAL IRONWORKS VILLAGE

Mathildedal is an old Ironworks village from the 1850s, situated on the edge of Teijo National Park and close to the sea. Welcome on a journey of flavors appreciating local food, handmade artisan delicacies and lifestyle boutiques with their own designs. You can also visit the village alpacas or the textile weavery shop, relax by the sea, and much more.

Duration: 4 hours

Starting point: Mathildedal village, located in Salo, 110 km from Helsinki

Group size: 20-35 pax.

Availability: April - December

Guided/Self-guided: Guided for groups, self guided for individuals

Guidance language(s): English, some parts in Swedish and German

Price: 59€ / pax, rates are NET. Individuals can purchase taste plates as wished.

What's included: Guidning & tastings (PetriS handmade chocolate, tasting from the local beer, cider or coffee, sourdough bread. Lunch served with dark archipelago bread

Supplements/Optional extras: Accommodation, bakery's tasting platter, open fire lunch/dinner in Teijo National Park, nature guiding in Teijo National Park

How to get there: Helsinki-Mathildedal 2 h. You

can take an airport bus or train from Helsinki airport, bus or train from Helsinki city centre to Salo. Salo-Mathildedal 24 km. In summer several busses from Salo to Mathildedal and Teijo National Park.

Booking and inquiries: Hotel Mathildedal www.mathildedal.fi, info@mathildedal.fi, +358 50 3542 487



TYTYRI MINE EXPERIENCE AT 110 METERS

Tytyri Mine Experience is a unique and multi-faceted travel destination 110 meters below ground level. Although the dark and humid museum area is filled with underground sounds, it is a very safe distance away from the excavation work happening deeper below. The tour is made complete with a music and light show.

Duration: 1,5 hour guided tour

Location: Kuilukatu 42, Lohja

Group size: 1-10 pax, larger groups available on request

Availability: All year round on request

Guided: Guidance languages: finnish, english, swedish, german

Prices for public tours: 16€/adult, 9€/(5-16 years), 47€/family (for two adults and max. 3 children), rates are BRUTTO

Prices for groups: 100€/private group minimum charge. Group discounts available. Reservation needed, rates are BRUTTO

What's included: Entrance fee, guiding, helmet.

Note: The temperature in the Mine Experience is +8 °C throughout the year. Good walking shoes and warm clothing. Each visitor will be given a helmet at the beginning of the tour. Underground destination is not accessible for persons with wheelchair.

Optional extras: Downjacket during the tour 2€

How to get there: Easiest to reach by car. Motorway E18 branches northward to Lohja at intersection 23. From there, drive along the Hanko-Hyvinkää road to the centre of Lohja. After that follow the signs to Tytyri Mine Experience. Nearest bus station is in the center of Lohja, 2,5 km. Distance from Helsinki 63 km.

Booking and inquiries: Lohja Tourist Office +358 (0)44 369 1309, tourist@lohja.fi

www.tytyrimineexperience.com





Culture Finnish Archipelago

THE FORMER CAPITAL OF FINLAND FROM A RIVER PERSPECTIVE

Enjoy the oldest city in Finland and the European capital of Culture 2011. The river and sea have played a pivotal role in the birth and development of the city of Turku. The idyllic boat ride takes you through the city center, bisecting the River Aura under bridges, past riverboats and admiring the cityscape from the river perspective. A return trip extends from the shores of the Cathedral towards the mouth of the River Aura. During this time you'll hear about the riverside sites of interest as well as the sea and river, from Turku's past to the present day.

Duration: 1 h
Location: Turku, Aurajoki River
Group size: 1-7 people (min-max)

Availability: May-September 2019-2020
Guide: Guiding in English (other languages on request)
Prices: 154€/ (Mon-Sat), 215€/group (Sundays and public holidays)
What's included: 1 hr guidance, 1 hr hire of Låna electric picnic boat
Supplements: extended guidance, picnic basket for the boat
How to get there: Closest airport, train and bus stations at Turku. Distance from Helsinki airport 2h drive/185km
Booking & commissions: Finnish Archipelago Incoming/Visit Turku/Sales, +358 2 2627 900 sales@visitturku.fi, prices given above are NET prices

TWO UNIQUE UNESCO WORLD HERITAGE SITES IN RAUMA

Visit both World Heritage sites and learn about their significance and value today. Elaborately decorated wooden houses, idyllic streets views - enchanting Old Rauma is a unique example of a living and well-maintained old Nordic wooden town. The burial cairn area of Sammallahdenmäki lets you experience the religions and burial traditions of the people who lived here during the Scandinavian Bronze Age (1500-50 BC).

Note! This is a walking tour. Sammallahdenmäki is in the forest with narrow paths. In wet weather the cliffs and tree roots can be slippery.

Duration: 3,5 h
Location: Rauma
Group size: 10-50 (min-max)
Availability: April-October 2019-2020
Guide: Guidings in English
Prices: 241€ (when group size 10-25), 482€ (when group size 26-50)
What's included: guide services in Old Rauma (1,5h) and in Sammallahdenmäki (1,5h) in English
Supplements: Coffee break, lunch, Visits to Old Rauma museums and artists' destinations, bus transport from Rauma city centre to Sammallahdenmäki and back
How to get there: Bus station in Rauma, many daily services from Helsinki and Turku
Booking & commissions: Finnish Archipelago Incoming/Visit Naantali, +358 44 7566 813, joonas.katajisto@visitnaantali.com prices given above are NET prices

CULTURE AND CULINARISM AT AHLSTRÖM WORKS

An idyllic historical industrial area with beautiful guest houses, Ahlström Works is located just 15 minutes from Pori centre. Fascinating history, outdoor activities, an award-winning restaurant and a world-famous design home Villa Mairea, designed by Alvar Aalto.

Day 1: Arrive in Noormarkku and have lunch at Noormarkku Club. Enjoy a guided cultural tour about the area and its history at Ahlström Voyage exhibition. Evening is spent visiting different saunas, including the traditional smoke sauna. Dinner can be enjoyed at sauna premises or at Noormarkku Club.

Day 2: After a delicious breakfast, you will have a guided tour in Villa Mairea. You can also use our brand new gym or use the tennis court before you have lunch at Noormarkku Club.

Duration: 2 days and 1 night
Location: Noormarkku, Pori
Group size: 8-20 pax (min-max)
Availability: Year around 2019-2020
Guide: Guidings at sites in English
Prices from: from 208€ / person (min 8 pax)
What's included: Accommodation 1 night in shared double room, breakfast and 2 x lunch, sauna, Cultural tours in Villa Mairea and Ahlström Voyage exhibition
Supplements: Guided tours in Pori, extra nights
How to get there: Pori train station (many trains from Helsinki via Tampere daily), bus station.
Booking & commissions: Finnish Archipelago Incoming/Visit Naantali, +358 44 7566 813, joonas.katajisto@visitnaantali.com price given above is NET price



SMALL ARCHIPELAGO TRAIL WITH A LOCAL FOOD THEME

Start the day in Naantali with the best waffles in the world, then proceed to Rymättylä to visit Mikola Organic food farm. Next up is Dikseli, a traditional herring museum, and Brinkhall's Sparkling Wine Factory. After the tour and the tastings, you get to cross to Nauvo by ferry, a great chance to see the archipelago spread out in front of you. Explore the beach boulevard in Nauvo, then head to the Tammiluoto winery for a dinner and an introduction. Tour ends in Naantali.

Note! The trip is challenging for persons with reduced mobility.

Duration: 9 hours

Location: Naantali, Rymättylä, Nauvo, Parainen
Group size: 10-17 (min-max)

Availability: 17 May – 1 September 2019-2020

Guide: Guided tour in English (other languages on request)

Prices from: 228€ per person (min 10 pax)

What's included: Bus transportation, guide's services all day, visiting Mikola Organic food farm, Dikseli Herring museum, wine tasting at Brinkhall's, m/s Östern ferry crossing, Introduction and dinner at Tammiluoto
Supplements: Guided town tours (Naantali, Seili, Utö, Nauvo), guided nature hikes: berry-picking, mushrooming, bird-watching, traditional treatments, nature hike to campfire, fishing trips, overnight stays, lunch, dinner, visits to different sights, golf, spa, wellness services

How to get there: Naantali is easy to reach by bus from Turku, distance from Helsinki 185km / 2 hours drive by car

Booking & commissions: Finnish Archipelago Incoming Visit Naantali, +358 44 7566 813
Joonas.katajisto@visitnaantali.com,
price given above is NET price



Photo: Juho Kuva



Culture Destination Kvarken

LIGHTHOUSE ISLAND TANKAR

Today, Tankar is, in terms of tourism, one of Finland's most important lighthouse islands. The lighthouse from year 1889, Tankar Chapel built in 1754, and the sailing museum are very popular attractions in Tankar. Enjoy your delicious and traditional salmon soup in outdoor patio.

Duration: 5 hours

Starting point: Kokkola, Meripuisto / Central Ostrobothnia

Group size: 1-177 pax

Availability: 5.6. - 31.8.2019. According to the cruise timetable.

Guidance language(s): English, Finnish, Swedish, other languages on request.

Price: 50 € /person

What's included: A cruise to Lighthouse Island Tankar onboard M/S Jenny. Guided island tour. Traditional

salmon soup, salad, bread, beverages, coffee/tea and sweet pie. Coffee/ tea and pastry onboard

- Weather reservation

- Accommodation on the island (max. 40 pax)

How to get there: The boat to Lighthouse Island Tankar departures from Meripuisto. It takes approx. 30 min to walk or approx. 10 min to drive from the City Center of Kokkola to Meripuisto.

Booking and inquiries: Visit Kokkola, Maija-Stina Sundström, +358 44 7809 713, +358 40 8065 075
maija-stina.sundstrom@kokkola.fi

www.visitkokkola.fi

We hold the right to make adjustments and ask you to kindly confirm the specific itinerary and pricing directly with the tour provider.

TYYNELÄN TONTTULA - FINNISH CULTURAL HISTORY AND HANDICRAFT PRESENTED BY FINNISH ELVES

In the old times, people in Finland believed Finnish elves, called tonttu, lived in saunas, barns and homes. It was also believed that elves helped people with different tasks, even if you rarely saw an elf in everyday life. Visit Tyynelän Tonttula, an area with several buildings from the 18th century, to hear about the secret life of Finnish elves and the cultural history and customs of the region. Each elf is handmade and has its own personality and name, and his or her own place at the farmhouse. You can also buy your own elf to take home with you from Tonttula.

Duration: 1-2 hours

Location: Tyynelän Tonttula, Västerbyvägen 238, 68560 Eugmo

Group size: 1-40

Availability: December 1st to 22nd and daily in July. (Other times can also be arranged)

Guidance languages: English, Finnish, Swedish

Price: 12€/person. 20% commission included in the price

What's included: Guided tour on the area.

Supplements / Optional extras: Coffee and beverages can be bought from the cafeteria. Possibility to buy your own elf

How to get there: By car from Jakobstad or Kokkola.

Booking and inquiries: Visit Kokkola, Maija-Stina Sundström, +358 44 7809 713, +358 40 8065 075 maija-stina.sundstrom@kokkola.fi

www.visitkokkola.fi

We hold the right to make adjustments and ask you to kindly confirm the specific itinerary and pricing directly with the tour provider.

GUIDED WALKING TOUR OF THE AALTO CENTRE IN SEINÄJOKI

The Seinäjoki Aalto Centre was designed by world famous architect Alvar Aalto. The six buildings are located close together in the middle of Seinäjoki city center within walking distance from Seinäjoki railway station. A guided walking tour led by a local guide from Seinäjoki will include the Lakeuden Risti Church, Seinäjoki City Hall, Seinäjoki City Theatre, Aalto Library and the world's largest collection of Aalto glassware. You will also see the architecturally spectacular Apila Library, designed by JKMM Architects.

Duration: 1,5 – 2 hours

Location: Starting point: in front of the Seinäjoki City Hall, Kirkkokatu 6, Seinäjoki

Group size: 1 – 25 persons / one guide

Availability: All year round on request

Guided: Guidance languages: finnish, english, swedish, german, russian, Japan

Prices: € 115 / 1,5 h

€ 132 / 2 h

€ 195 Sunday / 1,5 h

€ 230 Sunday / 2 h

A service fee of € 20 /group will be added to the order

Comissions: net-price

What's included: Guided walking tour led by a local guide from Seinäjoki, entrance fees.

Optional extras: Coffee, lunch, dinner

How to get there: Walking distance from center of Seinäjoki

Booking and inquiries: South Ostrobothnia Tourist Service Ltd, +358 6 420 9023, ulla.laukkala@epmatkailu.fi, www.epmatkailu.fi, www.visitseinajoki.fi

THE KVARKEN ARCHIPELAGO HIKING PACKAGE

Experience the beautiful nature of the Kvarken archipelago (World Heritage site) by hiking the Björkö-Panike nature trail, which is approximately 13 kilometers long. The journey through the unique skerries and forests of the archipelago starts from the idyllic Svedjehamn, Björköby. Along the trail you will find fireplaces, resting areas, information and map signs as well as dry toilets. Two short straits will be crossed by boat. It is possible to hike this nature trail either with or without a guide.

Duration: 4,5 h, barely any height differences

Starting point: Björköby, Svedjehamn

Group size: 1-12 persons

Availability: June to August

Guidance language(s): English, Finnish, Swedish

Price: 1065 € with a guide

800 € without a guide

Including Commission 20%

What's included: Transportation from the Vaasa city center to the archipelago and back is included in the price. Boat transfers

Necessary equipment: proper shoes/rubber boots, raincoat, headwear.

Take your own packed lunch and water with you.

How to get there: To Björköby, by bus or car

Bookings and enquiries: booking@visitvaasa.fi

Erkki Laakso +35850 4699007

Local Life

Enjoy the little things. Finnish life has always been all about finding joy in precious everyday moments, whether enjoying the light midsummer nights on the patio or a particularly good cup of coffee.

Escaping into the peace of nature is also an important part of Finnish life, and the coast & archipelago area is home to tens of thousands of summer cottages and houses that Finns escape to, especially during the summer.



Local Life South East

SMAKU - A GUIDED WALKING AND TASTING TOUR IN OLD PORVOO

“SMAKU”, meaning taste, is a joint creation of the restaurants of Porvoo. The participating restaurants provide visitors with taster-sized food portions as they journey around the town on this tasting adventure. Locally produced, seasonal ingredients are used for each portion. An accredited guide will give you the story of each restaurant and the foods they cook, as well as the history of the second oldest city in Finland, Porvoo, and the Finnish culinary culture.

Duration: 3 hours
Starting point / location: city center of Porvoo
Group size: 2-12 people
Availability: year-round
Guided tour: Swedish, English, German, Russian

Price:
 2 persons 122 € / person
 4 persons 73 € / person
 6 persons 58 € / person
 10 person 45 € / 7 person
 kindly contact the tour provider regarding commission
Included: 4 SMAKU-portions, accredited guiding service
Bookings: Porvoo Tours, mi.saxen@porvootours.fi, +358 (0)19 574 2200
Required clothing and equipment: good shoes to wear on the cobblestone streets
How to get there: by car or by bus
Visitporvoo.fi/by-bus
 FIT and Groups

AUTHENTIC LIFE STORIES BY THE RIVER KYMENJOKI

A complete, fully guided travel package of 3 days that includes transportation, tasty local food, outdoor activities and an introduction to Finnish art - all the while surrounded by the clean nature of valley of the River Kymijoki. Enjoy berry picking, Nordic walking or snow-shoeing, dive into stories about salmon, enjoy art at a home gallery and sleep well in cozy accommodations near the River Kymijoki and the Gulf of Finland.

Duration: 3 days, 2 nights
Group size: 9-16 persons
Availability: year-round
Guided tour: English, limited German, Swedish and Russian
Price: 511-685 € (groups of 9–16 persons); 511 € /person in a group of 16 persons, 685 €/person in a group of 9 persons, max 16 pax. Kindly contact the tour provider regarding commission Included: all transportations from and to Helsinki airport, accommodations with buffet breakfasts, meals, entrance fees/cruise, means of activities, guide services
Required clothing and equipment: clothes and shoes for outdoor activities, casual at wine dinner
How to get there: Arriving to Kotka Visitkotkahamina.fi/en/arriving Groups
Bookings: Travel Agency Kymenmatkat, kotka@kymenmatkat.fi | +358 5 211 1600

HOUSING FAIR SHOWCASES HOW FINLAND LIVES

Housing Fair Finland is a globally unique event for everyone interested in all things related to housing: architecture, building, materials, interior design, furnishing, landscaping. Set up in an area with houses built specifically for the event, the fair is a great place to explore Finnish living. The 2019 Housing Fair showcases a historic garrison area transformed into a high-quality residential area.

Availability: The Housing Fair in Kouvola is open 12th July – 11th August 2019. The gates are open every day from 10.00 to 18.00, except Wednesdays extended evenings, where the fairgrounds ticket includes a programme of live entertainment. On extended evenings, the entrance to the fairgrounds and all the sites will be open until 21.00.
Tickets: Tickets to the fairgrounds can be bought in the Housing Fair online shop at liput.asuntomessut.fi or at the fairgrounds entrances (open every day at 10.00 and closing one hour before the fairgrounds close).
Price: Adults (over 16) 26 € / Children (aged 7–15) 13 € / Children (aged 0–6) free of charge if accompanied by

a parent / Family 52 € (Two adults and children aged 7–15) / Concessions 17 € (disabled, pensioners, students and conscripts) / Groups 17 € (Minimum 15 persons, all must enter at the same time; advance booking is recommended) / Second-day ticket 17 €
More information about the event: asuntomessut.fi

OLD PORVOO AND PANCAKES BY THE SEA

Welcome to Porvoo, the idyllic old town just an hour's drive from Helsinki. Walk the narrow alleys in the Old Town, enjoying a historic atmosphere. Pop into yards and gardens to taste delicious chocolates and go shopping in boutiques. A half-hour ride to the archipelago and a visit to a Finnish cliff-side summer house with a magnificent view. Pancakes on the open fire served with smoked fish or the season's berries.

Duration: 4 hours
Starting point / location:
Group size: 2-8 persons
Availability: June–September
Guided tour: Finnish, Swedish, English
Price: 700 € for a group of 8 people (max), (For a group of eight, the price per person is 87,50 €.)
Included: A guided tour in the Old Town, one hour + forty minutes for shopping etc. A visit to the summer house, 1.5 hours, including a pancake session and a short stroll along a country road.
How to get there: by car or by bus
Visitporvoo.fi/by-bus Groups
Bookings: Birgitta Palmqvist Productions, birgitta.palmqvist@artistiko.fi +358 400 690 225



Kymijoki photo: Jukka Koskinen



Housing fair



Local Life Helsinki West

AUTHENTIC ARCHIPELAGO FOOD WITH HANKO MENU

Welcome to the romantic, candle-lit warehouse milieu of the Eastern Harbour in Hanko to enjoy an unforgettable 3-4 course dinner. Restaurant Origo's Hanko Menu introduces products from local producers and brings out seasonal items as they are: pure, authentic and natural.

Duration: 2 hours

Location: Hanko, Eastern Harbour

Group size: 1-50

Availability: Round the year. The exact content of the menu varies according to the season.

Price: 44-49 € / pax, rates are NET.

What's included: 3-4 courses

How to get there: Train, bus, car or boat to Hanko. Trains to Hanko depart multiple times a day from both Helsinki and Turku directions (change train at Karjaa railway station).

Booking and enquiries: Restaurant Origo

www.restaurant-origo.com

origo@restaurant-origo.com

+358(0)-19 248 5023

FINNISH COTTAGE ESCAPE BY NUUKSIO NATIONAL PARK

Spend a holiday like a true Finn! Get to know the local customs and traditions of a cottage holiday - and live like a local. A suggested program adjusted to each season and with detailed instructions. Lots of tips and alternatives to choose from, accommodation is in a luxurious wood villa or a traditional hand-built log cottage located by a calm lake in Nuukio National Park. All properties have their own sauna, beach, rowing boat and camp fireplace.

Duration: 2 nights, check-in at 16.00 EET, check-out at 12.00 EET

Location: Nuukio, Hawkhill cottages, 45 minutes' drive from Helsinki city center and Helsinki Airport. Hawkhill, Haukkamäentie 100, Tervlampi, Vihti

Group size: 2-16 pax

Availability: 15 Aug -15 Jun

Guided / self-guided: Introduction and instructions explained by a native guide

Guidance language: English

Price: from 230 € / pax (min 4 persons), from 430 € / pax (min 2 persons). Rates are available for tour operators and travel agencies ONLY. Rates are NET.

Supplements: Hire of snow shoes, ice fishing kit or mountain bikes. Husky ride, guided fishing, wild herb or hiking trip.

What's included: private lakeside villa or cottage in double room accommodation, grocery package: snacks, 2 x dinner, 2 x breakfast, 1 x lunch all with detailed recipes. Bed linen, shampoos, soaps, towels, foot bath with wild herbs, final cleaning, program suggestions and hiking tips with a map.

How to get there: 50 minutes by taxi / rental car from Helsinki Airport or Helsinki City Centre. Prices for taxi appr. 90-120 € /one way for 4-10 pax. During 15 Apr-31 Nov possibility to arrive by local bus from Espoo railway station. It is 1,5 km - 6 km hike from bus stop to Hawkhill.

Booking and enquiries: www.hawkhill.fi
info@hawkhill.fi

EDIBLE PLANTS GUIDED TOUR AT RASEBORG CASTLE

Get in touch with the Finnish clean nature by learning about the edible plants and what they are used for. Nature guide and biologist Catherine Munsterhjelm takes you on a nature experience by the historic medieval Raseborg Castle. You can have a taste of all the edible plants separately and in the end have a lunch prepared with some of the plants. The plants are different depending on the season.

Duration: 3 hours

Location: Raseborg Castle, Raseborg

Group size: 4 – 15pax

Availability: may to september

Guidance language(s): English, Finnish, Swedish

Price: 47€ / pax, rates are NET

What's included: Guided tour in the nature, tastings made of different wild plants, lunch, entrance to the Raseborg Castle

How to get there: 1h20min from Helsinki and Helsinki airport by car, bus or train to Karjaa+bus/taxi

Booking and inquiries: Catherine Munsterhjelm,
+358 50 320 98 64

catherine.munsterhjelm@gmail.com

FISKARS THREE CRAFT BEVERAGE PRODUCERS TOUR

The Ägräs Distillery, Fiskars Brewery and Kuura Cider present you with a joint tour in the historic ironworks village of Fiskars. During the tour, visitors get to know how real craft cider is made at Kuura Cider, how the brewing happens at Fiskars Brewery and how distilling works at Ägräs Distillery. A brief history of Fiskars village is also included. On top of getting to know the techniques and ingredients, the tour includes a tasting of the producers' beverages and the day can be rounded off at Ägräs Distillery's Tap Room, a rustic bar with a straight view into the distillery.

Duration: 3 hours

Location: Fiskars, Raseborg

Group size: 8 – 25 pax

Availability: may to september

Guidance language(s): English, Finnish, Swedish

Price: 55€ / pax, rates are NET

What's included: Guided tour in the breweries, tasting of all the producer's different products

How to get there: 1h20min from Helsinki and Helsinki airport by car, bus or train to Karjaa+bus/taxi

Booking and inquiries: Fred Karlsson,

www.agrasdistillery.com/welcome

044 067 9025, info@agrasdistillery.com





Local Life Finnish Archipelago

STEAMSHIP DINNER CRUISE TO LOISTOKARI ISLAND

Enjoy a cruise with a feast. During the summer months, steamship Ukkopekka sails from Turku to the island of Loistokari. A delicious dinner inspired by the Finnish archipelago, along with live music and dancing on the pier - everything you need for a wonderful evening.

Duration: 4 hours

Location: Turku

Group size: From 1 person up to several

Availability: Loistokari evening cruises are available 2019: May 15th – August 31st, Wed - Sat 7pm-11pm during May, Tue - Sat 7pm-11pm, during June-August

Guide: Information told of local culture and history in English

Price: €49 /pp (lower deck salon), €56 /pp (upper deck salon)

What's included: the cruise, live music, dancing on the pier, the reservation of seats, the tapas plate and the buffet table at Loistokari For additional fee: drinks

Supplements: Hotel nights, guided tours

How to get there: Closest airport, train and bus stations at Turku. Distance from Helsinki airport 2h drive/185km

Booking & commissions: Finnish Archipelago Incoming/Visit Turku/Sales, +358 2 2627 900 sales@visitturku.fi, prices given above are NET prices

CULINARY EXPERIENCE IN THE FINNISH ARCHIPELAGO

A modern and memorable food experience with menus designed to take full advantage of the best seasonal ingredients as well as local products whenever possible. Innovative taste combinations and fresh ingredients highlight the best of our local food producers and chefs.

Duration: 3 day, 2 nights

Location: Korppoo and Houtskari, Parainen

Group size: from 1 person up to several

Availability: Mid June to Mid August 2019-2020

Guide: Information of local food in English

Price: 519€/two persons, 409€/one person

What's included: 2 nights accommodation in double room with own toilet and shower, incl. sauna, bedlinen, towel, 2 x breakfast, 2 x lunch, 2 x dinner, coffee and tea

Supplements: Guided tours in Archipelago, extra nights

How to get there: Houtskär and Korppoo can be reached by bus but they go quite seldom. With own car it is easy to get to these islands

Booking & commissions: Finnish Archipelago Incoming/Visit Naantali, +358 44 7566 813, Joonas.katajisto@visitnaantali.com, price given above is NET price

LOCAL HOME VISIT IN TURKU, FINLAND

Interested in a "local touch"? In a home situated near the city and the seaside, your hostess will introduce you to the ways of Finnish family life and culture. Enjoy a coffee break on the pier or admire the sea from the patio, take part in "traditional chores" from berry pie baking and bathing in a sauna to fishing and mushroom picking.

Duration: around 2 hrs

Location: Turku

Group size: min 10 pax

Available: year-round (activities) 2019-2020

Guide: Tour in English (other languages on request)

Price: €35 /pp

What's included: guiding, coffee with berry pie, nature walk and fishing

Supplements: (add extra time to the tour), sauna and swimming in the sea or in the pool, boat ride (max 8 pers.), lunch/dinner, barbecue, salmon soup
How to get there: Closest airport, train and bus stations at Turku. Distance from Helsinki airport 2h drive/185km

Booking & commissions:

Finnish Archipelago Incoming/Visit Turku/Sales, +358 2 2627 900 sales@visitturku.fi, price given above is NET price

KING OF YOUR OWN ISLAND TOUR

Be the king of your own island - in the magical Finnish archipelago! Your trip begins with a stay in Naantali and a visit to the Presidential Garden Kultaranta. Next morning, you depart for the islands. During the two-hour cruise you'll experience the best of the Finnish archipelago. At the island, you're free to enjoy Finnish summer cottage life: a sauna by the sea, barbecuing outside, fishing, rowing a boat...with silence and the midsummer sun everywhere around you.

Note! The trip is not suitable for persons with reduced mobility, as package include activities and uneven grounds.

Duration: 4 days, 3 nights.

Location: Naantali and Iniö

Group size: 3-6 (min-max)

Availability: 1 May – 30 September 2019-2020

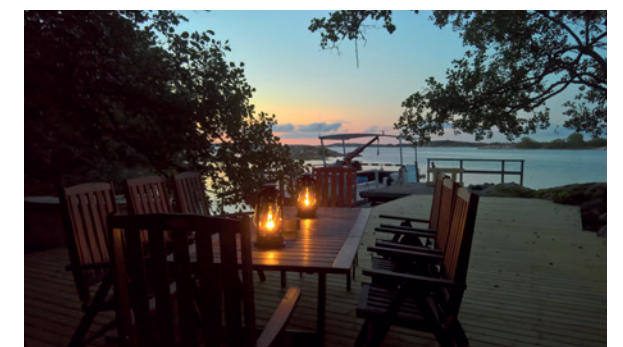
Guide: Hosts will provide information in English

Prices from: 409€ per person, when min 3 persons

What's included: 3 nights accommodation, 2 in island cottage and 1 in a town apartment, 3 x breakfasts, boat cruise to island and back, sauna at the island, instructions, what to experience
Supplements: Guided town tour in Naantali, guided nature hikes: berry-picking, mushrooming, bird-watching, traditional treatments, nature hike to campfire, fishing trips, additional nights, lunch, dinner, visits to different villages and sights, golf

How to get there: Closest airport, train and bus stations at Turku. Busses Naantali–Turku go often. Distance from Helsinki airport 2h drive/185km.

Additional information & booking: Finnish Archipelago Incoming Visit Naantali, +358 44 7566 813, Joonas.katajisto@visitnaantali.com, price given above is NET price





Vinkel Guesthouse

Local Life Destination Kvarken

VINKEL GUESTHOUSE

Small town atmosphere at its best, in Vinkel the good mood stems from small town alleys, old wooden houses, tranquility, sea breezes and friendly people. Renovated with love and care, the Vinkel Guesthouse was built in 1865 but has all modern utilities in place. It's located in the middle of the peaceful Old Town with its own terrace and a shared garden. Self-catering, a house rental with linen and towels included in the price.

Location: Kristinestad
Group size: 4 pers.
Availability: Availability all year
Guidance language(s): English, Finnish, Swedish

Price: 160€/ 4 persons
How to get there: Kristinestad is situated at the west coast of Finland, between Pori (in the south) and Vaasa (in the north) From Helsinki it takes about 4 hours drive, from Pori and Vaasa only one hours drive.
Booking and inquiries: Vinkel Guesthouse, Hållfastinkatu 8, 64100 Kristinestad. +358 40 096 3547
www.vinkel.fi/en | www.airbnb.fi/rooms/9499627
www.facebook.com/vinkelguesthouse

We hold the right to make adjustments and ask you to kindly confirm the specific itinerary and pricing directly with the tour provider.

KYRÖ DISTILLERY COMPANY

We produce gin and whisky from rye. Finns like to conceive ideas while in a sauna. That is where the story of this all-rye distillery began in 2012. One of the fellows on that fateful sauna session had an idea where to build the distillery: the most famous cheese factory in Finland, had to been closed for the past 5 years and was ready for a gentle takeover. After enduring two years of building and bureaucracy, the fearless "Rye Rye" distillers finally fired up the stills in 2014.

Duration: Distillery tour (90 min) takes us through history of the region and whisky and gin production.
Location: Oltermannintie 6, 61500 Isokyrö Finland
Group size: 10-70
Availability: All year
Guidance languages: English, Finnish
Price: Distillery tour 10€/ person, minimum 10 persons
Tasting 20€/ person, payed at the distillery
Dinner 67-82€/ person, minimum 10 persons
What's included: Guided tour on the area.
Supplements / Optional extras: Tasting includes guided tasting of four products and a drink. The skilled staff of Juurella-restaurant prepare dinner menu: it is made with local ingredients and pampers tastebuds throughout from starters to dessert. Serving is communal: the dishes rotate at the table.
How to get there: By car from Vaasa aprox. 45min.
Booking and inquiries: Visit Vaasa
booking@visitvaasa.fi Erkki Laakso +35850 4699007

We hold the right to make adjustments and ask you to kindly confirm the specific itinerary and pricing directly with the tour provider.

GLASBRUKET RESORT – A BEAUTIFUL HAVEN FOR RELAXATION

Experience the luxurious Finnish cottage life in modern accommodations surrounded by nature. Glasbruket is an Ostrobothnian oasis for both individuals and smaller groups. Take a sauna and cool down on the private beach, or enjoy the spa on the terrace - it's all up to you! During the summer, you can experience the beautiful midnight sun. In the winter, nature is transformed by the glistening snow covering the landscape. The nature and nearby sea provide opportunities for a wide range of activities all year round.

Duration: One day and night
Location: Glasbruket Resort, Glasbruksvägen 280, Nykarleby
Group size: max. 24 pax
Availability: All year round
Guided: Guidance languages: finnish, english,

swedish, german, russian, Japan
Prices: First night 530€ / house max. 6 persons. (Additional nights for reduced price.)
Comissions: Includes 20% commission
What's included: One night accommodation for max 6 persons. Sauna and use of the 200m² terrace with built-in spa. Bedlinen, towels, fully equipped kitchen. Use of the barbeque place
Optional extras: Possibility to arrange special programs, for example fishing whitefish and salmon with professional fishermen, sailing, driving snowmobiles, standup paddleboarding and many more fun activities for an extra fee. Ask more about the activities when you book your stay. You can choose to cook food yourselves or pre-order it from a local catering-company. If you wish, we can fill the refrigerator with the supplies you need before you arrive for an extra fee.
How to get there: By car: About 50 minutes from Kokkola- Pietarsaari airport and 30 min from Pännäinen train station by car
Booking and inquiries: Visit Jakobstad region
Maija-Stina Sundström / Visit Kokkola
+358 44 7809713 | +358408065075
tourism@kokkola.fi
www.visitjakobstadregion.fi | www.visitkokkola.fi

ROSENLUND RECTORY & ASPEGREN GARDEN

Experience history at one of the oldest and best preserved vicarages in Finland and the whole Nordic region. Rosenlund's Rectory and the Aspegrens gardens with their protective stone walls, open fields and meadows provide an unique habitat. Take a slow walk in the garden to see the carp fish ponds preserved from the 18th century, feed the sheep or bunnies and sense the atmosphere of the past. The Aspegren garden has been reconstructed according to original drawings and cultivated like a kitchen garden with plants epitomizing that era.

Duration: 2 hours
Starting point: Rosenlund rectory & Aspegren garden, Pietarsaari / Ostrobothnia
Group size: 20-40 pax (also available for smaller groups / individuals)
Availability: All year, but best in the summer season
Guidance language(s): English, Finnish, Swedish
Price: 22€ / person for groups 20-40 persons.
What's included: Guided tour around the rectory and the garden. Lunch at the restaurant of the vicarage. As often as possible the kitchen uses vegetables from own garden and favors locally produced products.
Optional Extra: Historical character guiding, ask for details.

How to get there: Walking distans from center of Pietarsaari.

Bookings and enquiries: Visit Jakobstad region.
Maija-Stina Sundström / Visit Kokkola
+358 44 7809713 | +358408065075
tourism@kokkola.fi
www.visitjakobstadregion.fi | www.visitkokkola.fi

VARPPI CRUISING PACKET WITH B&B

A cruise in the UNESCO World Heritage area Mikkelsaaret archipelago with a B&B in a double room. Hear and see about local living in the archipelago today as well as the area's colorful history. The rooms are in the Svan house and the breakfast is served in the main building. The cruise starts from Varppi pier.

Starting point: Varppi, Västerö 1587, 66640 Maksamaa

Group size: max. 20 pers.

Availability: June 30 – August 5. 2019

Guidance language(s): English, Finnish, Swedish

Price: 100 €/person in double room. An extra night to stay costs 40€/person.

Commission: 10% included in the price

What's included: Guided boat trip to Mikkelsaaret, Lunch, coffe and bun. Breakfast.

How to get there: To get to Archipelago farm Varppi, drive north from Vaasa about 50 km.

Booking and inquiries: info@varppi.fi | +358443455065
www.varppi.fi

We hold the right to make adjustments and ask you to kindly confirm the specific itinerary and pricing directly with the tour provider.

Wellbeing

Peace, pampering and pristine nature.

The peace and quiet of nature, a long relaxing visit to the sauna followed by a refreshing dip in the sea, vast expenses of forest and natural parks to explore – for wellbeing, there's no place like Finland.



Kyrö Distillery
photo: Veera Kujala

photo: Harri Tarvainen



Wellbeing South East

WELLBEING HOLIDAY IN HAIKKO MANOR & SPA

Hotel Haikko Manor is located in the middle of a beautiful park by the sea, only a half an hour's drive from Helsinki. Relax in the newly designed pool and sauna area of the spa, inhale the fresh sea air in the garden of the manor and enjoy nature everywhere around you. You can also visit the picturesque Old Town of Porvoo and its idyllic wooden houses and narrow streets. You'll also have activities from frisbee golf to walking routes available.

Duration: 2 nights

Starting point / location: Porvoo, South-East Finland

Group size: from 1 person

Availability: year round, please note that prices are not valid on national holidays

Price:

Spa Hotel Standard Double room 165 € gross/person

Spa Hotel Superior room 185 € gross/ person

Spa Hotel Standard Single room 245 € gross/ person

Spa Hotel Deluxe room 265 € gross/ person

Spa Hotel Suite 265 € gross/ person

Early week discount - 20 € /person when arrival date is Sunday – Wednesday

Additional night in Hotel & Spa Haikko Manor in double room incl. breakfast and unlimited use of the Sauna and pool area starting from 60 € gross/ person

Included: 2 nights in a double room/suite, 1 x daily soup, salad buffet and coffee in Spa Bistro, 2 x breakfast buffet, access to the pool area and public saunas, free use of the Fitness Studio

Bookings: Mrs Anne Paula, anne.paula@haikko.fi, +358 (19)57601, [Haikko.fi](https://www.haikko.fi)

How to get there: Haikko is just 30 mins drive from Helsinki. You can travel to Haikko by car or bus. There is a direct bus service from Mon-Fri (please note the route is via Porvoo center). The travel time is 1 h 15 min. Or you can take a bus from Helsinki main bus terminal to Porvoo bus terminal, the travel time for this is 1 hour. From Porvoo center to Haikko (7 km) is easy by local bus service or taxi. Most International/European destinations fly directly to Helsinki. Alternatively, you can travel to Helsinki via ferry from Tallinn, Stockholm, Travemünde and Rostock.

FIT and Groups

TYKKIMÄEN SAUNA

Tykkimäen Sauna is a public sauna that is open to all every day of the year. Our cafe provides good food and drinks. The sauna holds licensing rights. They also organize activities such as SUP boarding in the summer and tour skating in the winter. The distance from Kouvola centre to Tykkimäen Sauna is 5 km.

Price: Sauna and swimming tickets: adults 12-10 € and children 5-3 €

Group events from 300 €

Contact information: 0500 321 000, info@tykkimaensauna.fi, [Tykkimaensauna.fi](https://www.tykkimaensauna.fi)

Booking: no need for booking in advance
FIT and Groups

DEEP FOREST RELAXATION

We walk together into the heart of the forest. We make easy, gentle, yet effective opening movements for the whole body using trees and stones. Finally, we sit down onto the stones and relax the whole body and mind. Deep Forest Relaxation in the idyllic forest is ideal for anyone who wants to experience the power of nature.

Duration: 75 minutes

Starting point / location: Castle Hill –forest near Old Porvoo

Group size: 2-20 persons

Availability: all year round

Guided tour: English

Price: 250 € / group

Included: guided relaxing nature exercise

Bookings: anu@ikimetsanjooga.fi, +358 40 779 4754, [Ikimetsanjooga.fi/en/](https://www.ikimetsanjooga.fi/en/)

Required clothing and equipment: Suitable outdoor clothes and shoes

How to get there: by car or by bus

[Visitporvoo.fi/by-bus](https://www.visitporvoo.fi/by-bus)

FIT and Groups

JUHLAMENOT SAUNA

A mystical Earth Sauna, just 30 minutes away from the capital and close to Sipoonkorpi National Park.

Duration: 3 hours

Location: Sipoo, about 30 minutes from Helsinki

Group size: 5 to 10 people

Availability: all year around

Price: 250 € for the entire sauna (fits max 10 people)

Included: towels, soap and shampoo, possibility of a sauna dinner (15 € per person)

Bookings: info@juhlamenot.fi, +358 40 5167214, [juhlamenot.fi/en/services/](https://www.juhlamenot.fi/en/services/)

How to get there: Ask for private transportation from Sauna provider, or: Take the metro from Helsinki center bound east towards Itäkeskus, change into the bus 841 and stop at "Ahtelan tienhaara", the trip takes about one hour

Groups





Wellbeing Helsinki West

DAY IN A FINNISH NATURE AND SMOKE SAUNA EXPERIENCE

The tour starts at Karkali Strict Nature Reserve, which is located close to the biggest lake in southern Finland, Lake Lohja. Karkali is famous for its large hazel groves, impressive linden forests, and rare plants. We will enjoy the picnic lunch at Karkali. Next stop will be at Torhola Cave. It's the largest limestone cave in Finland and about 30 metres long in total. Then we arrive to the Kettukallio experience farm, where you can see beautiful woods reflected from the forest pond and enjoy the silence of nature. After a dinner in a kota, it's time for the traditional Finnish Smoke Sauna. There's also a hot tub next to the sauna for relaxation.

Duration: Day tour 9 hours, with transportations from Helsinki 11 hours.

Location: Distance from Helsinki 70 km, from the centre of Lohja 15 km. Address: Karkalintie 1035, Lohja

Group Size: for groups (min 8. - max.16)

Availability: May – October on request

Guided: Guidance languages Finnish and English

Price: 2 150€/ 8 pax, extras 220€/ pax, rates are brutto

What's included: guiding, walks in a nature, picnic lunch, dinner by the campfire, smoke sauna, hot tub, towels. Participants are advised to wear comfortable and warm clothing and hiking boots.

Optional extras: supper, beer tasting from local brewery, accommodation, breakfast, transportation by bus

How to get there: The Karkali strick nature reserve is located 79 km from Helsinki and the ride takes 1,5h. No public transportation to this destination.

Booking and commissions:

Kettukallio Experience farm, +358 (0)44-9885760

kettukallio.korpjaakko@gmail.com

www.kettukallio.net

Onlineshop: https://kettukallio.johku.com/en_US/categories/7-for-our-foreigner-guests

STORFINNHOVA UNDERGROUND SMOKE SAUNA

Finland's perhaps most amazing smoke sauna awaits you at Storfinnhova. Hundreds of small candles light up your bathing experience in the dark underground warmth. There is a small pool inside the sauna, with water heated from the sauna stove. The small creek just outside the sauna offers you a refreshing dip to cool down after the sauna heat. Complete your smoke sauna experience with supplementary food service with fresh ingredients directly from Storfinnhova's own kitchen.

Duration: 3 hours

Place: Storfinnhova, Kimitoön Island

Group size: 15-28 pax

Availability: Public sauna days in July Fridays and Saturdays, other times see web page. Group bookings, see below.

Price: 18€ / pax, children up to 10 years 10€. Tree hut accommodation (3 persons) 160€. Prices are brutto.

What's included: Sauna bath. Dinner and tree hut accommodation as supplements.

How to get there: Situated at the gate of the Archipelago Sea, the Kimitoön Island. Get to Storfinnhova from Helsinki, Salo or Turku by bus + taxi 10 min, or by own car.

Bookings and enquiries: Storfinnhova gård,

www.storfinnhova.com | +358 40 053 92 38

PAMPER YOURSELF AT REGATTA SPA HOTEL IN HANKO

Regatta Spa Hotel is a unique spa resort, which combines the seaside atmosphere of Hanko city and the varied services of a luxury spa to form a unique experience. Pamper yourself next to the beautiful sea-shore with some bubbles in the pool-bar and enjoy the tastes conjured up by our chef at restaurant Brasserie Regatta.

Duration: One day / one night

Location: Hanko

Group size: 1-10 pax / Groups available on request

Availability: All year round, depending on availability

Price: from 70 € / pax in shared double room (winter season), rates are NET. From 110€ / person in shared double room (summer season), rates are NET.

What's included: Accommodation in comfort standard double room, buffet breakfast, entrance to Regatta SPA.

Supplements: Beauty treatments, SPA massage and Dinner at Brasserie Regatta at available rates.

How to get there: Train, bus, car or boat to Hanko. Trains to Hanko depart multiple times a day from both

Helsinki and Turku directions (change train at Karjaa railway station).

Booking and inquiries: Regatta SPA Hotel

www.hotelregatta.fi

sales@hotelregatta.fi | +358 19 248 6491

BON VIVANT EXPERIENCE AT THE SVARTÅ MANOR

At the countryside hotel "Svartå Manor" in the South of Finland, you will experience a 4-course dinner in one of the best restaurants in Finland and an overnight stay in charming 19th century country houses. The iron-works, manor, parks and nature trails offer tranquility in a beautiful setting.

Duration: overnight

Group size: 1 - 30 pax

Availability: All year round

Guidance language(s): English, Finnish, Swedish

Price: 109€-119€ pax/night, rates are NET

What's included: A delicious 4-course dinner, one night in a charming comfort twin room (Extra cost for single room +30€), Breakfast buffet in the restaurant

How to get there: 1h from Helsinki and Helsinki airport by car, bus or train to Karjaa+bus/

Booking and inquiries: Mustio Manor

www.mustionlinna.fi/en | +358 19 36231

info@mustionlinna.fi





Wellbeing Finnish Archipelago

ENJOY A NORDIC WALK IN THE WORLD'S MOST BEAUTIFUL ARCHIPELAGO

Have you ever tried Nordic walking? We would like to show you how it's done. Join us for a refreshing experience on the beautiful island of Ruissalo just outside the city of Turku. A guide will share stories about the fascinating history of Ruissalo, which used to be a hunting ground for kings and rulers. Today, it hosts one of the oldest rock festivals in Europe. But your walk will be all about peace and quiet, views with century-old gingerbread villas, the blue sea and pure Nordic nature.

Duration: 2 hrs Recommended

Location: Turku, Ruissalo island

Group size: 10-20 pax (larger groups available on request)

Availability: year-round 2019-2020

Guide: Walk guided in English (other languages on request)

Price: 5-10 people €40/pp, 11-15 people €27/pp, 16-20 people €23/pp Mon-Sat, higher prices on Sunday and public holidays

What's included: introduction to Nordic walking and its technique, 2 hour services of a tour guide and the rental of poles for 2 hours. For an additional fee: bus transfer, dinner/coffee

Supplements: accommodations, other guided tours at different sites

How to get there: Closest airport, train and bus stations at Turku. Distance from Helsinki airport 2h drive/185km.

Booking & commissions:

Finnish Archipelago Incoming/Visit Turku/Sales
+358 2 2627 900 | sales@visitturku.fi,
prices given above are NET prices

THE WORLD'S BIGGEST SMOKE SAUNA

Build upon an old fishing village, everything from accommodation to restaurants are hidden inside old, cozy cottage buildings with nature all around them. The world's biggest smoke sauna has an open air spa, and the restaurants offer fresh fish smoked in their own ovens. Guests can also prepare their own snacks on open fires. Three hours from Helsinki and 40 minutes from Turku by car.

Duration: 4-5 hours

Location: Rymättylä, Naantali

Group size: 20 persons (minimum)

Availability: Year round 2019-2020

Guide: Introduction and guiding in English

Price: €120/person (min 20 pax)

What's included: The welcome toast by the master of the village and a guided tour. Self-prepared snacks on the open fire. The smoke sauna and open air spa experience, alternative program for guests who do not want to use the sauna. Typical archipelago buffet with cold and warm home-made dishes.

Supplements: Steam ship cruise from Turku to Herrankukkaro, dinner cruises

How to get there: Best way is to come with groups own bus or vehicles (no public transportation)

Booking & commissions:

Finnish Archipelago Incoming / Visit Turku/Sales
+358 2 2627 900 | sales@visitturku.fi
price given above is NET price

TRADITIONAL FINNISH SAUNA & SILENCE TREATMENTS

Finnish nature, traditional culture and folk healing have a lot to give to the world. Slow life, sauna, silence, whispering forests and getting back to the basics of a natural lifestyle can deeply nourish us. Slow is Flow – experience offers you a chance to get to know Kuppari-Hanna's inspiring folk art, Finnish sauna culture and to take care of your health with traditional treatments like wet-cupping, the bone-setting method or a massage. After treatments and having tasted Finnish wild-food, we can go listen to the forest of the archipelago whisper – a guided walk to the most beautiful place on this island.

Note! The trip is not suitable for persons with reduced mobility, as package include biking.

Duration: 5 hours

Location: Velkuanmaa, Naantali

Group size: 5-6 (ask other sizes)

Availability: Year round 2019-2020

Guide: Treatments and guiding in English

Prices from: 149€ per person, when 5-6 persons buy

What's included: Transportation both ways from Naantali, silent sauna session in a wood-heated sauna, treatments of your choice (bone setting method, massage, Fish-bone method, or wet-cupping/blood-cupping therapy), sauna linen, organic soaps, lunch and coffee/tea, guided excursion to the nature

Supplements: Guided town tours (Naantali, Kultaranta), Lunch, dinner, visits to different sights

How to get there: Closest airport, train and bus stations at Turku. Many daily busses from Turku to Naantali. Distance from Helsinki airport 2h drive/185km.

Additional information & booking:

Finnish Archipelago Incoming/Visit Naantali,
+358 44 7566 813

Joonas.katajisto@visitnaantali.com

price given above is NET price

COTTAGE LIFE AT YTERI

Yteri's enchanting nature preserve offers opportunities for delightful outdoor activities just 20 minutes drive from Pori centre. The guests can experience the nature of Yteri during a fatbike safari and challenge the adventure courses in Adventure Park Huikkes ropeway. It's also possible to set out for a hike along the Yteris hiking trails and enjoy the sand dunes and unique nature. Log villas and finnish sauna along with the wood-heated barrel hot tub make the stay a comfortable one.

Note! The trip is not suitable for persons with reduced mobility, as activities include climbing, biking and hiking.

Duration: 3 days, 2 nights.

Location: Yteri, Pori

Group size: 4-15 (min-max.)

Availability: 1 May - 17 June & 12 August - 28 October (In September - October only Fri-Sun) 2019-2020

Guide: Self-guided

Prices: from 266€ per person, depending on group size.

What's included: Breakfast x 2, Lunch x 3, coffee/tea with sweet snack x 1, dinner x 2 and supper x 2, 2 nights accommodation incl. sauna, villa for 4-10 persons (booking several villas is possible), barrel hot tub (filled and heated by the group), 1 x fatbike rent, incl. equipment, duration 2 h, entrance fee to adventure park incl. equipment, duration 4 h, Bedlinen + bath towel, final cleaning of the villa (after normal everyday use)

Supplements: Guided city tours (Reposaari fishing village, Pori city centre), guided nature hikes: berry-picking, mushrooming, Bird-watching, Yteri natural history, wild herbal (tea), mushroom tasting by a campfire, sauna pamper package, seaside sauna, additional

nights, meal/visit at the Yyteri observation tower, golf, spa, wellness services

How to get there: Pori train station (many trains from Helsinki via Tampere daily), bus station, there are many daily services to Yyteri beach at summer time.

Booking & commissions:

Finnish Archipelago Incoming/Visit Naantali,
+358 44 7566 813, joonas.katajisto@visitnaantali.com
price given above is NET price



Wellbeing Destination Kvarken

FLOATING SAUNA

Floating Sauna is a 6 x 10m sauna raft that is located in the inner harbor of Vaasa. Cruise in the beautiful archipelago of Vaasa while enjoying a warm and relaxing sauna bath. Our Captain will make sure that you have a nice and safe cruise, just relax and enjoy. Max 12 people are allowed on board, the raft has a 6-8 person sauna and a living room where you can have meetings, dinner or just hang out. There is also the possibility to have a barbecue, listen to music and chill.

Duration: 3 h
Location: Starting point is the Inner Harbor in Vaasa, walking distance from city center.
Group Size: Max 12 people
Availability: May – October on request

Guided: Guidance languages Finnish and English
Price: Mon-Thu 420€/ 3h, Fri-Sun 520€/3h
Comission: 10% included
What's included: Captens services, sauna and bath.
Optional extras: Dinner/Catering is possible to arrange on board. Combine your sauna cruise with our Axopar 28 speed boat (+50 knots) or Jetskis to see more of the Archipelago around Vasa. Rent towels for the price of 5€ / towel
Additional info: Please bring your own drinks since we do not sell any alcohol or other beverages.
Booking: Bookings Visit Vaasa booking@visitvaasa.fi
Erkki Laakso +358 50 4699007
erkki.laakso@visitvaasa.fi

CULTURAL MUSEUMS AND SMOKE SAUNAS

Located close to a place used for fishing in the olden times, the area's museums represent the culture of farming and fishing. Kilen's founder, medical professor Herald Tier, was one of the first sauna experts in Finland. At Kilen, you can enjoy a sauna for your health in its original form: the smoke sauna heated with wood. Take a refreshing swim in the sea after the sauna to complete the experience.

Duration: 3 hours

Place: Kilen Hembygdsgård, museum area, Kilvägen 90, 64490 Sideby

Group size: 20 pax

Availability: From May to September

Price: 275€/ group

What's included: Sauna bath.

Bookings and enquiries:

info@kilen.fi | +358 (0) 40 684 5080

www.kilen.fi/in_english/start

price given above is NET price

HOTEL KIVITIPPU- RELAXING ACCOMMODATION WITH CRATER LAKE VIEWS AND BREEZY AIR

Located on the shores of the biggest Crater Lake in Europe, Lake Lappajärvi. Clean nature, birdsong and fresh Finnish air combined with the conveniences of our hotel guarantee a fabulous environment for a relaxing holiday. For those who enjoy playing golf, the nearby golf course offers challenges and beautiful sceneries. Swimming in the open waters just in front of our hotel during summer months is a must. On evenings, guests can enjoy of the inside pool area and sauna for free.

Duration: One day / one night

Location: Lappajärvi

Group size: 1-10 pax / Groups available on request

Availability: All year round, depending on availability

Price: Prices for groups start from 35 €/person/twin room including buffet breakfast, use of the gym, pool area and sauna.

What's included: Accommodation in comfort standard double room, buffet breakfast. 5 normal bicycles (inc. helmets), volley ball, 3 rowing boats (inc. safety vests), boccia, mölkky, petanque, fishing rods (fishing with hook and line does not need a license =free for everybody)

Supplements: Close by activities with extra fee: Golf course 500 m, fishing trips 100m, canoe rental 200m

How to get there: Nearest railway station is Kauhava, 38 km away. We can arrange a private transportation with additional fee. Also taxi can be chosen.

Recommended is to arrive with an own/rental car or by charter bus for groups. Nearest airport is Kokkola – Kruunupyy , 75 km away = 1 hour ride. Airport of Vaasa is 130 km away = 1,5 hrs ride.

Booking and inquiries:

Sales Manager Jaana Vihervuori,
jaana.vihervuori@kivitippu.fi | +358 6 5615 000

www.kivitippu.fi

SAUNABOATING IN THE SUMMER WITH MS GLOSKÄR

Enjoy boating and sauna bathing at the same time. Off the deck of the sauna boat M/S Gloskär you can safely enjoy the summery archipelago at close range. Our crew will take you on a unique adventure on the beautiful lake of Larsmo; here you can relax, enjoy the scenery and good food, and bathe in a sauna at the same time – in the middle of the lake.

Duration: 4 hours, for example 18:00 – 22:00

Starting point: Strandis, Assarskärsvägen 1, 68570 Larsmo

Group size: 15 pax

(if you have a bigger group, ask for details)

Availability: summerseason

Guidance language(s): English, Finnish, Swedish

Price: 645€/ group for 15

Comision: Includes 20% commission

What's included: Tour on the lake with the boatsman. Warm sauna

Additional: Catering e.g. fish menu from 20€ / person. Beverages at store prices. Beverages can be brought along ordered from the Strandis shop (we deliver them to the boat). Towel rent 1,50€ / pc. Transportation to and from Strandis

How to get there: by car or bus

Booking and inquiries: Visit Jakobstad region

Maija-Stina Sundström / Visit Kokkola

+358 44 7809713 / +358408065075

tourism@kokkola.fi

www.visitjakobstadregion.fi | www.visitkokkola.fi

Tours

Tour travel in various ways. The archipelago & coast area is home to a lot of tour options, whether you want to be a part of a bigger group, by yourself, with a guide or on your own. The tour themes range from local delicacies and historical sights to experimental art experiences and cruises.



Tours South East

NATIONAL PARKS, WATERS AND WOODEN CITIES

Day 1

Arrival to **Helsinki** airport and one and a half hour drive by rental car to **Kouvola** (about 130 km), Sokos Hotel Vaakuna in the city center. In the afternoon, a visit to Mustila Arboretum, the most significant arboretum in northern Europe with over 300 different kinds of trees and thousands of rhododendrons and azaleas in bloom in June. In the evening, Tykkimäki's sauna by the lake.

Day 2

Local firms offer a wide variety of services from natural outdoors meals to rock climbing trips and guided tours. On the Ketunlenkki trail (5 km) in the national park, you can experience Repovesi's highlights, including a suspension bridge, the manually operated Fox's ferry and breathtaking views over green forests and blue lakes. For a change from hiking you can explore the lakes of Repovesi by canoe or on boat tours. Accommodation either at Orilampi Cottage and Holiday Centre (9 km from Repovesi) or Kirjokivi Mansion (7 km from Repovesi).

In the romantic Kirjokivi Mansion, you can enjoy delicious, authentic Finnish cuisine followed by a steamy session in a lake side sauna for relaxation after the dinner. At Kirjokivi mansion, you can stay in the spacious and romantic mansion suite or in one of the atmospheric outbuilding apartments, which are located in the peaceful park.

Orilampi Cottage and Holiday Centre serves traditional Finnish cuisine lovingly prepared from locally grown ingredients. The centre also has several kinds of sauna, including a traditional smoke sauna. You can choose from staying in hotel style rooms, cabins or camping ground facilities.

Day 3

On your way to **Kotka** from Repovesi National Park (50 km from Kouvola), you can visit a unique UNESCO World Heritage site at Verla groundwood and board mill (27 km from Repovesi National park). The mill was established by the Verla rapids in 1872. Arrival and accommodation at Santalahti Resort. Santalahti is a five star holiday resort located only 5 km from Kotka city centre at the seaside. Santalahti offers accommodation in cottages, luxury apartments and

at a five-star camping site. You can even sleep in tree tents. Santalahti offers a variety of different activities including mini-golf, bicycles and fat bikes, sup-boards, snowshoes, cross-country skis. Nature trails, skiing tracks and Kotka Golf Centre are located nearby. Kotka is known for its beautiful and versatile parks. Katarina Seaside Park and Sapokka Water Garden are one of the most well-known and most rewarded parks in Finland.

Day 4

Visit the Maritime Centre Vellamo. Its architecture is unique and its museums are full of stories of the sea and the region. The Maritime Museum of Finland and the Kymenlaakso Museum invite you to experience history in many ways: listen, look, smell, touch and play. In the summertime, the Museum Icebreaker Tarmo welcomes you onboard for an adventure on the ship. In the afternoon, enjoy Valkmusa National Park's nature trails (29 km from Kotka). You can look out for wetland birds and fluttering marshland butterflies, and you can even find tasty cranberries growing among the bog moss.

On your way to **Valkmusa**, stop by the Langinkoski Imperial Fishing Lodge. This magnificent place by the River Kymijoki rapids used to be one of the favorite places of Emperor of Russia Alexander III. After a productive sightseeing day, spend a relaxing evening at Santalahti Resort's saunas and dip in the sea.

Day 5

After breakfast, departure to Strömfors Iron works area (35 km from Kotka). The old craftsmen tradition is continued at the iron works, which makes the setting unique. Life in the century-old area continues whilst maintaining old traditions. The area has museums and handicrafts shops, restaurants and cafes. Journey continues to **Porvoo** (40 kilometers) from Strömfors. Accommodation at Hotel Haikko Manor & Spa Hotel, which is located in the middle of a beautiful park by the sea. The hotel functions in 2 separate buildings: luxurious rooms at the **Haikko Manor Hotel** and modern rooms at Spa Hotel.

Later during the day, you can enjoy a nice walk and dinner in Old Porvoo. With its red-ochre painted riverside warehouses, it is one of the most photographed national landscapes in Finland and a steady favorite among tourists. Almost one million travelers come every year to admire the colorful wooden houses and stroll on the winding cobbled streets, to enjoy what the restaurants and cafes have to offer, and to shop in the chocolate shops and small boutiques.

Day 6

After breakfast, departure to **Sipoonkorpi national park**. The woods are surrounded by rolling fields and

picturesque villages. Sipoonkorpi's peaceful settings are a welcome green haven for local townies, especially in late summer and autumn when anyone can come here to gather plentiful wild mushrooms and berries. Sotunki Kalkinpolttajan Nature Trail, 4,8 km leads through demanding terrain. Kalkinpolttajan Nature Trail circles in the field and forest landscape in the traditional limestone mining and agricultural area within the vicinity of the village of Sotunki. In addition to the traditional agricultural livelihoods, limestone-quarrying and lime-burning were practiced in the area.

In the afternoon, return to Haikko Manor where you can relax in the spa before heading home the next day.

Optional visit in Kouvola include:

- Vuohijärvi Nature and Culture House
- Tykkimäki amusement park

Optional sights and activities in Kotka-Hamina Region: Hamina historical city center, unique star-shaped fortress town with wooden houses. **Sapokka Marina** is an idyllic place for a coffee by the sea. Varissaari Island which is also known as Fort Elisabeth can be reached from here within 10 min. Rafting and fishing by the river Kymijoki, which is the best salmon river in Southern Finland. Kymijoki offers great experiences both for extreme seekers and relaxation lovers.

Optional visit in Loviisa and Porvoo include:

Loviisa city center features fabulous town architecture, a unique feeling created by historical buildings and a compact town centre. The historical lower part of town by the seaside is one of the most uniform 18th century wooden town sections in Finland. **Svartholma Sea Fortress** is a popular recreational destination for families. Guided walking tours and an exhibition presenting the exciting history of the fortress are available on the island. On the Island Riddle adventure hike in **Pellinki island**, Porvoo, you can collect clues as you walk through an enchanting forest and along stunning cliffs and silent waters. **Bosgård Manor**, Porvoo offers organic BBQ food, nature trails, and a chance to get acquainted with a real working farm.

More information about Kouvola and Repovesi National Park:

www.visitkouvola.fi

More information about Kotka-Hamina region:

www.visitkotkahamina.fi

More information about Porvoo:

www.visitporvoo.fi

More information about Loviisa:

www.visitloviisa.fi

More information about Sipoonkorpi:

www.nationalparks.fi/en/sipoonkorpinp



Tours Helsinki West

THE COASTAL ROUTE BY BIKE – SEA, NATURE, HISTORY & CULINARY EXPERIENCES

Explore the Baltic Sea coast and its islands and bays on this extremely varied route that includes harbour towns, local artisans at work, restored ironworks, medieval castle ruins, national parks, and peaceful cycling roads through idyllic countryside. A foodie's delight, choose dinner from small restaurants cooking with local ingredients, taste local beer from micro-breweries, and for those with a sweet tooth there are little chocolate shops, cafes, and bakeries along the way. Stay in a combination of seaside hotels, a former scissors factory, and a quiet part of the city of Salo with easy access to Helsinki airport. Bicycle hire with panniers and helmets is included, plus a route information booklet, an electronic route as a .GPX file, cycling maps, luggage transportation, and emergency service.

Day 1 – Arrival to Tammisaari

Arrival to Tammisaari, with its beautiful seaside location and a picturesque Old Town of historic wooden houses. Choose a local restaurant for dinner. Overnight in Tammisaari centre, (breakfast)

Day 2 – Hanko (40km)

Collect your bicycles and take a short ride to the railway station for the short journey to Hanko. A former spa town, Hanko offers some nice cycling routes to hidden harbours, and a selection of bars, cafes, and restaurants. Return to Tammisaari by bike following the quiet coastal route. Visit the amazing Hanko Front Museum along the way. Choose a local restaurant for dinner. Overnight in Tammisaari, (breakfast)

Day 3 – Tammisaari-Fiskars (58km)

Heading away from the sea today, a beautiful ride through winding country lanes, visiting the ruins of

Raseborgs Castle along the way. In Fiskars you can see local artisans at work, and taste beer and gin from the local producers. Overnight in Fiskars, (breakfast)

Day 4 – Fiskars - Mathildedal (45km)

Head west through some typical rolling countryside, ending with a ride through the Teijo National Park. Choose a seaside restaurant for dinner. Overnight in Mathildedal, (breakfast)

Day 5 – Mathildedal - Kimito Island (60km)

Hop across the bridge this morning to Kimito Island, Finland's largest coastal island dotted with seaside villages, and with a special atmosphere of its own. Enjoy lunch from a choice of charming cafes, and dinner tonight is included in your accommodation. Overnight in Kimito Island, (breakfast + dinner)

Day 6 – Kimito Island - Salo (54km)

A beautiful ride north today, including one local ferry ride back on to the mainland. Choose a dinner restaurant in the town centre. Overnight in Salo, (breakfast)

Day 7 – Personal departure from Salo

There are excellent train connections back to Helsinki.

Duration: 7 days / 6 nights

Starting point: Tammisaari, Raseborg

Group size: For individuals and groups up to 10 persons

Accommodation type: Hotels

Availability: Fixed departure dates in 2019 June 16, July 7,21, August 4,18

Price: 942€ pax sharing twin/dbl room 1384€ pax in single 100 € per person reduction using own bike. Electric Bike on request

What's included: 6 nights accommodation with breakfast

- 1 x 3 course dinner
- 24-speed hybrid bicycle with panniers, repair kit, pump, helmet
- Cycling road map (1 for up to 2 persons)
- Route Information Leaflet in paper and complete route in electronic .GPX format
- 24 hour emergency phone service
- Luggage transport between hotels
- Extras possible on request
- Extra nights in Hanko & Salo
- Train tickets between Helsinki & Hanko/Salo
- Additional stays in Turku or Helsinki
- Combine this trip with our "Island Hopping by Bike in the Archipelago"
- Other dates available on request

Booking and commissions: Travel Experience

www.travel-experience.net

info@travel-experience.net

AMAZING ARCHIPELAGO CULTURE AND NORDIC CAPITAL CITIES FOR GROUPS

Experience the two Nordic capital cities Helsinki and Stockholm on a guided bus and ferry tour, together with the world's largest archipelago the Finnish Archipelago Sea and its top destinations!

Day 1

The journey starts from Helsinki-Vantaa airport or Helsinki city centre by bus your tour leader on-board. We head west from Helsinki along the coast, visiting some of the pearls of the Finnish coast along the route. Svartå (Mustio) Manor is one of the most precious manors in Finland, with a history of more than two hundred years. Here we get a guided tour and delicious lunch with local ingredients. In the afternoon we will visit Fiskars village, a lovely small village with a fascinating ironworks history. A guided tour and some shopping time gives you insights in the village life, known for crafts and design. Accommodation will take place in the cozy little seaside city Ekenäs (Tammisaari). Ekenäs is known for its old town with wooden architecture.

Day 2

After breakfast we will continue our tour to the largest island of the Finnish coastal area, Kimitoön (Kemiönsaari), the gate to the Finnish Archipelago Sea. In Dalsbruk (Taalintehdas), where the old ironworks was founded already in 1686, we visit Glashyttan glassblower hut, with its exhibition and possibility to buy locally blown glass. In the afternoon the tour continues to Söderlångvik Manor, one of the most idyllic manors in the coastal area. During the summers the manor has carefully curated art exhibitions. The place is surrounded by apple trees, and a short walk in the fresh archipelago air is highly recommended. A tasty lunch is served at the restaurant. In the afternoon we will continue to Kasnäs. We will stay overnight in the shell-shaped rooms of Hotel Kasnäs. There is a possibility to enjoy the spa of the hotel or/and have a dinner in the restaurant.

Day 3

Today we take a private boat to Rosala Viking Centre and Bengtskär lighthouse island. On Rosala island we will throw ourselves 1000 years back in time and spend a few hours as Vikings. The Rosala Viking Centre lets you experience the reconstructed buildings and Viking activities make you feel like a true Viking, an unforgettable experience for both children and adults. We will have traditional fish soup lunch before continuing amongst the islands to Bengtskär lighthouse, the tallest lighthouse in the Nordic countries. From the top of the 52-meter tall lighthouse you experience an amazing scenery! In the afternoon the boat takes us back

to Kasnäs. The seaway goes through the Archipelago Sea National Park, which is part of UNESCO Biosphere Program Area. Overnight in Kasnäs. Don't forget to check out the short nature path around Kasnäs Hotel!

Day 4

After the breakfast we will drive to Turku, which is the main city in this area. Turku, the previous capital of Finland, has a great history as a Hansa town. We will visit the medieval Turku Castle, and have a guided tour and a lunch. We will give you some tips to spend your afternoon according to your own interests. In the evening, we continue to Helsinki and check in to a hotel in the city centre.

Day 5

In the morning, we will do a guided sightseeing tour in Helsinki, the capital of Finland. The tour will take you through the central areas of Helsinki, introducing you to the sights, to the history as well as to the Finnish city lifestyle. The Senate Square and the nearby Market Place give you a sense of how uniquely Eastern and Western cultures are intertwined in Helsinki. At the Sibelius Park, Eila Hiltunen's modern sculpture reminds us of composer Jean Sibelius' symphonies. Temppeliaukio Church, carved into the granite bedrock, introduces you to a piece of modern Finnish architecture. You'll also get to know Finlandia Hall and the Olympic Stadium, home of the 1952 Olympic games. After the sightseeing we will have lunch together. Rest of the day is free time with possibilities to chose your own favourite sights.

Day 6

This day will be also free time until the afternoon, appr. 15h30. At 15h00, the bus will take us to the Katajanokka harbour, where we will take the cruise from Helsinki to Stockholm, the capital of Sweden. Viking Line ferry will leave Helsinki at 17h00. The first hour after take off will provide great sights, so dress up warmly and stay outdoors with your camera ready! We will enjoy beautiful sceneries of the Finnish Archipelago during the evening. The ferry has various restaurants, shopsm saunas, etc. Your dinner will be served at the buffet-restaurant.

Day 7

The breakfast is served while the ship zigzags amongst the islands towards Stockholm. At 10h00 we will arrive at Stockholm and start a guided sightseeing with the bus in this beautiful city built on 14 islands. This metropole has many interesting places for the visitor, lots of museums, a charming old town with the sea at its doorstep. During the tour, we will see the Royal Palace and Skansen, which was the first open air museum in the world. After the sightseeing, we will have a couple of hours leisure time in the city centre. In the after-

noon, we will return back to Viking Line ferry, which departs back towards Helsinki at 16h30. Dinner will be served in the buffet restaurant.

Day 8

We will have breakfast onboard before arriving Helsinki at 10h10. Today we will say goodbye to Finland, and your bus will take you to Helsinki-Vantaa airport.

OPTION: In case the flight departure is in the afternoon, we have a possibility to have some free time in Helsinki or surrounding areas (like visiting Nuuksio Nature Park or Porvoo, an idyllic small town East from Helsinki).

Tour facts

Duration: 8 days / 7 nights

Starting point: Helsinki-Vantaa airport or Helsinki centre

Group size: For individuals and groups up to 10 persons

Accommodation type: Hotels

Availability: This tour is possible to make April to October 2019.

Price: 12-18 pax 1.760 €/person; 19-26 pax 1.480 €/person; 27-35 pax 1.360 €/person. Single supplements 380 €. Rates are NET.

What's included: Bus and tour leader (English speaking) with the group every day; hotel accommodation; 7 x breakfast, 5 x lunch and 3 x dinners; guided tours in Fiskars, Turku, Helsinki and Stockholm (Fiskars and Turku in English, Helsinki and Stockholm many language possibilities); admissions and guidnings to manors (Svartå and Söderlångvik), Viking Centre, Bengtskär lighthouse, Turku Castle, Temppeliaukio Church in Helsinki and Skansen in Stockholm; ferry cruise to Stockholm in seaside cabin.

Booking and enquiries: Helsinki West Tours
ms. Kaisa Launokorpi | www.helsinkiwesttours.fi
info@helsinkiwesttours.fi | +358 40 541 70 33



MAGNIFICENT ARCHIPELAGO SEA 3 DAYS FIT

Do you prefer to travel on your own? Our package for independent travelers takes you from Helsinki to the largest and most beautiful archipelago on Earth, the Finnish Archipelago Sea! You will be travelling like a Finn by buses and ferries.

Day 1

Trip to Kasnäs and a scenic boat journey to Örö fortress island. Take the bus from Helsinki to Kasnäs. Here the archipelago ferry to the Örö Fortress Island waits for you. Örö was in military use for over 100 years and has been open for public only since 2015. After lunch, you will have a short guided tour to the main attractions of Örö. You can rent a bicycle, bathe in a beach sauna and enjoy the local food either in the restaurant or the beach bistro of Örö.

Day 2

A scenic boat journey to Hanko. Enjoy a refreshing breakfast either before or after your morning sauna and swim. Continue discovering Örö on your own after checking out from the hotel. During the 3-hour scenic boat cruise in the late afternoon, you will pass beautiful islands and sceneries. Have your camera ready!

Once in Hanko you will be staying overnight at a nice B&B.

Day 3

Hanko is a lovely, tiny summer city. Enjoy your day admiring the wooden architecture, visit the city museum or take a stroll along the beach. Don't forget to drop in to one of the great restaurants of Hanko. You can continue towards Helsinki by bus whenever it is suitable for you. Travel time is about 2 hours.

Tour facts

Duration: Three days

Location: Helsinki and the Finnish Archipelago Sea

Accommodation: Hotel at Örö fortress island, B&B in Hanko.

Availability: Midsummer to mid-August

Price: 375 € / person in 2 person room, single supplement 80€. Rates are NET.

What's included: Bus transfers Helsinki-Kasnäs, Hanko-Helsinki; boat trips Kasnäs-Örö and Örö-Kasnäs-Hanko; guided tour at Örö; accommodation for 2 nights with breakfast; two meals

Booking and enquiries: Helsinki West Tours ms. Kaisa Launokorpi | www.helsinkiwesttours.fi info@helsinkiwesttours.fi | +358 40 541 70 33

NUUKSIO NATIONAL PARK ADVENTURE

You don't need to travel far from Helsinki to get in the nature – Nuuksio National Park is just 40 mins away from the airport!

Nuuksio National Park is full of small lakes and green forests. There is a lot to do in the nature, but we have chosen the best activities for you on this epic-scale weekend adventure.

Arrival day

Your host will meet you at the Helsinki Airport. You will be transported to your hotel located in the Helsinki city center. Evening is yours to enjoy the vibrant atmosphere this nordic capital has to offer!

Day 1

After a good breakfast we hop on the van and drive to the starting point of our canoe and hiking tour. We launch the canoes and paddle on wilderness lakes of Nuuksio National Park. In the middle of our excursion, we'll have a coffee and snack break by the lake. You can also dip into the clean water forest lake on the break. At some point, we leave our canoes on the shore and do a short hike to see what it is like in the forests of the National Park. We will carry the canoes a short distance between two lakes, so this requires a bit of sporty attitude.

After the tour, we will hop in the van and go to Haltia - The Finnish Nature Centre. We will enjoy our lunch in the restaurant. After lunch, you have free time to enjoy the exhibition at the nature centre, swim in the nearby lake, or explore the area. The Tentsile Camp is only a short walk away. You will have an evening barbecue basket to be enjoyed in the evening and in the summer night. Prepare yourself for a magical night in a two-person treehouse-style tent, and feel the nature around you.

Day 2

Wake up in the middle of nature, relaxed and ready for another day of adventure. After breakfast, we hop in the van and drive for about 15 minutes to a beautiful small lake. Here we hop on our Stand Up Paddle Boards and explore this part of the National Park. Stand Up Paddling is easy, and the boards are stable. We have one break and it is possible to climb a small hill, where you have beautiful views over the lake and the national park. After the break, we will find our way back to the starting point. On the way back, we have lunch at Nature Centre. After lunch, we will take you to the airport to get back home or back to the city centre to stay in Helsinki for a few additional nights!

Duration: Fri – Sun

Location: Helsinki and Nuuksio National Park in Espoo

Group size: 1–8 pax

Accommodation type: First night in a hotel in Helsinki City Centre, Second night at a treehouse-style tent

Availability: on selected weekends from May – Sep 2019

Guided: Professional English-speaking activity guide on both days from Natura Viva.

Guidance language: English

Price: 545 € / person, commission 20 %

What's included: One night in a hotel in Helsinki city center and one night in a tree (Tentsile tree tent), guided canoe and hiking tour (4 hrs) on Saturday, late lunch at Haltia – The Finnish Nature Centre, free time to visit the exhibition at Nature Centre, swim in the nearby lake or explore the area by foot or just relax in the nature! Airport and activity transfers, activity guide on both days, guided Stand Up Paddling at a wilderness lake in the national park (2hrs) on Sunday, 2 x breakfast, 1 x lunch, 1 x evening barbeque basket

Booking and more info: Natura Viva Oy

www.naturaviva.fi | info@naturaviva.fi

+358102924030

www.naturaviva.fi/en/shoreexcursions/shoreexcursionshelsinki/s=nuuksio-national-park-adventure/body0=849.4061/body0:template=johkuproduct.tpl

VILLAGE AND WILDLIFE IN MATHILDEDAL AND TEIJO NATIONAL PARK

This package is for those who want to experience the idyllic village lifestyle in Mathildedal Ironworks village and to enjoy the Finnish pure nature in Teijo National Park. Peaceful walks in the forests, beautiful scenery of the archipelago, melodious birdsong, campfire and nature all year round. Allow yourself natural luxury, some time to relax and plenty of enchanted experiences in South West Finland.

Day 1 – Nature Day

In Teijo National Park, you can experience the Finnish nature in miniscale; lakes, forests, marshes, streams and sea. It's also called a pearl of nature tourism. There are about 50 km well-marked trails waiting for you in the forest. Take along a lunch box filled with locally made sausages and snacks. Make a campfire yourself and enjoy lunch next to open fire. After your hike, refresh yourself in the Finnish sauna and try wild swimming in lake Matilda or Baltic Sea.

Day 2 – Village Day

You will surely enjoy your time off in the old historical ironworks village Mathildedal close to the sea. You

will get inspired by the special slow village lifestyle. In Mathildedal ironworks village, you can visit an alpaca farm with its own mill, local craft brewery and artisan bakery, local cosy pub with its own coffee roastery, chocolate room where they make handmade chocolate, small shops, guest harbor, restaurants and cafés.

Duration: 3 days, 2 nights

Location: Mathildedal village, located in Salo, 140 km from Helsinki.

Group size: 2-14 pax. Larger groups available on request

Availability: year around

Self-guided: maps & instructions from the hotel

Price: 224€ / pax, rates are BRUTTO

What's included: accommodation in shared twin/double room with breakfast, 2 nights, hiking map, campfire kindling and lunch box of locally made products, sauna (1 h). A map for a walk through the historical village, coffee and homemade cake in the local café.

Supplements / Optional extras: Single room, extra night, bicycles, fishing equipment & permit, nature or culture guide, half board

How to get there: Helsinki-Mathildedal 2 h.

You can take an airport bus or train from Helsinki airport, bus or train from Helsinki city centre to Salo. Salo–Mathildedal 24 km. In summer several busses from Salo to Mathildedal and Teijo National Park

Booking and inquiries: Hotel Mathildedal

www.mathildedal.fi | info@mathildedal.fi

+358 50 3542 487





Alvar Aalto, Villa Mairea

Tours Finnish Archipelago

THE OLD WOODEN TOWNS SELF-DRIVE TOUR ALONG THE FINNISH WEST COAST

Self-drive tour along the Finnish west coast to the old wooden towns of Turku, Naantali, Uusikaupunki, Rauma and Pori. Walking around old towns is like stepping into a fairy tale: the colourful wooden houses, decorative gates, cobblestone streets and beautiful public buildings create an atmosphere of the long-forgotten past. In old Finnish coastal towns, you find many lovely restaurants, cafés, shops and museums. Most of the buildings in these conservation areas date back to the 18th and 19th centuries, and strict regulations ensure that the area retains its history. Discover the old coastal towns with a lot of history, explore the most beautiful sights of the region and design your self-drive tour according to your interests and wishes!

Day 1

After arriving in Turku, the oldest city (1229) in Finland, it is worth to explore: Luostarinmäki museum village dating back to 1700's and 1800's, Port Arthur area, Qwensel house and pharmacy museum. Other places to visit: Turku Medieval Castle, Turku Cathedral, Aboa vetus & Ars nova.

Accommodation: Original Sokos Hotel Wiklund

Day 2

This day is spent in idyllic Naantali. The Old Town's wooden houses date back to 18th century. The atmosphere is magical with the guest harbour and many terraces by the sea. Convent church is the founding place of Naantali town. Other places to visit: Kirkkopuisto park, Kultaranta Presidential Garden, Naantali museum.

Accommodation: Hotel Palo

Day 3

This day takes you to Uusikaupunki and to its sea side wooden houses. You can visit Wahlberg's House and Bonk museum, or head to the sea and explore Isokari lighthouse.

Accommodation: Hotel Aquarius

Day 4

Town of Rauma has a unique old wooden town complex with many interesting sites to visit. Beside the old town, you must visit Sammallahdenmäki, the Bronze age burial site. Both places are UNESCO World Heritage sites. Kylmäpihlaja lighthouse at the sea is worth the visit, too.

Accommodation: Hotel Raumanlinna or Hotel Kalliohovi

Day 5

City of Pori has variety of sites to visit. Reposaari old wooden houses just by the sea are an idyllic place with special flora, seaside restaurants and wooden church. Yyteri beach, known as the Finnish Riviera, is where you can rest your mind and body.

Accommodation: Yyteri Spa Hotel

Day 6

During the second Pori day you can take it easy and stroll in Kirjurinluoto and Pori centre doing some shopping, or just lie on Yyteri beach and hike the nature paths around it.

Accommodation: Yyteri Spa Hote

Day 7

After breakfast, drive back to Helsinki Airport and returning the rental car.

Duration: 7 days, 6 nights

Location: Turku, Naantali, Uusikaupunki, Rauma and Pori

Group size: From 2 persons

Availability: All year around 2019-2020

Guide: Self-guided (guide services on request)

Prices from: For 2 persons 1650€

What's included: 7 days / 6 nights self drive tour along the Finnish west coast. Car rental for 7 days with free kilometres, crash and own theft risk 980 € (middle size car with manual gears). Accommodation incl. breakfast for 6 nights

Supplements: Meals, fuel costs during the tour, guided tour, fees to museums. Contact tour provider for additional services bookable beforehand

How to get there: Rental car will take you there the easiest. Turku airport, train and bus stations.

Additional information & booking:

Finnish Archipelago Incoming/Visit Naantali, Joonas.katajisto@visitnaantali.com | +358 44 7566 813 price given above is NET price

EVERYDAY LIFE AS ENVISIONED BY ALVAR AALTO, VILLA MAIREA IN NOORMARKKU, KAUTTUA WORKS AND PAIMIO SANATORIUM

Experience the Villa Mairea in Noormarkku, the Kauttua Works milieu, and the Paimio Sanatorium. Villa Mairea in Noormarkku, Kauttua Terraced House and Paimio Sanatorium were homes where everyday life merged with architecture, iconic design furniture and well-being that stemmed from the pine forests and riverside sauna.

Note! Not suitable for persons with reduced mobility, the tour routes involve climbing stairs and walking uphill. Be sure to wear shoes suitable for walking, moving at the sites is done on foot. Transport between sites is done by the group's own bus.

Day 1

The tour starts at Paimio Sanatorium, where you visit this Alvar Aalto designed house. Afterwards we continue to Terassitalo at Kauttua, both Alvar Aalto's unique designs. There will be a lunch break in between the visits and dinner in the evening. Accommodation at Noormarkku/Pori.

Day 2

After breakfast, the excursion continues with visits to Villa Mairea, Noormarkku Works and Ahlström Voyage Exhibition at Noormarkku area. Lunch at Noormarkku.

Duration: 2 days, 1 night

Location: Paimio - Kauttua – Noormarkku

Group size: 8 - 20 persons

Availability: Year-round from Tue - Wed, Sat possible on order. 2019-2020

Guide: Finnish or English

Prices from: from 274€ (min. total price 2192€)

What's included: 2 x Lunch, 1 x coffee/tea and sweet snack, 1 x dinner, 1 x breakfast, 1-night stay at a standard two-person room, 4 guided tours: Paimio Sanatorium, Terassitalo, Villa Mairea, Noormarkku Works and the Ahlström Voyage exhibition, Entrance fees to tour sites, Sauna and footbath with wild herbs Supplements: Makkarakoski Sawmill Museum, Noormarkku, Pori Art Museum and city tour, Fishing excursion, nature hike, Noormarkku, Paimio nature trail, Paimio Electrical Museum or Handicrafts Museum Miila, Paimio, Additional nights

How to get there: By group's own bus, train and bus stations at Pori with many daily connections from Helsinki and elsewhere.

Booking & commissions: Finnish Archipelago Incoming/Visit Naantali | +358 44 7566 813 joonas.katajisto@visitnaantali.com price given above are NET prices

TURKU AND ÅLAND IN 3 DAYS

Experience the best of Turku and the Åland Islands! Enjoy cozy accommodation and taste sensational delights – both on land and at sea.

Day 1

Arriving in Turku, groups will be comfortably accommodated right in the heart of Turku centre, at Radisson Blu Marina Palace at the edge of river Aurajoki, before leaving on a guided tour to explore the city's most sought after attractions. The sites of Turku Cathedral, Turku Castle and Luostarinmaki Handicrafts Museum are the stopping points on the tour. The next morning, the group departs toward the Åland Islands aboard the red ships of Viking Line, where breathtaking views of our beautiful archipelago can be admired along the way. On board the ship, there will be a delicious buffet lunch and plenty of time to spend in the shops. Arriving in Mariehamn in the afternoon, accommodation is at the delightful Pommern Hotel in the town centre, from where Mariehamn's shops are just a short walk away along the bustling, summertime promenade.

Day 2

After a hearty hotel breakfast, there is a chance to get to know Åland a little better. Some of the places visited on the tour include the open-air museum of Jan Karlsgården, Kastelholm Castle, as well as a stop at Restaurant Smakby, where you can pick up some local delicacies and artisanal products. The tour continues to Bomarsund Fortress and from there to the harbour and terminal, with the boat departing in the afternoon on Viking Line to Turku or Stockholm. There is a buffet dinner on board during the return journey.

Duration: 2 nights, 3 days

Location: Turku, Åland island

Group size: 20 pax minimum

Availability: Summers 2019-2020 (please inquire about off-season availability for Turku – Åland package).

Guide: Guided tours in English (Turku and Mariehamn) Price: From €299/pp (valid for groups of 20 or more people)

What's included: Sightseeing tour in Turku (3.5hrs), overnight stays in double rooms with breakfast in Turku (Marina Palace) and in Mariehamn (Pommern), boat tickets, transport (via bus) to the boat, lunch on board and dinner on arrival as well as guidance in Åland (3.5hrs)

Supplements: Bus transport in Turku and Mariehamn, dinner or Food Walk cards in Turku, dinner in Mariehamn, coffee in Smakby, on-board cabin

How to get there: Airport, train and bus stations at Turku. Many daily connections from Helsinki. With groups' own bus.

Booking & commissions:

Finnish Archipelago Incoming / Visit Turku/Sales
+358 2 2627 900 | sales@visitturku.fi,
price given above is NET price

FROM ISLAND TO ISLAND IN FINNISH ARCHIPELAGO | 2 DAYS

An extremely popular route, The Archipelago Trail, will transport you across 12 bridges and 8 ferries from the beginning of June until the end of August. During the excursion, you'll see magnificent landscapes, historic churches and sights, picturesque villages and the delicacies and arts and crafts of the Archipelago. Our knowledgeable guide will tell you the most recent information and interesting stories. In May and September, the tour programme will be adapted according to the ferry timetables, so the route is slightly different. Spring is the time of awakening after winter and many different migrating birds arrive. In the autumn, you can experience the colorful autumn foliage – ruska.

Duration: 2 days (10 + 6 hours)

Location: Finnish Archipelago and the Archipelago trail, Turku, Kaarina, Nauvo, Korppoo, Houtskari, Iniö, Kustavi, Taivassalo, Mynämäki, Naantali
Groupe size: 30 – 50 persons (other group sizes on request)

Availability: May-September 2019-2020

Guide: Guided in English

Price: 2 days from 153€/person (min 30 pax)

What's included: ferry charges, 2 lunches, 2 coffees, entrance fees, guide's services for both days hotel, accommodations for the night in double rooms, breakfast

Supplements: Bus transportation, extra nights

How to get there: Airport, train and bus stations at Turku, many daily connections from Helsinki by train, bus, airplane.

Booking and commissions:

Finnish Archipelago Incoming/Visit Naantali,
+358 44 7566 813, joonas.katajisto@visitnaantali.com
price given above is NET price



Turku



Kristiinankaupunki

Tours Destination Kvarken

THE ATMOSPHERE OF 3 DIFFERENT WOODEN TOWNS OF COASTAL FINLAND

Walk in the footsteps of fishers, sailors, handicrafters and tobacco industry workers. Feel the atmosphere of the old wooden towns of three different Finnish coastal cities, Kristiinankaupunki, Pietarsaari and Kokkola. All of the cities will give you a warm and welcoming feeling. Kristiinankaupunki will charm you with its beautiful narrow streets, and you will also enjoy lunch with a seaside view. The next day, you will have the opportunity to stroll around Skata, the idyllic old town of Pietarsaari, and have a lunch in an old vicarage surrounded by a wonderful garden. In Kokkola, Madam Sofia and Miss Adelina will take you on a historical tour of the old wooden town, and you will enjoy a delicious dinner in the heart of Neristan.

Day 1

- Arrival to Kristiinankaupunki
- Lunch at Restaurant Jungman
- Guided tour through central Kristiinankaupunki's idyllic old wooden house area
- Accommodation at the hotel Krepelin

Day 2

- Breakfast at Crazy Cat in Kristiinankaupunki
- Arrival in Pietarsaari, guided tour by bus in the city
- Lunch at Rosenlund's Rectory & Aspegren's garden
- Guided tour by foot at the lovely, old wooden house area, Skata
- Accommodation at Kaupunginhotelli

Day 3

- Breakfast at Kaupunginhotelli
- Visit at Tyynelän Tontut (The Elves of Tyynelä) on the way to Kokkola
- Theatrical guided tour in the idyllic wooden house area Neristan and coffee in the Sea Captain's House, Kokkola
- Dinner in Scandinavian Steak House Nera
- Accommodation at Kokkolan Wanha Kartano

Day 4

- Breakfast at hotel Seurahuone
- Visit the home of Fredrik & Anna Drake in the old town. Four generations of the artisan family Drake lived in the house from 1830s
- Guided bus tour in Kokkola
- Departure from Kokkola

Price, departures, general information and bookings:

Includes:

- Accommodation in shared double rooms
- Included breakfast x3
- Lunch x2, dinner x1
- Guided tours and entrance fee to Tyynelän Tonttula

Supplements and additional services:

- Transportations
- Extra meals
- Extra days with additional programme, ask for details

Rate for 2019:

From 465€ / adult in a shared double room (for a group of 20 people)

Information & bookings:

Visit Kokkola / Visit Jakobstad region / Visit Kristinestad
Maija-Stina Sundström
+358 44 7809713 / +358408065075
tourism@kokkola.fi
www.visitkokkola.fi

We hold the right to make adjustments and ask you to kindly confirm the specific itinerary and pricing directly with the tour provider.

THE GEMS OF AALTO'S ARCHITECTURE IN SEINÄJOKI AND ALAJÄRVI

With this two days program, you travel sceneries from the various phases in the life of architect Alvar Aalto, from Seinäjoki via Kuortane to Alajärvi. With a guided walk in Seinäjoki, you will explore the Aalto Centre, the unique complex of six Aalto buildings. You will enjoy lunch at an urban restaurant and visit The Defence Corps and Lotta Svärd Museum, which is dedicated to voluntary national defense. The museum building was designed by Aalto in the 1920s. The next day, on the way from Seinäjoki to Alajärvi, you have the chance to view the birthplace of Alvar Aalto in Kuortane from the outside. In Alajärvi, you will have a walk around the Aalto Centre "From Alvar Aalto's first design to the last project by Aalto office". You will also see the Aalto's family grave and enjoy hospitality and delicious food at an authentic Ostrobothnian vineyard.

Day 1

- arrival at Seinäjoki
- guided walk at the Seinäjoki Aalto Centre and Apila library
- the world's largest collection of Aalto glassware
- lunch
- guided tour in the Defence Corps and Lotta Svärd Museum

Day 2

- departure from Seinäjoki

- Alvar Aalto's birthplace in Kuortane
- guided walk around the Aalto Centre in Alajärvi
- Alajärvi Church, Aalto family grave and the war memorials designed by Alvar Aalto, Aino and Alvar Aalto's 1930s glass designs
- lunch and shopping at Punaisen Tuvan Viinitila vineyard

Accommodation: not included. We recommend you to have accommodation in **Original Sokos hotel Lakeus** in Seinäjoki. The hotel is located in the centre of Seinäjoki only walking distance from the railway station and next door to the Aalto Centre with the rooms overlooking the majestic tower of Lakeuden Risti Church.

www.sokoshotels.fi/en/seinajoki/sokos-hotel-lakeus

Duration: 2 days

Starting point / Location: Seinäjoki, South Ostrobothnia

Group size: 10 - 16 persons, larger groups available on request

Availability: all year around

Price: 89 € / person

Price includes: guided walk at the Aalto Centre in Seinäjoki, duration 90 min (EN, SE, DE, RU, JPN), lunch at restaurant Äärellä, admission and guided tour at the Defence Corps and Lotta Svärd Museum, duration 60–90 min (EN), guided walk at the Aalto Centre in Alajärvi, duration 60–90 min (EN), buffet lunch at Punaisen Tuvan Viinitila vineyard in Alajärvi

Supplements:

- Accommodation
- Sauna at the hotel
- Aalto menu in Seinäjoki at the Uppala Manor or Juurella restaurant
- transportation, the group should have their own charter bus for transfers between destinations during the trip

Comission: for tour operators/wholesellers/retailers 20 %

Booking: South Ostrobothnia Tourist Service Ltd, +358 6 420 9023, ulla.laukkala@epmatkailu.fi

www.epmatkailu.fi

MIDNIGHT GOLF IN DESTINATION KVARKEN

Have you ever played golf in the middle of the night? Now is your chance! Enjoy beautiful nature, different terrain obstacles and midnight sun on the best golf courses in West Coast of Finland. Exciting adventure for all golf enthusiasts!

Day 1

- Arrival to Vaasa airport. Pick up rental car. Short drive to Vaasa center. Check in at Hotel.

- Midnight Golf in Vaasa, Kråklund Golf course, Golfkentäntie 61, 65370 Vaasa. 10 min drive from hotel.
- Overnight at the hotel in double rooms.

Day 2

- Breakfast at the hotel, drive to Kokkola, 130 km
- Arrival to Kokkola, check in at Hotel.
- Midnight Golf in Kokkola at Kokkola Golf, Hepo-ventuksentie 2, 67800 Kokkola
- Overnight

Day 3

- Breakfast at the hotel, drive to Pietarsaari
- Arrival to Pietarsaari Golf; Vanha Pirilöntie 311, 68600 Pietarsaari
- Golf in Pietarsaari
- Departure from Kokkola airport about 30 min drive from the Golf course.

Tour facts:

Duration: Three days, 2 nights (possibility to extend for one night and one day)

Location: Vaasa, Kokkola, Pietarsaari in the Kvarken Destination

Accommodation: Hotel of your choice in Vaasa and Kokkola

Availability: Midsummer to mid-August

Group size: minimum 4 people

Price: From 430 € / adult in a double room (for a group of 4 people) There is a possibility of extending your stay to one more day and play at the golf course in Kalajoki. The additional charge is 150€ per person (for a group of 4 people).

What's included: Two-night accommodation in a double room. 2 x breakfast, Green fees, Rented car for transfers

Supplements and additional services: Single room surcharge 35 €/night. Fuel charge for rented car. Extra meals. Outdoor activities such as kayaking, biking, sauna. Local brewery tours and Kyrö distillery visit.

Booking and enquiries:

Visit Kokkola, Maija-Stina Sundström +358 44 7809713
tourism@kokkola.fi | www.visitkokkola.fi

Visit Vaasa, Erkki Laakso +358 50 4699007
booking@visitvaasa.fi | erkki.laakso@visitvaasa.fi
www.visitvaasa.fi

We hold the right to make adjustments and ask you to kindly confirm the specific itinerary and pricing directly with the tour provider.

FAT BIKES – THE MOST FUN WAY TO EXPLORE ONE OF THE LONGEST BEACHES IN THE NORDIC COUNTRIES

Nature therapy at its best. This 15 kilometer sandy beach called Vattaja is almost entirely in its natural state. It provides amazing sights as well as peace and harmony. In addition to spectacular sunsets and being one of the longest beaches in the Nordic countries, it is home to various endangered species of birds, plants and butterflies. Riding a fat bike in these areas and being able to enjoy all the sights is a spectacular experience. Fat bikes allow amazing stability and a high degree of traction on difficult surfaces and terrain. Therefore, you feel more comfortable riding over things and being on trails than you might on a normal mountain bike.

Day 1

- Our fat bike tour starts with a healthy lunch at Villa Elba
- A minibus takes us and our bikes to the starting point
- After a few hours of going through paths and trails a snack is enjoyed
- Another few hours on the bikes will lead us to our destination.
- There we will cook our meal outside and put up our tents.
- Dip in the fresh and clean waters of the Gulf of Bothnia and steamy cottage sauna
- Much needed sleep under the bright Scandinavian skies

Day 2

- Morning swim at the Gulf of Bothnia
- Breakfast
- Biking back to our point of departure
- A minibus takes us and the bikes back to Villa Elba for a lunch and some well-earned rest

Duration: 2 days 1 night

Location: Guided fat bike tour in Vattaja

Group size: min. 6 pax

Availability: 1.5.-30.9., (weekdays) depending on the weather. Outside the season, ask for an alternative program.

Guided: Guided fat bike tour

Guidance language: English, Finnish, Swedish

Price: 350 € per person, commission 20 %

What's included: guided fat bike tour, one-night accommodation in tent, meals: 2x lunch, 1x snack, 1x dinner, 1x evening snack, 1 breakfast, sauna, Transfers (Kokkola-Vattaja-Kokkola)

Booking and more info: Visit Kokkola, Maija-Stina Sundström | +358 44 7809 713 | +358 40 8065 075
majja-stina.sundstrom@kokkola.fi | www.visitkokkola.fi
We hold the right to make adjustments and ask you to kindly confirm the specific itinerary and pricing directly with the tour provider.



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